



# THE BROWNSEA GAZETTE

The Newsletter of Independent Scouting

Volume 4 – Edition 4

May 2006

## Governance....

### New Epaulettes

After numerous complaints about the poor quality of the Rover and Senior Explorer Epaulettes we were receiving from the UK, to say nothing of the ever increasing prices due to the fluctuation exchange rate, we have recently obtained from a Canadian Company new Rover and Senior Explorer Epaulettes. These are fully embroidered, and slip over the shirt epaulette in the same fashion as Police and Military epaulettes do. The price will be \$6.00 a set, available from your friendly neighbourhood badge guy ☺



Rover



Senior Explorers

### New Tenderfoot Badge

Below is the new BPSA Federation Tenderfoot Badge for Canadian affiliated associations. They are currently being made and will be available shortly.





## Upcoming Training Events

BPSA British Columbia will be holding an International Standard Woodbeads 1 (Troop) Training Course in May, in Thompson – Okanagan District. Interested Scouters are asked to contact the Provincial Trainer at [bpsa.training@gmail.com](mailto:bpsa.training@gmail.com) for more information.



BPSA Ontario will be holding a WFIS Standard Woodbeads 1 (All Sections) Training Course in June, in Loyalist District. Scouters are asked to contact the Provincial Trainer at [training.bpsa@gmail.com](mailto:training.bpsa@gmail.com) for more information. This course is open to all leaders regardless of affiliation.





# The Timber Wolf Pack & The Otter Raft

## CHARACTER DEVELOPMENT

Since its origin, the Scouting program has been an educational experience concerned with values. In 1910, the first activities for Scouts were designed to build character, physical fitness, practical skills, and service. These elements were part of the original Cub program and continue to be part of our Timber Wolf and Otter programs today.

Character development should extend into every aspect of a young persons life. Character development should also extend into every aspect of Scouting. Timber Wolf and Otter leaders should strive to use the 12 core values throughout all elements of their programs — service projects, ceremonies, games, skits, songs crafts and all the other activities enjoyed at Raft and Pack meetings.

1. Citizenship: Contributing service and showing responsibility to local, Provincial, State and national communities.
2. Compassion: Being kind and considerate, and showing concern for the well-being of others.
3. Cooperation: Being helpful and working together with others toward a common goal.
4. Courage: Being brave and doing what is right regardless of our fears, the difficulties, or the consequences.
5. Faith: Having inner strength and confidence based on our trust in God.
6. Health and Fitness: Being personally committed to keeping our minds and bodies clean and fit.
7. Honesty: Telling the truth and being worthy of trust.
8. Perseverance: Sticking with something and not giving up, even if it is difficult.
9. Positive Attitude: Being cheerful and setting our minds to look for and find the best in all situations.
10. Resourcefulness: Using human and other resources to their fullest.
11. Respect: Showing regard for the worth of something or someone.
12. Responsibility: Fulfilling our duty to God, our country, other people, and ourselves.





## Camp Recipe Corner

This months recipe come to us from the dusty archives of the 17th Steinbach BPSA Crew...our latest backpacking gourmets.....

### **FIESTA NACHO PIE**

(serves 4 to 6)

#### **Ingredients:**

- 1 lb. ground beef
- 1 med onion, chopped
- 4 oz. can chopped green chiles
- 16 oz. can refried beans
- 8 oz. jar taco sauce
- 8 oz. grated cheese (cheddar or cheddar/ monterey jack mixed)
- 6 oz. pkg cornbread mix (prepared to pkg instructions) If desired:
- Head of lettuce or bag of pre-cut salad
- Fresh tomato, chopped
- Jalapeno peppers, chopped
- Guacamole
- Sliced olives
- Sour cream

#### **Directions:**

Brown beef and onions in a Dutch oven.

While beef is cooking, mix cornbread batter.

When ground beef is cooked, drain grease, then stir in green chilies, refried beans, taco sauce. Pour cornbread mix over the beef mix. Cover and bake (charcoals on top and bottom of Dutch oven) until cornbread is done.

Sprinkle grated cheese on top of cornbread, recover and heat until the cheese begins to melt. Serve and top with choice of chopped tomatoes, shredded lettuce, chopped jalapeno peppers, sour cream, guacamole, sliced olives, and salsa.



