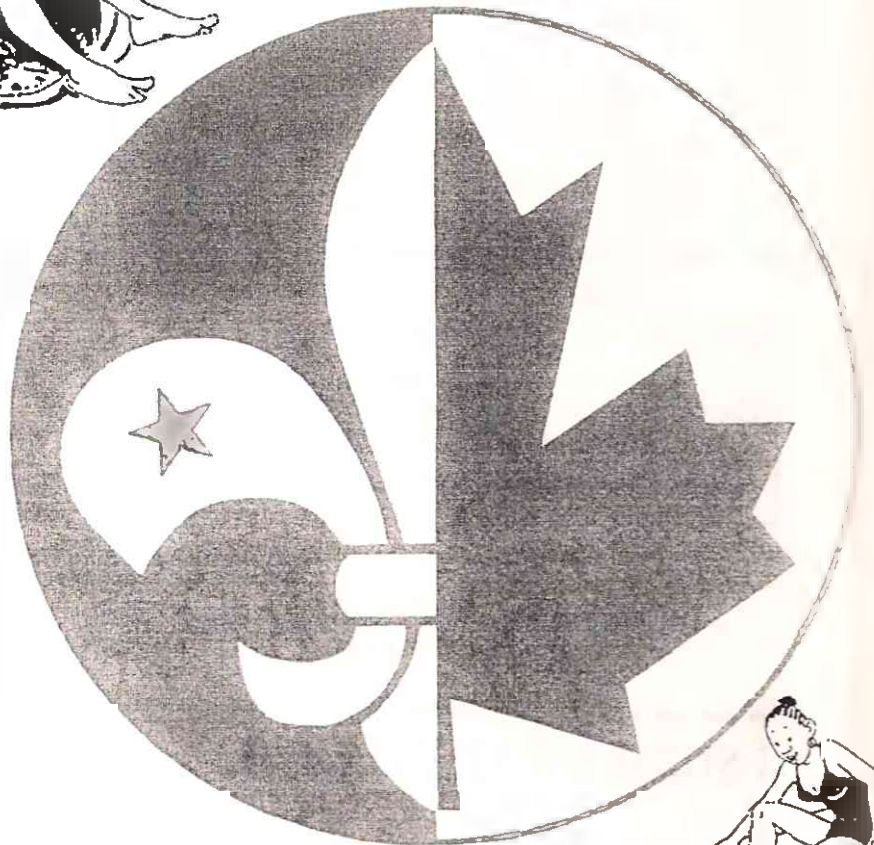


August/September 2003



**COMPLIMENTARY
COPY**



DON'T FORGET..the next deadline is Sept. 1, 2003

The Canadian Rover EH!

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Submissions to the Editor **MUST** include a copy ready print [a computer file (in MS Word/MS Publisher format – or a format agreed to by the magazine staff) would be really helpful, and can be sent to our e-mail address as an attachment] and a contact person's name and phone number. If payment is not received, the ad will not be printed. All advertising must be received by the 1st of the month prior to printing. Staff reserves the right to change submissions for content and appearance.

Send Submissions to:

The Canadian Rover EH!
c/o Scouts Canada
844 Frederick St. Kitchener, Ontario N2B 2B8

Questions ? Problems ? contact:

Ye Olde Editor – Stan Kowalski Jr. – (716)877-1944
roverldr@adelphia.net

EMAIL US!

canadian_rover@hotmail.com < < < or at the magazine's e-mail address

The Canadian Rover Eh! is published on a bi-monthly basis. Its main objective is to keep the Rovering community informed. Any questions or concerns may be directed to the editor. This magazine has been made possible through the enthusiasm of the Rovers and Rangers throughout the world!

Advertising Rates

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From the Editor's Desktop



To contact me regular mail:

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(716)877-1944

Taking on the responsibility of editing this magazine meant more than just sitting back waiting for articles and ads to roll in and then organizing everything so that it was pleasant to look at. When I first took this position, I hadn't been fully active with mainstream Rovering for a while, not to mention the fact that I lived across the border, and I really needed to reconnect with the Rovers and Advisors who were out there getting things done. I started by going to as many moots, meetings, training events and other functions as possible to get to know people, find out what was on their minds and, just as important, to have them get to know me and my thinking.

Since I didn't have an unlimited travel budget, my physical involvement pretty much revolved around Ontario with an occasional trip bringing me in contact with some people in Quebec. I soon found that the O.R.C. was the main ongoing forum going year-round, so I began attending almost all of their activities.

As I got to meet and talk to more Rovers at various moots and activities around the province, I heard some people saying that they didn't think that the O.R.C. was useful and they didn't attend O.R.C. functions because "it was all one big clique".

