



THE SCOUT LEADER

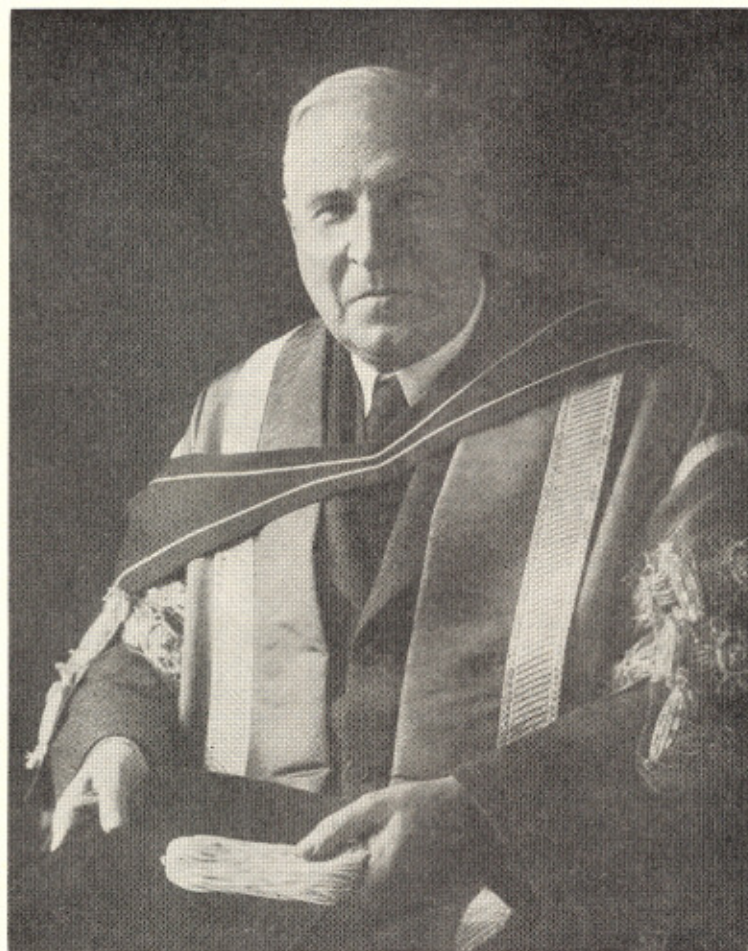
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July-August, 1951

THEME
SUMMER
CAMPING

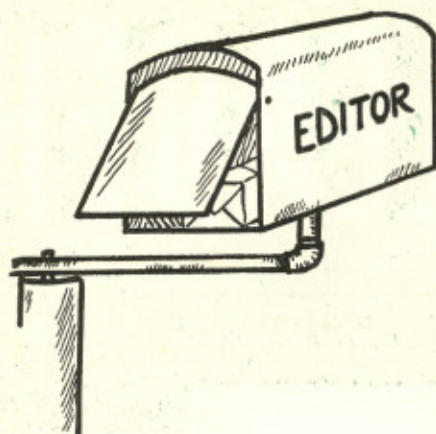


THE LATE CANON H. J. CODY, C.M.G., M.A., LL.D., D.D., D.C.L.
*President of The Canadian General Council of The Boy Scouts Association
from 1944 to 1951*

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Dear Sir:

Thought you might be interested in a recent event which emphasizes the "Be Prepared" of Scouting.

"Dr. A. L. 'Tony' Peers, in the course of his medical practice, often is called to bring babies into the world. He recently handled a case that will have a large place in his memoirs. The story goes this way. 'Tony' Peers is the Assistant Rover Leader of the 25th Edmonton Crew and T. W. 'Doc' Foster is the Scoutmaster and Rover Leader of the 25th Edmonton Troop and Crew respectively. 'Doc' is the nickname of Scoutmaster Foster only, he is a draughtsman by trade, a qualified First Aid Instructor and has had many years of experience in the Scout Movement, including that of District Commissioner for Edmonton.

Edmontonians thought they were through with winter on March 15th, but that afternoon it started to snow and by sundown they were being buffeted by a first class blizzard. The blizzard continued for some 36 hours and roads were blocked with drifts three, four or more feet deep. Transportation, except on well travelled streets, came to a halt.

At approximately 3 a.m., March 16th, at the height of the storm, Dr. Peers' telephone rang. Would he come to an address just outside the north east boundary of Edmonton, a baby wanted to be born—and would he come quickly? He gave the caller instructions what to do in the meantime and said he would get there as quickly as he could under the storm conditions.

The time is 3 a.m., a howling blizzard is raging, no chance for a car to get through. How could he get there?

'Tony' thinks of his Scouter colleague, 'Doc' Foster. He telephones 'Doc' and tells him of the challenge he has received. Could 'Doc' suggest a plan? For instance has 'Doc' any snowshoes? Yes 'Doc' has snowshoes. Could 'Doc' accompany 'Tony' on the trip, it would be unwise for a man to attempt it alone, then there was the matter of certain supplies and equipment to take along. Yes 'Doc' would get dressed immediately and have everything ready for when 'Tony' arrived. Together they started out with 'Doc' carrying the supplies and equipment and breaking trail in order to make it as easy as possible for 'Tony' so he could arrive at their destination in physical condition to meet whatever would be required of him. After all he would be required to use his professional skill, not in a well appointed hospital, but in a country house. 'Doc' Foster will remember the early morning hours of March 16th, 1951, for a long time too. It was a tough job bucking into the face of a howling blizzard in the darkness. But the 'Spirit of Scouting' combined with the 'Call of Profession' gave determination so that these two Scouters arrived at their destination, a baby was born and all is well."

Yours sincerely,
F. A. RICHENS,
Honorary District Secretary,
Edmonton, Alberta.

HOW WELL INFORMED ARE YOUR ASSISTANTS, GROUP COMMITTEEMEN, LADIES' AUXILIARY and SUPPORTERS?

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THE SCOUT LEADER

THE IDEA MAGAZINE FOR CANADIAN SCOUTERS

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Chief Scout for Canada

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Executive Commissioner for Publications B. H. MORTLOCK

Editorial Staff

Editor G. N. BEERS Secretary ETHEL DEMPSEY

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JULY-AUGUST, 1951

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The Sign Post

SMART SALUTING

How often have we all seen sloppy saluting by Scouters and Scouts. After all, the Salute is a sign of recognition, and I feel that we should do it smartly or not at all. Many a time I have seen salutes when I was not quite sure whether the individual was scratching his head, adjusting his hat or biting his finger nails. I suggest you check up on the style of saluting in your Group so that no one can point the finger of scorn at your lads. Remember that smartness does count. It's the little things that go towards making for good sense and soundness in the larger things. Saluting is just one of the many small points which we must continually watch if we are to be as smart as we should be.

UNIVERSITY STUDENTS, OR A DEBT UNPAID

The Canadian university student is a privileged person enjoying the fruits of other men's labours. The fees the student pays represent only a part of what it costs the university to educate him. The difference is made up by grants, donations, and bequests to the University by various organizations and individuals.

Therefore, the student is receiving something for which he is only paying in part. It seems to me that the student therefore owes the community a debt.

One very good way for ex-Scouts, who are also University students, is to pay their debt by offering their services as Scouters. Here is a way in which the student can at least in part clear his conscience by paying his debt to society. I wonder how many of our 11,000 Scouters are at present University students?

Commissioners, here is a field for you to canvas. What are the views of your University President?

D. C. Spang

Chief Executive Commissioner.