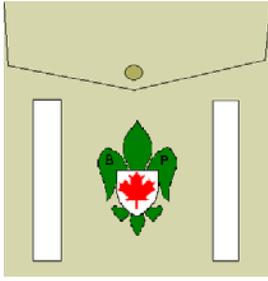
## The Backpacker's Corner

### How To Avoid A Wet Sleeping Bag

If there's one thing that can put a damper on backcountry fun it's a wet sleeping bag. Regardless of the stuffing—whether down or synthetic—keep it dry and you'll be a much happier camper. Here are some suggestions:

- Buy a waterproof stuff sack if your bag doesn't come with one. Check the inside surface of the nylon sack for a rubbery coating. Taped seams are also a plus. The sack will cost you more, but it's worth the investment.
- Line your stuff sack with a garbage bag for extra waterproofness. Better yet, use a paddler's dry bag, a waterproof, roll-top sack for stowing provisions, gear, and clothing.
- Vent your tent to get air moving. Heavy breathers who wake to find condensation dripping all over their bags should practice the fine art of ventilating. Air flow through a tent minimizes condensation, so try to get a chimney effect going, where cool air comes in low and escapes high.
- Seam seal anywhere there's stitching. A tent with unsealed seams is like an umbrella with holes, so reseal every few years.
- Use a plastic ground cloth under your tent. It will prevent water from soaking through the floor as well as reduce wear and tear on the waterproof fabric, which could eventually result in wet spots. Your ground cloth should be slightly smaller than the footprint of the tent so it doesn't trap rain that would pool underneath.
- Pick a high and dry tent site. This will reduce the likelihood that your tent is set up in a drainage path if it rains heavily.
- Do not cook inside your tent!! If you must break this rule, cook in the tent's vestibule, and push your sleeping bag into the far corner so it's safe from spills.
- Don't pack your bag when it's wet. You can murder a down bag by stuffing it when soaked. String it up lengthwise, either outside in the sun or inside your tent if it's raining.





## Patrol Leaders Corner

### Knowing Your Patrol's Capabilities.

Figuring out how long it's going to take to get from Point A to Point B is important, because it tells you how much food you need, never mind if you can finish the trail before dark. And it's not all that easy—just look at all the hikers who are always off their planned schedules, or worse, look at how many SAR Teams get called out because people do not know their capabilities.

There are two factors that affect how long it will take you to do a stretch of trail. First, of course, is you. Are you and your Patrol members in good shape? Or have you all until recently been couch potatoes? Don't lie to yourselves, because your body is going to confront you with the truth once you get out on the trail!

Second is the trail itself. I mean, just what are we talking about here? A mountain traverse over steep ice slopes and involving 4,000 foot climbs is going to take a LOT longer than a nice flat path down which you could roll a bowling ball. Another issue is footway: In my neck of the woods for instance, is sometimes called Rocksville by local hikers because of all the glacier debris all over the place. Walking over and around all those rocks takes more time than walking on a flat trail. The best way to find out about specific trail conditions is to check a guidebook.

A few averages might be useful just as a starting point (assuming you're in average shape, and you plan to hike an average trail). Most backpackers carrying a full load walk at about 3.5 Km per hour, and add in an extra half hour for every 1000 feet of elevation gain. For most people 15 Km a day is plenty. Long-distance hikers, however, and others who are extremely fit, often do double that mileage or even more. I'd suggest you go on a couple of weekend hikes of about 10 to 15 Kms (total) and see how long it takes you. You'll soon get a sense for what you and your Patrol can do.





# **BPSA - BC NEWS**

## **Summer Camp – Logan Lake**

**July 9 – 15, 2006**

### **Bulletin #2**

#### **Where should we send Bulletins?**

If you have an e-mail address and would like your Bulletins addressed to you rather than on the Gazette, please let us know at [weircs@telus.net](mailto:weircs@telus.net) and we will ensure you receive them. Please use this Bulletin to pass on information to other groups that may be interested in joining us.

#### **General Assembly Area.**

Please advise all your BPSA Members and Parent/Guardians that this camp is a **non alcoholic/non drug event**. This will be a **no tolerance rule**.

**Smoking** will only be done in a designated area close to the General Assembly Area.

**What will participants do?** (Please place a number behind your choice of priority.)

Archery  
Communications  
Fishing  
Medieval  
Mine Tour  
Pioneering  
Rocks  
Senior Explorer challenges  
Water!  
Much more!!!!

There will be a spectrum of challenge levels in each theme, some of which will be prerequisite requirements. Many activities will be accessible by hiking from the campsite and some activities requiring transportation by Leaders/ Adults.

Program choices will be on a first come, first served basis starting April 30, 2006. Please enclose registration fees with your choices form. Troops will not have to be all together in one activity as we feel it will be better to have the youth mingle together.

### **Adult attendance**

Please make sure all adults attending (parents/Leaders) have had a Police Record Check completed within the past year and those driving youth members have the proper insurance requirements and their license is up to date.

### **Uniform/ Camp attire**

Uniforms will be required for any off site activities, whether it be Uniform or Camp attire. When traveling to and from camp, uniform is required. Full uniform is also required for official ceremonies.

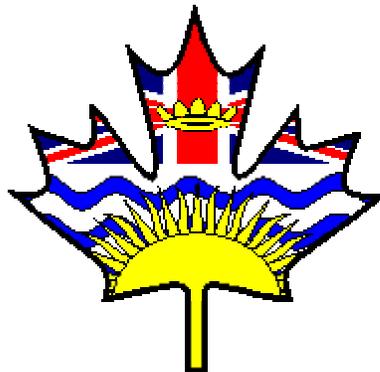
### **Camping Area**

Camping will be set up on the lower level of the campsite (Archery Range) allowing for activities to be done on the upper level.