In Memoriam



President of the Canadian General Council of The Boy Scouts Association since 1944, Rev. Canon H. J. Cody, C.M.G., M.A., LL.D., D.D., D.C.L., died in Toronto on Friday, April 27th in his 83rd year. Only a few hours earlier he had been re-elected President of the Council at the Annual Meeting in Ottawa.

In Dr. Cody's passing, a great heart and lucid mind is stilled in the grip of death, and both Canada and Canadian Scouting lose one whose keen insight, warm sympathy and tremendous energy combined to make a contribution to Canadian life which few men have equalled.

Like so many great Canadians, Dr. Cody was the product of a small town—Embrow, Ontario—and was related to the world famous William (Buffalo Bill) Cody.

He was educated in Galt, Ont., Collegiate and the University of Toronto and during his long life was given honorary degrees by fourteen colleges and universities in Canada, the United States and Great Britain. At his last Scouting function, the opening of the new Toronto Metropolitan Headquarters, he was presented with Scouting's highest honour, the Silver Wolf, by the Chief Scout for Canada.

A priest in the Church of England, he was ordained in 1893 and was for more than 30 years rector of St. Paul's Church, Toronto, Canada's largest Protestant church, which he built. He served as Minister of Education for Ontario for a number of years and was honoured by His Majesty the King and several foreign governments for his achievements in the realm of education and community life. On several occasions he declined Bishoprics.

Always interested in youth, Dr. Cody was for many years a keen supporter of the Movement before being elected to the Canadian General Council in 1933. Eleven years later he succeeded the late Sir Edward Beatty as President of the Council.

In the Annual Report of the Canadian General Council published on the day of his death, this tribute was paid to his sterling worth:

"Few presidents of The Boy Scouts Association have been more zealous in its behalf than has the Rev. Canon Cody who has filled this important office with dignity and conspicuous success for the past six years. His constant reminders of the deeply spiritual aspects of Scouting have served to inspire the Movement and to give leadership in the Association's important task of character building."

Little more need be said. He has left his mark indelibly upon Scouting in Canada and his influence will live on through the years in the persons of those who were privileged and honoured to know and work with him.

Endurance or Adventure?



WHILST several of the hardier Scouts make their First Class Journey in the early spring or late fall, and a few have the experience of making their 24 hour journey under winter conditions, the vast majority complete this test during the summer months. To those Scouters who will be sending boys out to finish their First Class training this summer the following is being addressed.

The Journey is the last test which should be taken. The reason, of course, is that the lad on his 24 hour journey should be putting into effect much that he has learned and been trained for up to this stage.

Let us imagine that you have two lads, one of whom, Bill, is ready to complete his First Class by making the Journey, and another, John, who has some tests yet to do before he is eligible to tackle it. It would be wise to send John along with Bill so that he may profit by Bill's experiences. So we have Bill doing the test, with John going along "in training". Bill, of course, has had a similar experience of participating in a training journey and John, in his turn, will have a companion who'll be along just for the training.

Preparation of Bill

In general round terms Bill will be prepared for his experience by you, his Scouter. First of all you'll tell him that the 24 hour Journey isn't an endurance test but rather a testing to see whether he has First Class ability, and that he will be putting to use many of the things he has learned and has been in training for right up to the present, this training should include several one day hikes apart from the regularly conducted Patrol and Troop hikes after which Bill should have been required to turn in practice report and sketch maps.

John may well be in on this briefing along with Bill; by this method each Scout as he approaches the test will, of necessity, have the story twice.

Some time prior to the hike Bill should be required to prepare a list of foodstuffs, clothing and equipment which he will be taking, this to be submitted to you for approval. Go over the list carefully and should he be taking along something which in your opinion would be superfluous, place a

question mark on his list, don't cross it off or comment, let Bill use his head. On the other hand if a necessity has obviously been forgotten pencil it in at the bottom of the list.

Often overlooked is the important matter of camp sanitation and personal cleanliness, this must be of First Class Scout standard. Property owners, too, will appreciate a campsite being left scrupulously clean, without signs of the location of latrines, grease pits and other necessary items.

The day or evening before the hike have Bill, along with John, appear before you with their kits as they'll be carrying them. Have them unpack and repack everything, this is all good training and affords you a splendid opportunity to give some last minute advice.

Sealed Instructions for Bill

A great deal of care and preparation will have to go into the instructions Bill will receive before he starts. It may even necessitate you going over the route Bill is to take in order that you may re-acquaint yourself with the countryside as he'll find it. For example buildings may have been razed, whilst others may be in the course of construction, roads may have had their course changed, and so on.

Look over the Tenderfoot, Second Class and First Class Tests to see which one of them can be brought into Bill's experience. Map-making, compass work, firelighting, cooking, axmanship, estimations, recognizing and collecting leaf and twig specimens, bed-making, making a camp kitchen, making gadgets are several of these. Added to them could be making of plaster casts, making a sketch of some specified landmark, reporting on the lay of the land for some real or imaginary project, telling the time by the stars, telling direction by a watch, etc.

Work all these ingredients into a romantic background and set it down on paper in the form of instructions especially for Bill. It is advisable to do this in several sections so that each may be placed in separate envelopes, each of which has indicated upon it the time or place they may be opened. The suggestion that Bill and John should do a good turn to the landowner on whose property they camp should be included.



Commissioner S. T. Wood, C.M.G.

After a distinguished service in Canada's famed R.C.M.P., Commissioner Wood has retired to a well earned rest. Always an ardent supporter of Scouting, he has been a great strength in the post war period of achievement in Canadian Scouting. We feel sure all Scouters in Canada will join with us in sending our best greetings to this outstanding citizen.

Now with Bill and the instructions well prepared he is ready to set out. Here they are now, two grand hefty looking Scouts, dressed in the full uniform of the Scout, with their packs on their backs and staves in hand. You hand Bill his sealed instructions and smile knowing that Bill will soon qualify himself to wear the Badge of the First Class Scout.

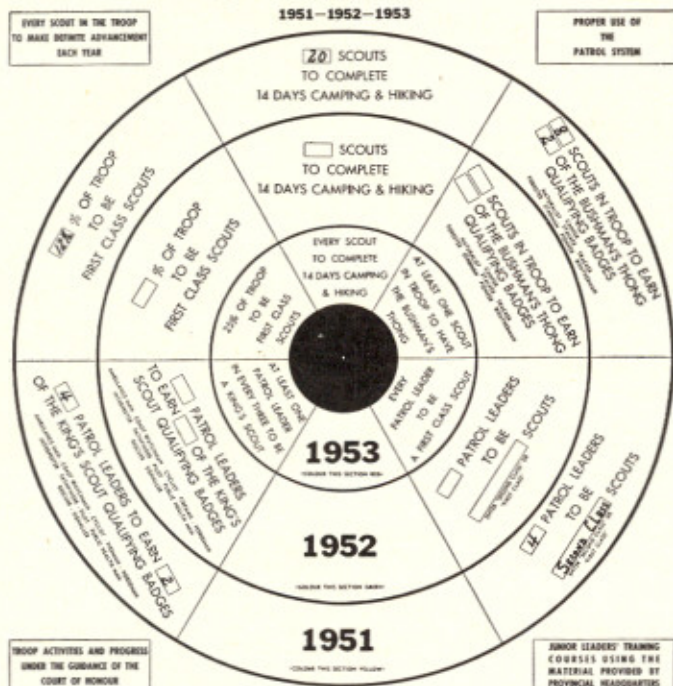
A wave of the hand and they're on their way. Let them go, resist the temptation to visit them later that night. Remember they're on the way to becoming men and don't require nursing or someone to tuck them in.

All is not quite over, there yet remains the pleasant task of reviewing with Bill and John their experiences upon their return as they turn in reports and sketch maps. Incidentally Bill's report and sketch map should be those he actually made on the journey; don't ask for or expect fair copies.

Finally, do everything in your power to make the "Bills" in your Troop have reason to look back to their First Class Journey with pride and pleasure, as something they "enjoyed" rather than "endured".

PLAN ACHIEVEMENT TARGET

45 CANADIAN TROOP
1951-1952-1953



*"PLAN ACHIEVEMENT" calls for specific targets to be reached by THE SECOND CANADIAN JAMBOREE in 1951. These aims are indicated in the 1952 circle at the bottom.

THE 1951 AND 1952 AIMS ARE SET BY THE TROOP

MEMBERS, IN CONSULTATION WITH THE TROOP COMMITTEE OF HONOLULU, WILL ENTER IN THE BOXES THE NAME OF THE TROOP, YEAR BY YEAR, LISTED BY NUMBER OR PERCENTAGE.

IT IS SUGGESTED THAT THE 1952 AGES BE LEFT BLANK UNTIL THE PLANNING FOR THE YEAR 1952 TAKES PLACE AT THE END OF 1951.

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the appropriate sections of the card
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all the 180 small sub-computations
the appropriate sections of the circle are
coloured in green

at the 1944 and 1945 CONVENTIONS
THE MEMBERSHIP SECTION OF THE CIRCLE WAS
ORGANIZED IN 1944

Have you completed your Plan Achievement target form for 1951? May we suggest that prior to camp this be done and a report forwarded to your District Commissioner so that he will have a clear picture of his District.

THE SCOUT BROTHERHOOD FUND

ALTHOUGH every unit throughout Canada is busy planning for camp and devising ways and means of meeting their Plan Achievement targets, many of them still have time to think of the Brotherhood aspect of Scouting. Contributions to the Scout Brotherhood Fund continued to be received by Canadian Headquarters and the Committee wishes to express its sincere thanks to these units and individuals. It is a great strength to Canadian Scouting to know that if disaster in any form should strike, there are funds available to assist groups to attain full recovery.

Listed below are the current contributions to the Fund which the Brotherhood Fund Committee wishes to acknowledge with thanks. You will note that the first entry is from the 3rd Winnipeg Group. This contribution represents the determination of all Scouting in that it was raised by the group who were assisted by this same

fund shortly after the Winnipeg floods. The boys decided that they would work toward their own rehabilitation and in doing so place a contribution with the Brotherhood Fund to help others who might be the victims of a similar disaster. The 3rd Winnipeg has carried the Scout motto of Be Prepared to a still higher peak and we feel sure all our readers will extend their "well done" to this Group.

3rd Winnipeg Group, Winnipeg, Man.	\$75.00
Hamilton Cyclorama, Hamilton, Ont.	3.18
11th Hamilton Troop, Hamilton, Ont.	3.35
41st Vancouver Troop, Vancouver, B.C.	15.00
The North Vancouver Area Council, Vancouver, B.C.	23.82
Scouts of Kerrisdale Area, Vancouver, B.C.	39.50
Mr. G. C. Thomson, Swift Current, Sask.	10.00
Total in Fund as of May 1st	\$1,480.29



UP ANCHOR

West Coast Pilots

THE Sea Scout Committee of the District of Vancouver, B.C., have just completed their 6th Annual Course on the Coast Watchman's and Pilot's Proficiency Badges. After careful instruction by members of the Sea Scout Committee and Scouts, the candidates for these badges were examined by Master Mariners who conduct examinations for the Local Pilotage authority. Sixteen boys completed the course this year which brings the total number of Sea Scouts who have passed through this type of course to well over 100.

Deafness No Bar from Scouting

By means of lip reading, 8 boys in the School for the Deaf and Dumb in Vancouver, B.C., recently passed their Tenderpad tests and were invested as Wolf Cubs in the 85th Vancouver Cub Pack. There is also a Sea Scout Troop in connection with the school.

Lakefield Scouts Sponsor Variety Show

SEA Scouts and Cubs of Lakefield, Ontario, sponsored a variety show in Memorial Hall in aid of Scouting. Mr. Bell and Scout Committee Chairman Mel Kingdon made a plea for more Scout Leaders, pointing out the Cubs have grown from 12 at Christmas to 35 at present.

The evenings' entertainment featured a seven-piece accordian band; vocal solos; tap dancing; piano solos; Tommy Sullivan and his fiddle with step dancing by his son Tommy and magic by Bob Hardie.

The programme was arranged by Scout Committee chairman, Les Fraser, assisted by Clarence Coons and Reg Doubt. Cubs under Leader Jerry Buryer acted as ushers and candy, soft drinks, and pop-corn were dispensed by the CGIT.

The entertainers most of whom donated their services in aid of Scouting were served luncheon by the Scout Ladies' Auxiliary.



CANOE MANSHIP

By E. B. MacLean, Provincial Director, Swimming and Water Safety,
New Brunswick Red Cross Society

WHILE most of us are now accustomed to modern methods of transportation, streamlined trains, high-powered automobiles and stratosphere planes, this article is going to deal with a means of transportation which has been in use for hundreds of years—the canoe. In early times our lakes and rivers were our highways, and the canoe was the fastest, lightest means of travel.

Nowadays the canoe is used mostly for pleasure trips and relaxation, and while to the experienced canoeist it is a safe and dependable means of transport, to many people it is an untrustworthy and dangerous craft. But because it harks back to the primitive it appeals to most boys.

It is for the purpose of outlining some of the skills and practices in handling canoes safely, that this article has been prepared at the request of the Editor of *The Scout Leader*. However the quickest way to learn to handle a canoe is to paddle with an experienced person. Next best is to study the following and learn yourself.

I happen too, to be a Rover Scout, and that is why the request for this article was directed to me.

HANDLING A CANOE

Launching

The canoe is lifted, never dragged; and is put in water end first and then floated out. Stern end is usually put in the water first.



Getting Into Canoe from Shore

Bow is held steady by the bowman, so that canoe does not grind on the shore. The sternman gets in and moves to position, feet in the centre, weight low, hands on gunnels.

When sternman is in position bowman then gets in and moves toward the centre of the canoe until it floats. He then turns and takes up his paddling position—kneeling.



Entering from Dock or Landing

Keep weight over the dock, place other foot in centre of canoe, then transfer weight gradually to canoe. Keep low with hands on gunnels.



Paddling Positions

The recommended paddling position is kneeling. With tail-end braced against a seat or thwart. Knees are well apart to give added stability. Remember, *this is the recommended position.*



Single Paddling

Alone, with the wind. Kneel fairly well to the stern.

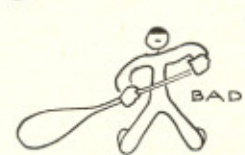
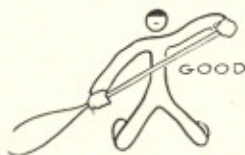
Alone, against the wind or across the wind. Kneel in the centre of the canoe for control.



Double Paddling

With wind. Both paddlers kneel in regular paddling positions, one to the bow and one to the stern. (See solid figures above).

Against wind or across wind. Bowman moves back nearer the centre a foot or so, and sternman moves forward to the centre likewise. (See dotted figures above).



PADDLING STROKES

Hand Positions

The hands should be well apart, with the one nearest the water just about 3-6 inches above the blade. This gives more leverage than if the hands are close together and allows the arms to remain much straighter.