Trailers and Motor Homes will be set up at the entrance to the Camp Site or at the Logan Lake Camp Ground, just 2 km from the Camp Site. Please register your choice as to locations. This will be done a first come, first served basis as the area close to the Camp area is limited. For the Camp Site we need to register the requirements very early, as it is also limited space.

Watch for the next bulletin to give you more information on your week in the Logan Lake area.

Play safe, play hard, BE PREPARED!!!!





# BPSA - Ontario NEWS

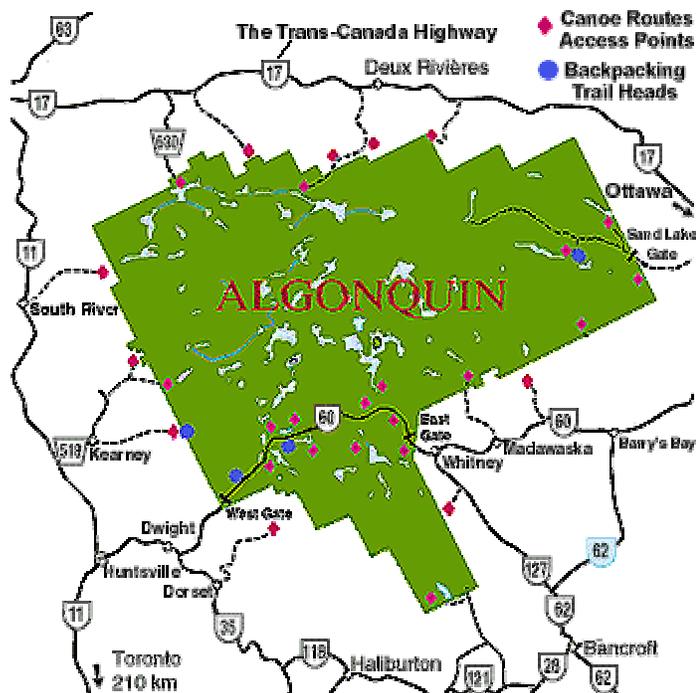
## Summer Camp – Algonquin Park

August 12 - 20, 2006

BPSA Ontario will be holding their annual summer camp in Algonquin Park at the dates shown above. Algonquin Provincial Park, Ontario's oldest provincial park is situated mid province along the southern edge of the Canadian Shield, a landform of ancient granite and gneiss moulded by glaciers to form an intricate matrix of lakes and streams. We will be hiking the Western Upland Hiking Trail.

This trail is 88 Kms in length, and winds through some of the best scenery in Ontario! Each night will be spent camping on a different lake. Two composite Patrols will be formed, and each will be fully equipped for this rugged trip.

Space is limited, but positions are still available. Contact Lorne at [training.bpsa@gmail](mailto:training.bpsa@gmail.com) for further details.





## **BP Scouting in America**

### **NEWS**

We are pleased to announce that true B-P style Scouting has arrived in the United States. The "B-P Scouting in America" (BPS) was recently formed and has applied for membership in the WFIS. B-P Scouting in America is ***not*** to be confused with the non-WFIS and non-BPSA affiliate known as: "BPSA – USA".

A few Groups have been formed already and plans are underway to form other Groups in various US States later this year.

Mr Craig Brown has been appointed the Acting Chief Commissioner of the BPS pending elections. Craig is also the current Chairman of the WFIS North American Regional Council.



**Craig Brown**



## Scouters Notes

### Guidelines For A Leader

1. Always plan the meeting in advance. Write down your plan and share it with your assistants.
2. Keep the youth occupied at all times; not just with busy work, but with activities that fulfill the Purposes of Scouting.
3. Be sharing with your criticism; generous with praise.
4. Be fair and consistent with discipline. Don't permit one member to do something you would discipline another for doing.
5. Treat each member as a very special individual.
6. Establish your rules and stick to them.
7. Begin and end meetings on time.
8. Set a good example by wearing your full uniform, correctly.
9. Use the Scout sign to get attention...don't shout or yell.
10. Give the youth a chance to let off steam. Plan meetings to alternate quiet activities with active ones.
11. Be firm in a friendly way.

Submissions for the next edition should be sent to:

[BPSA.01@GMAIL.COM](mailto:BPSA.01@GMAIL.COM)

Remember that this is **YOUR** newsletter and we need **YOUR** submissions and articles.

DO YOU HAVE ANY GOOD CAMP RECIPES? SEND THEM TO US AS WELL!!

TELL US ABOUT YOUR CAMPS OR HIKES.....WE WANT TO READ ABOUT THEM!!

DO YOU HAVE ANY IDEAS THAT WILL HELP OTHER LEADERS WITH THEIR PROGRAMS? SEND THEM ALONG!!

SEND YOUR SUBMISSIONS FOR THE NEXT BPSA NEWSLETTER TO:

[BPSA.01@GMAIL.COM](mailto:BPSA.01@GMAIL.COM)



Good Scouting to you all !!