Always keep your knuckles up and do not develop too much arm movement in your strokes. Let the arms be almost straight and make your body do the work.

Blisters

A word here about blisters. Do not grip your handle too tightly. Personally I believe that spitting on the hands or wetting the hands only serves to promote blisters. If blisters develop remember the correct first aid procedure. Do not break blisters. If they do break treat them with an antiseptic, and keep them covered until proper medical treatment can be applied.

Strokes

"J" Stroke. Rear face of the paddle turns to the top with pressure to the outside thereby keeping the canoe on course. Paddle is turned gradually throughout the stroke.

Sweep Stroke. This stroke may be done either forward or back. Paddle is kept near the surface and swung wide to enable the paddler to make a sharp turn. 90° angle is recommended.

Diagonal Draw Stroke. Paddle is put in the water, well outside the canoe and well forward. As the paddle is pulled back it is also pulled towards the canoe and therefore the canoe continues its forward motion, but moves sideways towards the paddle also.

Pull-over Stroke. Paddle is put flat in the water away from the canoe and by drawing straight toward the canoe, the canoe is pulled to the side.

Push-away Stroke. This stroke is the exact reverse of the Pull-over and in either case the recovery of the paddle can be through the water or over it.

Sculling Stroke. Paddle is kept in the water and with a backward and forward movement, keeping the blade at an angle of 45°, with pressure on the inside face of the blade, canoe can be moved towards the paddle and with pressure on the outside face of the blade, canoe can be moved away from the paddle.



Loss of Paddle

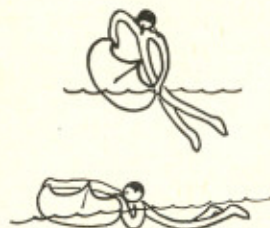
In the event you have the misfortune to lose your paddle, sit on the bottom and holding the gunnel with one hand, reach out and paddle with the other hand going with the wind and the tide towards the nearest shore.



TO CHANGE POSITIONS IN A CANOE—GO IN TO SHORE

Getting Out of Canoe Into Water

Hands on the gunnels, and with a rear vault, kick the feet over the side. Keep control of the canoe. Do not jump out of the canoe if the wind is blowing briskly as you may not be able to overtake the canoe. Jump out on the lee side.



Getting Into Canoe from Water

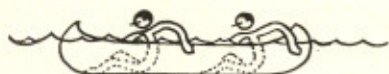
Hands on the gunnels. With a strong leg kick, boost yourself up, and, keeping the weight on the far arm with the elbow high and outside balance weight on near gunnel. Then slide your tail end in over the gunnel to a sitting position in the bottom of the canoe.

Support When Capsized

Never leave the canoe or small craft. It is your support. A canoe or row-boat is made of wood and cannot sink.

On one end of craft when the canoe is upside down.

If there are two, the canoe is sometimes used as support by holding on across the canoe. One person holds the wrists of the other until tired and then the other holds on. Do not clasp hands. Both may tire at the same time.



A better way to use the craft as support is to turn it upright although level full of water. Putting hands on centre bottom (not on the gunnels) swim over the side, and sit on the bottom. Brace legs under seats or thwarts and paddle with hands to the shore.

Shaking Out Canoe

A canoe level full may be one half emptied by getting it moving forward and then pressing down and forward on one end. (Then steadying canoe from the side, if you have something with which to bail you may empty the canoe). However, the skill known as shaking out is done by one-half emptying the canoe then moving to the centre of the side and with a lifting and pressing motion you start a wave moving backward and forward in the canoe. As the wave runs toward you, try to push the near gunnel under the wave, thus spilling some of the water out. (Caution: Do not press gunnel below surface of the water as you will only take in additional water).

Timing is much more important than strength. Breathe in as you lift and breathe out as the water splashes in your face.



Righting a Capsized Canoe Over a Second Upright Craft

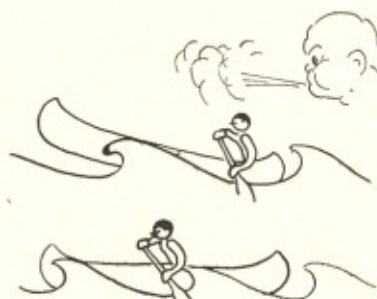
Put paddles and gear in upright craft. Swim to end of upright canoe to steady it. Capsized canoe is lifted slowly (right side up) by one end to drain about one-half and then is turned over and is pulled in upside down over the gunnels of the upright craft. In this position it will completely drain, then turn over and slide back into the water.



Quartering

Quartering is the method of paddling in a heavy swell or large waves, the bow of the canoe, instead of meeting the waves headon, meets them at an angle of 45°. Meeting the waves broadside merely invites an upset. Quartering cuts down on the pounding the canoe takes if going into the waves headon. The sternman will always have his paddle on the lee side. Both men should keep their paddles flat on water to maintain balance.

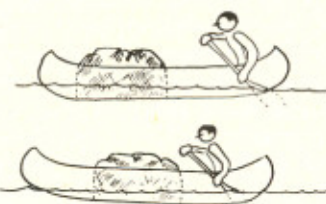
Don't go out in heavy weather—this information is for your benefit should a storm break after you have commenced your journey.



Canoeing in Heavy Winds

With a brisk breeze it is almost impossible to turn a canoe in the wind. Don't put your weight in the stern, as in upper sketch, because this tends to make the bow very high and the canoe hard to handle. There is also the danger of waves coming over the stern and swamping the canoe.

Keep your weight in the centre. This gives more control and the canoe rides better.



Loading a Canoe

In the upper sketch the bow is too heavily loaded and makes for difficulty in handling. The lower sketch is correct, with the bow slightly higher. Load securely lashed in sometimes prevents loss in case of capsizing.

In loading a canoe be careful to place load dead centre athwart the craft. Trim the boat (balance) and allow five or six inches of freeboard (distance between the top of gunnel and water line).



CAMP FIRES FOR HANDICAPPED SCOUTS

LET us take it for granted, then, that you are going to run a really first class Camp Fire for your Troop whether in camp or at home. A really well-run Camp Fire takes a lot of serious thought, preparation and prayer on the part of the Scouter who is to run it—I am talking about the kind of Camp Fire that one puts on only now and again in order to get over to the boys the implications of the Scout Law and Promise, and to open up to them the spiritual possibilities of life. This is a rather particular bee-in-my-beret because I know that it is very largely due to a magnificently run Camp Fire which I had the luck to attend as a very young Guider of eighteen that I am still today taking an active part in this great game of ours.

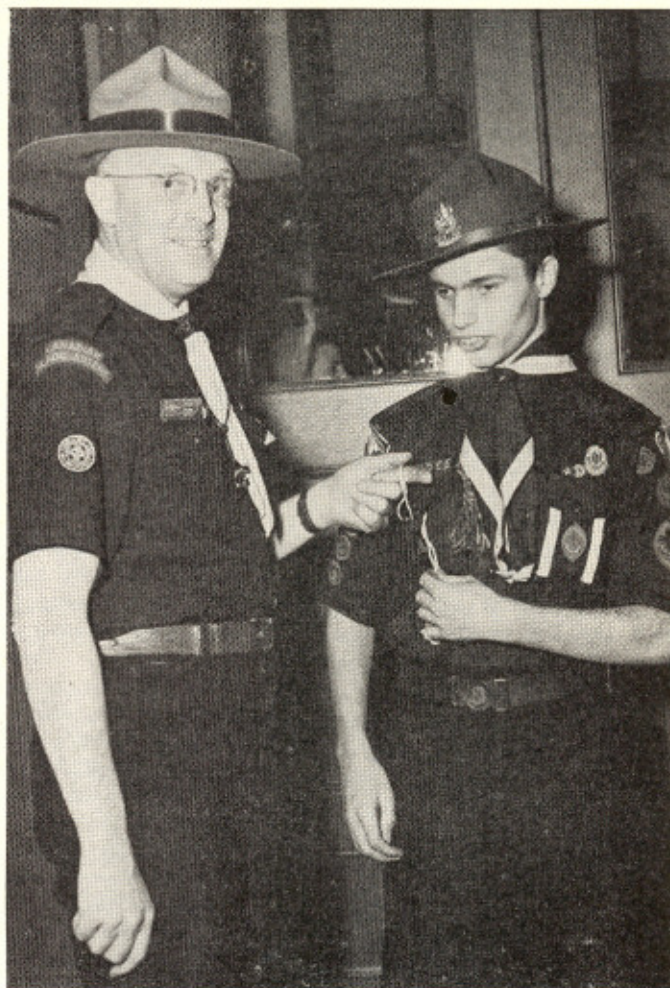
Everybody who has had the joy of taking part in a Camp Fire Sing-Song knows what a tremendous influence for good such an event can have if properly run—and I say “properly” on purpose. I do not call a rabble of boys singing popular dance tunes or very old chestnuts a Camp Fire Sing-Song!

So many new Handicapped Groups have been formed during the last year or two that I feel a word about Camp Fires to all the Scouters new to Handicapped Scouting may not be out of place. If it is not possible to have a real fire out of doors, the old dodge of a frame covered with red paper and twigs, over a lamp or electric bulb serves very well. A bit of ceremonial performed by the Scouts themselves helps to get the right atmosphere and to make them feel that it is *their* Camp Fire. But this ceremonial must be well done; don't let the Scouts off lightly just because they happen to be handicapped; they don't want preferential treatment I can assure you. Their dearest wish is to be treated in every way as nearly like normal Scouts as possible.

Don't imagine because your Troop is blind that they don't want an actual fire—they revel in the heat from it and the crackling noise and the smell of wood smoke. Deaf Scouts, of course, can both see and feel the fire, and there are many good stunts and mimes which can be done around the Camp Fire by these boys. I need not tell Scouters with M.D. Troops how much these boys enjoy a good Camp Fire with plenty of singing.

Do not let your Camp Fire last too long, you will find that it is much more

Mr. W. L. Currier, Deputy Chief Executive Commissioner, presents Gold Cord to King's Scout Clarence Morris. Here is a story of determination on the part of a sightless Scout and not one of his badges could be termed 'an easy one'.



effective and leaves a much more lasting impression if it is short and really well arranged. My criticism of many Camp Fires which I have attended would be that they have been too long—this matter of shortness is particularly important for orthopaedic cases and really sick boys, as they get tired so very easily.

There are many very lovely songs and rounds which can be practised at your “everyday” Camp Fires and then sung really well at your occasional “Special” one. If you don't know any songs, other than “Clementine” there are plenty of good song books to be had, or better still, go to Gilwell and learn some new ones! If teaching songs is a sheer physical impossibility for you, get a friend to come along and do it for you—if the friend is “lay”, so much the better, you will probably find that eventually you gain a new Scouter! Personally I always know beforehand what songs I want sung and try to get them introduced spontaneously. One ill-chosen song can completely wreck the atmosphere, and you may be sure that someone will call for

some utterly unsuitable song or item, and you've got to be ready for this, and able to deal tactfully with the situation.

A first-rate yarn, really well told, is an absolute essential, and if you feel that you are not a good story-teller (and it is rather an art you know), get someone who is *really* good to come along and tell a yarn. Here again there are plenty of good books on story-telling; the wireless, too, puts over a few stories suitable for telling at this type of Camp Fire.

Lastly you must have the right prayers; you will find many suitable ones in PRAYERS FOR USE IN THE BROTHERHOOD OF SCOUTS. Troops often find one particular hymn and prayer that they like and wish to adopt as their own for their Troop Fires. Those of you who are new to running this type of Camp Fire may be a little nervous about it at first, but you will find that you will not be alone, for He will be there, close at hand and ready with the necessary inspiration.

—URSULA RICHARDSON
in *The Scouter*.



Scouting Digest

A Year-Round Good Turn

At the Col. Belcher Hospital in Calgary, Scouts of the 37th North Hill United Troop are on duty every Wednesday evening of the year. They move bed and wheel chair patients to and from the hospital auditorium to see motion picture shows. Four patrols alternate in doing the weekly good turn at the veterans' hospital.

Provide Artificial Limb

A Winnipeg Scout, Bob Regent, who lost his foot while fighting the Red River Floods last spring will be provided with an artificial limb through the efforts of the Cubs and Scouts of Flin Flon, Manitoba. A cheque for that purpose, amounting to \$100 was presented to Deputy Executive Commissioner W. L. Currier of Ottawa on his recent visit to Flin Flon.

Do Unto Your Neighbors . . .

The Seventh Calgary Parents Association, which sponsors a Community Group in its own headquarters, is determined that the parents too can get some fun out of Scouting. The Scout Hall is therefore used every Saturday night by the members of the Parents Association for old-time dancing, without charge. This has greatly strengthened the Association.

New Knot Skill

Extract from a letter from Mr. A. Hardman, Scoutmaster at Fort McMurray: "one of the new boys had a slight mixup with a dynamite cap some years ago and lost his thumb, index and middle fingers of his right hand. The finger next to his little one is stiff and the little one is somewhat deformed. I had to learn to tie knots all over again using the same fingers he has in order to teach him how to do it."

Scouts and Cadets Co-operated

Co-operation is the tone of Scout and Cadet relations in Barrie, Ont. The latest step in this town is the formation

of a joint Scout-Cadet Hobby Club with the S.M. and the Cadet Officers acting as instructors. The boys meet once a week in the community center under competent instructors and will be able to add to their knowledge and gain more badges.

Scout Guard of Honour

Sixty Scouts from Victoria, Nanaimo, Duncan and the Lower Mainland of Vancouver Island acted as Guard of Honour when His Honour the Lieutenant-Governor of British Columbia opened the Legislature on February 20th. Assembling at District Headquarters the group was inspected by Provincial Commissioner T. W. S. Parsons.

Congratulations, Akela

William Falconer, Cubmaster of the Iona Pack, Montreal, won the Gold Medal of the Chartered Accountants' Institute with the highest marks in the examinations for the Province of Quebec.

Shutter Bugs

Hunting with cameras is one of the projects planned for the Glenboro, Man., Scouts this summer. The purpose is to encourage a more intimate acquaintance with wild life. The snapshots will be mounted and judged early in September. Suitable prizes will be awarded to the winners of the contest.

Fine Donation from Gas Company to Vermilion Scouts

The Vermilion Troop of Boy Scouts have recently received a very fine donation of \$50 from the Franco Public Service, the local gas company.

The donation was in recognition of the help given to the company quite cheerfully by a number of Scouts on the occasion of the break in the gas line and gas cut off a short time ago.

The letter to the Scout Association received from the Franco Public Service

had considerable praise for the Boy Scouts and read in part:

"... We were deeply impressed by the cheerful and efficient aid which your boys gave us during the recent emergency in our business and we are very glad to show our appreciation. Will you please deliver our hearty thanks to the boys on the following list: Bob Acheson, Bob Baddock, Bob Bentley, Stewart Cooper, Neil Crawford, Bob Hemmingway, Bill Knight, Peter Kupin.

"We extend to your organization our praise for the goal you seek to attain and our congratulations on the high measure of success which has rewarded your efforts."

Good Deed

Five members of the 11th Kitchener Rover Crew of Boy Scouts did a particularly good deed when they painted the headquarters of the North Waterloo District of the Boy Scouts Association. The senior Scouts did the work on two Saturdays.

Knots Saved Six Lives

Six lives were saved recently because Boy Scout Patrol Leader Peter Morgan of the 8th Doncaster, England, Troop remembered his knots.

When smoke and flames prevented escape of the Morgan family by the stairs at 4 a.m. Peter quickly tied sheets together and all the family, including the 14-month-old baby, escaped through a back bedroom window to the ground, unhurt.

"We were trapped," said Mrs. Morgan, "we have Peter to thank for our lives". Peter, who is 15, has been awarded the Scout Gilt Cross.

Scouts vs. Beavers

Scouts of Saskatoon, Sask., will soon be busy planting young trees on the campsite at Beaver Creek, to replace those destroyed by the beavers, and in many instances, by careless people who make use of the property without authority.

The Official Sea Scout Uniforms

The Executive Committee of the Canadian General Council of The Boy Scouts Association has approved the following Official Sea Scout Uniform combinations.

It is of utmost importance to note that where a particular uniform combination is adopted by a Troop that **UNIFORMITY WITHIN THE TROOP BE MAINTAINED.**

Fig. 1 displays the new white uniform—White "T" shirt with Anchor badge processed on the chest, white drill shorts, blue stockings with green tops, garter tabs and white running shoes. The white "T" shirt may also be worn with regulation blue serge shorts.

Fig. 2 shows the Regulation jersey, shorts, stockings, garter tabs and black shoes. The Regulation Blue Flannel or Drill Sea Scout shirt may also be worn with shorts forming another uniform combination.

Fig. 3 portrays the Sea Scout Cap without white cover, Regulation shirt, Bell Bottoms and black shoes. This uniform is designed for wear in bad weather only. Regulation Jersey may be worn as an alternative to the shirt.

Fig. 4. This uniform features the Regulation navy blue serge Trousers which may also be worn with either the regulation shirt or Jersey, in bad weather only.

All pieces of uniform except the white running shoes are available from your Stores Department Agent, or direct from:

THE STORES DEPARTMENT
306 Metcalfe Street
OTTAWA, ONT.

Sea Scouting has a proud tradition. This can be maintained by observing **UNIFORMITY WITHIN THE TROOP.**



FIG. 1



FIG. 2



FIG. 3



FIG. 4

LET'S GO TO CAMP

Suggested Menus for a One Week Camp

THESE menus have been very carefully prepared by the Diet Department of the Kellogg Company, Battle Creek, Michigan, through whose courtesy we reproduce them. They are arranged to give the utmost in energy producing food value, plus variety. Of course they will have to be modified to meet food shortages and cooking facilities. Many will be quite acceptable for Patrol camping.

Sunday

Breakfast

Sliced Oranges

Corn Flakes

Toast Butter Jam

Beverage

Dinner

Pot Roast of Beef

Potatoes Carrots

Sliced Tomatoes

Whole Wheat Bread Butter

Peach Custard

Beverage

Supper

Baked Lima Beans

Beets Salad

Bread Butter

Jelly Roll

Beverage

Monday

Breakfast

Stewed Prunes

Scrambled Eggs

Bran Muffins Butter

Beverage

Dinner

Shepherd's Pie

Sliced Tomatoes and Cucumbers

Bread Butter

Shortcake with Seasonal Fruit

Beverage

Supper

Macaroni and Cheese

Cole Slaw Pickled Beets

Bread Butter

Cantaloupe or Watermelon

Lemonade

Tuesday

Breakfast

Grapefruit

Whole Wheat Flakes

Poached Eggs on Toast

Beverage

Dinner

Meat Loaf

Scalloped Potatoes Carrots

Radishes Green Onions

Raisin Pie

Beverage

Supper

Hard Cooked Eggs on Toast

with Cheese Sauce

Cabbage Salad

Bread and Butter

Strawberry Jam Cake

Beverage

Wednesday

Breakfast

Tomato Juice

Rolled Oats

Boiled Eggs

Bread Butter

Beverage

Dinner

Swiss Steak Onion Gravy

Boiled Potatoes Spinach

Whole Wheat Rolls

Orange Meringue Pie

Beverage

Supper

Corn and Tomato Soup

Peanut Butter and Lettuce

Sandwiches

Carrot Sticks

Peaches and Custard

Beverage

Thursday

Breakfast

Grapefruit

Assorted Cereals

Poached Eggs

Toast Jam

Beverage

Dinner

Roast Shoulder of Lamb

Browned Potatoes Gravy

Green Bean Salad

Bread and Butter Apple Pie

Beverage

Supper

Baked Beans Catsup

Shredded Lettuce Salad

Hard Rolls Butter

Fresh Apple Sauce

Cookies

Beverage

Friday

Breakfast

Sliced Oranges

Shredded Wheat

Cinnamon Toast

Beverage

Dinner

Baked Fish or Codfish Cakes

Scalloped Potatoes Spinach

Bread Pudding and Sauce

Beverage

Supper

Devilled Eggs

Potato Salad

Carrot and Celery Strips

Bread and Butter

Chocolate Pie

Beverage

Saturday

Breakfast

Cream of Wheat

Fried Eggs

Bread Butter Marmalade

Beverage

Dinner

Chicken Pie with Vegetables

and Biscuits

Canned Fruit

Bread and Butter

Beverage

Supper

Split Pea Soup

Shredded Carrot, Celery and

Raisin Salad

Bread and Butter

Lemon Pie

Beverage

Knapsack Lunches

Beef Salad Sandwiches

Jam Sandwiches

Radishes Green Onions

Gingersnaps

Fruit

Chopped Bacon and Egg Sandwiches

Peanut Butter and Jam Sandwiches

Pickles

Oranges Cookies

Whole Wheat Crackers

Sliced Cheese

Chopped Hard Cooked Egg Sandwiches

Small Whole Carrots

Fresh Cherries or Plums

Hard-Cooked Eggs

Chopped Peanuts, Pickles and Carrots

on Wholewheat Bread

Fruit Biscuits

Campfire Menus

Hamburgers

Sliced Onions Pickle Relish

Butter Buns

Sweet Cherries Cookies

Beverage

Chili Con Carne

Crackers

Bread and Butter

Cheese and Pickles

Oranges Cookies

Beverage



ROVERING TO SUCCESS



THE hard working members of the Ontario Rover Round Table have reached an advance post in their drive to complete arrangements for the First Canadian Rover Moot. It is anticipated that there will be about 500 Rovers attending the Moot from every section of Canada, the United States and a delegation from Cuba.

Although there is very little left to report at this time, here are a few of the highlights of recent developments.

Colourful crests and pennants have been ordered and these will be presented to each Rover as he registers at the Moot Headquarters. A souvenir programme is also in production and this also will be given to all those attending the Moot. A newspaper, to be called *The Rover Rambler*, will be published daily and at the end of the Moot, Rovers will have the opportunity of purchasing a bound edition which will contain an illustrated section.

It has been suggested that if your Crew does not have a "Crew Flag", that this might prove an interesting quest for the Rovers prior to the Moot. If every Crew represented had its own distinctive flag, it would add a great deal of colour to the Moot.

On Saturday evening there will be an Orienteering Race and the programme committee has asked us to pass along a reminder that Rovers should bring along their own compasses.

The Rover Rambler would appreciate it if you would send or bring along stories of the trip to the Moot and any other interesting data. If you have a Rover who would like to help out with the newspaper as a contingent reporter, please ask him to contact the Editor of *The Scout Leader* as soon as possible. The main staff members will be Ontario Rovers but the more contributors we have, the better.

Finally do make sure you have your application forms, and just as soon as your Rovers have completed their final details, please ask them to attach the Moot fee of \$2.00 and forward



Mr. W. H. J. Tisdale, Provincial Commissioner for Ontario, who will be the Moot Camp Chief at the First Canadian Rover Scout Moot being held at Blue Springs Scout Reserve near Acton, Ontario. The dates once again are August 31st to September 3rd.

both to the Secretary of the Moot Committee. Application forms may be obtained from your Provincial Headquarters.

Rovers the world over and indeed all Scouting will watch with interest the development of this First Canadian Rover Moot. Canadian Rovers have a wonderful opportunity to show what can be done in their branch of Scouting.

Let's make it a real mark on the scoreboard of our first year of Plan Achievement and a tribute to Rovering.

Please Note the Following Changes in Gilwell Course Dates and Locale

Canadian Scouters Training Centre dates.

S.M. July 9-17

R.S.L. July 18-23

C.M. July 25-30

British Columbia Gilwell locale.

S.M. 14 Mile Ranch

LET'S HAVE BREAKFAST

EDITOR'S NOTE: All Scouters are concerned with the physical health of their young charges and will be interested in this article from the Department of National Health and Welfare.

The filmstrip is an excellent way to put over this important part of health training and would be a worthwhile investment for a District Council. If the District bought the strip, it could be rented to various Troops at a small rental fee and thus the original cost would be quickly realized.

TO MANY Canadians, breakfast is a cup of coffee or a meal they eat every Sunday morning. In the accepted three-a-day pattern, it is the meal most generally skimmed or skipped. Age makes no exceptions for breakfast skimpers and skimpers are among the old as well as the young.

Nutritionists consider this poor eating habit a drawback to good nutrition. It prevents the body having for its use throughout the morning an adequate supply of the food essentials. When breakfast is neglected it leaves a gap in the well rounded diet of milk, fruit, vegetables, whole grain cereals, meat, eggs and cheese. This gap is not easily made up at the other two meals of the day.

With the belief that education aimed at better breakfasts will improve a person's general nutrition, the nutrition division and information services of the Department of National Health and Welfare have prepared a filmstrip entitled "A Good Breakfast." It was produced by the National Film Board. This teaching device was requested by nutritionists from the provincial departments of health who also assisted with its preparation.

The filmstrip consists of 46 frames with captions in colour and is now available in English from the National Film Board, Ottawa, at \$3.50 each. The French version is in production and will be ready early in 1951. The strip points out to adults of all ages that they, as well as children, need a good breakfast and also that it is the planning and example of parents which influence the eating habits of the family.

The filmstrip is characterized by simplicity of theme, artwork and captions. The teaching points are presented by contrasting the breakfast habits of various members of three families—one family eats a good breakfast and the other two do not. Scenes of breakfast time in the latter two homes portray the main reasons for faulty breakfast

habits—lack of time given to planning and preparation, and insufficient time allowed for eating.

Several frames illustrate the recommended breakfast pattern of citrus fruit (oranges, grapefruit) or their juices, or tomato juice, whole grain cereal, bread and milk. To this pattern foods such as bacon and eggs may be added. The nutritive value of the various food groups making up a good breakfast is given in considerable detail. Examples of different foods and sizes of breakfasts show how the pattern allows for variety and how it can be adjusted to suit age, appetite, activity or occupation.

In the background of a number of frames is a chart depicting Canada's Food Rules. This serves to stress the fact that the total food of the day is important, that breakfast is one of the usual three meals and that it should be planned to make a worthy contribution to health. The filmstrip might best be used as a basis for discussion. It is factual but not inspirational. Practically every frame of "A Good Breakfast" contains a teaching point. Many of them, however, require considerable development through well-directed discussion in order to achieve their full teaching value.

CIVIL DEFENCE AND TRAINING

AT THE Provincial Commissioners' Conference held in Ottawa on April 26th, very interesting and encouraging reports were received from many parts of Canada concerning the participation of Scouts in Civil Defence preparations. First Aid, Signalling, Radio Man and Fireman courses were either being planned or well under way in many centres. Liaison has been effected with Civil Defence authorities in most provinces and many communities where Municipal Civil Defence Committees have been set up.

The Provincial Commissioners were all in agreement with our existing idea of training for Civil Defence, i.e., regular Scout training fits a boy to, "Be Prepared", to accept responsibility and to be useful in emergencies. Therefore as Scouters we must make sure that every Scout who comes under our influence receives the opportunity to at-

tain First Class grade and really know the tests in a practical manner. The targets we have set for ourselves in Plan Achievement is the most practical way in which this ideal may be attained.

Some Training Ideas

Mobilization—Much has been written about this in the past. Suffice it to state here that every Troop must have an efficient call-up scheme and it must be practiced and perfected in a practical and interest-sustaining manner, e.g. Pathfinder Mobilization. Troop called up. Rendezvous point is announced but Patrols must gather certain Pathfinder information before they reach the assembly point. This scheme can be complicated by announcing that certain areas are not to be entered en route, because the authorities have declared them to be dangerous. Map of route is to be sketched from memory

at rendezvous.

First Aid—Our new publication *First Aid for Boy Scouts*, is now available through Stores Department and will be of great help to Scouters in reviewing their work after taking a course from a qualified instructor. First Aid must be rehearsed and dramatized. e.g. Patient lies in a darkened room under a table or bench, etc. Patrol must learn how to search for patient. This is done by first making a complete circuit of room, keeping close to the wall, searching under and on top of furniture and inside doors. Room is then crossed diagonally. When patient is found, proper treatment is given under emergency lighting which has just been procured. This scheme may be complicated by announcing that the building is on fire, or the room filled with smoke. This will then entail a practical use of drags, lifts or carries.



AKELA'S DEN

A SPECIAL PACK MEETING FROM VICTORIA, B.C.



A Visit to the Seonee Pack

We have had an invitation from the Seonee Pack to visit them in the Jungle. Their lair is hidden deep in the thickets, and we must find our way by the direction they have given us.

Game: Observation (Note: You will probably find it easier to have your preparations made before the meeting). Cubs have to notice objects which have been moved from their usual positions, or new objects which have been placed around the den. See who can find the greatest number of objects.

Presently we find a band of woodcutters who tell us how Shere Khan singled himself on the fire when he was hunting Mowgli, the man Cub.

Game: Shere Khan and the Woodcutters. Cubs sit in semi-circle with one in circle telling story—supposed to represent woodcutters sitting round fire. Two Shere Khans appear from other end of Den and when they touch an object that represents the fire which is placed some distance from the semi-circle of Cubs, they may attempt to capture the woodcutters, who may escape only on all fours. Shere Khan, of course must be on all fours also.

We say "Goodbye" and on we go, each Cub keeping a sharp lookout as Mowgli and Father Wolf promised to meet us.

Game: Eyes and No Eyes. Cubs stand in circle and Akela in the centre with a ball. The ball is thrown at a Cub, and before Akela can count up to ten the Cub has to say something that he has seen that day as he went to school, or ran an errand for mother, or came to the Pack meeting. Just saying "man" or "motor car" does not count. It has to be something he can truly say he noticed as he has gone along. For example, one Cub might say he noticed an inspector get on his bus as he went to school, and that as he came home he noticed the same inspector get on his bus again. This game does show up those who haven't any eyes.

What is that? Here come Mowgli and Father Wolf. We must give the password of the Jungle, so let us say altogether "We be of one blood ye and I." Now down on your haunches, Pack, to welcome them with the Grand Howl.

Mowgli and Father Wolf now lead us quickly through the Jungle over fallen trees, through streams and under briars.

Game: Obstacle Relay. I leave it to you to arrange this game for yourself from the articles available in your Den.

At last we reach the Lair of the Seonee Pack, where we meet Baloo, and in whose honour we do the dance of Baloo. What is this towering above us? Why it is Kaa, the rock python swaying gently from side to side, his tells us how he helped rescue Mowgli body glistening in its new coat. Kaa from the Bandarlog at the Cold Lairs.

Game: Kaa and the Bandarlog. Pack divided into two teams, one at each end of den. One Cub to represent Kaa in the middle. Each of the Bandarlog have two paper lives tucked in the top of their shorts, but showing beneath their jerseys. Each team then runs to opposite ends of Den, without, if possible, losing their lives. Any Cub losing both lives, must help Kaa in the middle.

Time is getting on. We are pleased to have them able to meet one of our brother Packs, and we each pair up to one of the Cubs in the Seonee Pack to say "Goodbye" and hope they visit our Pack some day.

Game: Brothers. Arrange two circles, one inside the other. The Cubs on the inside face and pair off with those on the outside. Both circles turn left. On the word "go" each circle starts running round. At the shout of "Brothers", all break away, each finding his brother and then sitting down. The last pair down is considered to be "lost." Continue until someone has been lost three times.

On the way back we lose our way.

Game: Lost in the Jungle. Akela writes the names of Jungle animals on many pieces of paper and hides them all over the den. Akela tells the Cubs that a lot of Jungle animals have got lost and are wandering about in the Jungle. The Cubs must find them within five minutes. At Akela's call the Pack returns and one by one the Cubs describe the animal they have found without saying its name. The rest must guess which animal is intended.

We have found the path, and here we are back at our Den in time for a story (which should deal with the Jungle, and may be one from the Jungle Book).

The Grand Howl and a prayer for our brother Cubs everywhere before saying "Goodnight."



A King's Scout himself, Brigadier Rockingham checks his son's 'good turn' knot at a Father & Son Banquet held recently on Canada's West Coast.



An
Outstanding
Answer to
Why Plan Achievement

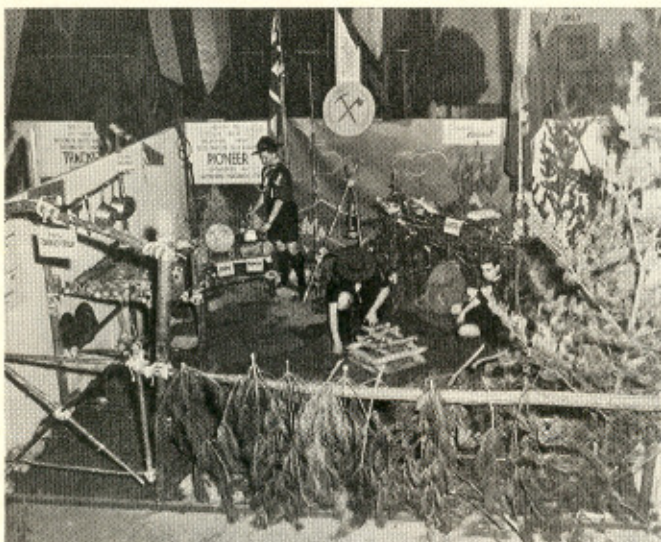
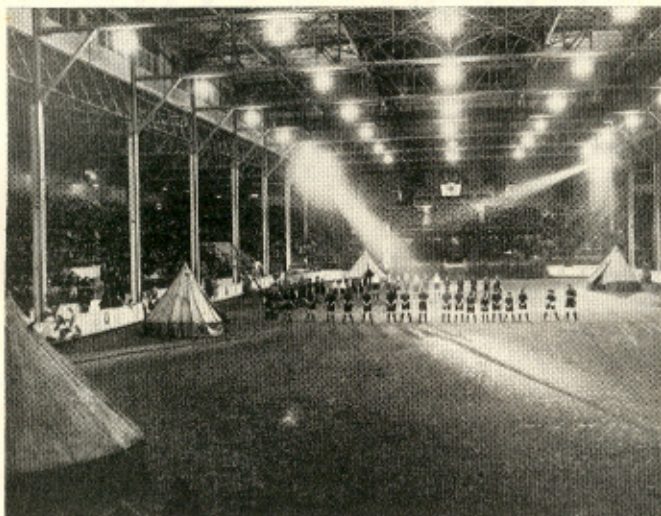


Dollar from Frank 'n' Jimmy
Scores Big Hit at Scouts' H.Q.

BRITISH Columbia Provincial Headquarters of the Boy Scouts Association has received a contribution to its current appeal for funds that has thrilled Scout officials more than if someone had sent them a cool million.

The letter, printed in pencil in big block childish letters said: "Dear Sir, please find enclosed one dollar for the Scouts. We saw the story (appeal for funds) in The Sun." It was signed, "Frank and Jimmy" 1190 Edgewood Road, Capilano, North Vancouver.

Such gestures will spur the efforts of Scouters working on Plan Achievement—to provide more leaders so that these two and thousands of others may receive Scouting.



Three scenes from Toronto's Boy Scout Cyclorama. Top to bottom: the flood-lit arena and a horseshoe formation of a Troop at camp; one of the demonstration booths depicting various proficiency badges; radio commentator Gordon Sinclair interviews three of the Scouts.

The Boy Scout Cyclorama Staged by the Toronto District

By A. S. Buesnel
Field Commissioner

Toronto Metropolitan Area

Editor's Note. Glowing reports of this great show are still coming to this desk. The summary of them all seems to be that this show was a grand success and "How soon can we have another one?"

OVER 50,000 people turned up at the Toronto Coliseum on March 29 to 31st to see the biggest show Toronto Scouting has put on since 1939 and every one of them agreed that the Cyclorama (which was the name of the show) was something which will be remembered for a long time. Toronto Scout Headquarters are still receiving congratulations from all quarters, and it looks as if the interest in Scouting has hit an all time high.

Eighty-three booths illustrating Badge Tests for Cubs and Scouts, Rovering, Nature work and many other Scout activities lined the two floors of the West Annex and filled up an interesting couple of hours of inspection, while the Cub and Scout hobby show, with over 1,000 exhibits of the highest calibre, was a big hit.

Cub Play acting in a special theatre erected for the occasion depicted interesting skits and stunts by a number of Wolf Cub Packs, the highlight of which was the presentation of H.M.S. Pinafore. Large attendances were recorded at all presentations.

The biggest spectacle of the show was the arena pageant entitled "Boy Scout". The display included among many other events a spectacular Indian Scene, a barnyard ballet, a pageant on the Union Flag, a pioneering event during which a 150' monkey bridge was erected, all illustrating the career of a Boy Scout. A choir of 300 Cubs and Scouts rendered a number of songs which made an excellent background for the pageant.

This show was the finest piece of Public Relations ever staged in Toronto. Already offers of assistance from business firms and other organizations are being received for the next show, with the question "When will you stage it again?" The enthusiasm among boys and leaders indicates that Scouting will flourish for a long time to come.

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