Hmm, can you imagine people travelling from Windsor, Kingston, Toronto, Kitchener, Peterborough and points all across Ontario to meetings and activities several hours drive from home, to plot taking control of the Rover movement in the province? Or — were they actually Rovers who were concerned about common problems that all Rovers and Rover Crews were having and that, by having regular forums, solutions might be found? (Remember the idea behind Round Tables? Or the dictionary definition of Moot?)

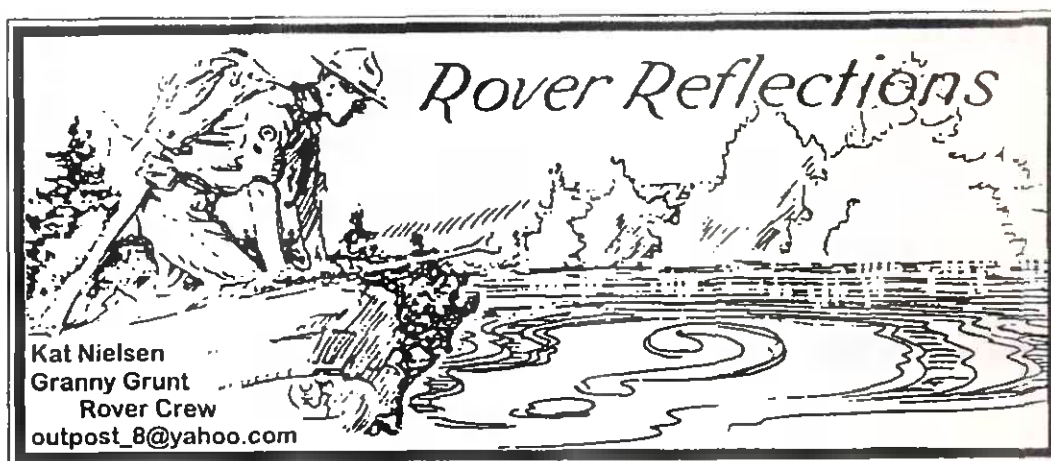
As I attended more O.R.C. functions and got to know the regular attendees, I came to the personal conclusion that these Rovers **really cared** about making Rovering succeed and were willing to go to great lengths to create that success (even if it meant going from one end of the province to the other when you didn't own a car — as one Rover did for quite a while). I'm not saying that all the Rovers involved had altruistic feelings, but I believe the majority of those I met did.

In a sense, I've become part of "the clique", because I try to show up at every event within a reasonable drive (if it takes more than a day to get there it **really, really** has to be a **great** event), and I speak my mind — as an old dinosaur remembering other situations and activities. Does that mean I'm trying to control the Rover movement. Hmm, maybe I am, when you consider the fact that I have a national audience (regardless of size) and I keep talking about Scouting values and the fact that we're part of a **MOVEMENT, not an organization**.

The point of this rambling statement is that cliques are what you make of them. In Rovering, I found you can usually join these "inner circles" by volunteering to help do things. I can't remember too many occasions where I was turned away if I said I'd take on the job (here I am editing this magazine, eh!!!). Don't complain about perceived cliques. Become an active part of them if you don't like the work some group is doing. In a sense, put your money where your mouth is.

My tale has been about the O.R.C., because that happened to be the forum that I personally got to know, but the same thing is true about the Round Tables in other provinces, and will be true in the newly forming Divisions. If you don't get involved, in **your area**, then "the cliques" really **will** take over.

Keep on Rovering,
Stan Kowalski Jr.



It is important to remember our history not only so that we know where we came from, but also so that we know who we are, and where we are going. With this in mind, I would like to present "The 1st Alberta Crew".

"The 1st Alberta Crew" was started in Calgary in 1920 at the Pro-Cathedral Church of the Redeemer, and was the first crew in Alberta. As more crews developed over the years, this crew changed its name to the "1st Calgary Gordon Emerson" Rover Crew.

The first five members of "The 1st Alberta Crew" were Reginald A. Pennell, a troop leader and the first Rover in Alberta, Blake Humphrey, Dudley E. Batchelor, Fred Jones and Dick Hurst, with Gordon Emerson as the first Rover Scout Leader. Every crew seems to be known for something, and the "The 1st Alberta Crew" was known as skilled archers. They even had their own Den.

Some notable "The 1st Alberta Crew" alumni are Dick Hurst, "Alberta's first white baby to cross the Macleod River in North-western Alberta near where the town of Edson now stands" (Surplis, *Scouting in Calgary*, 63), T.I. Milne, a Calgary Pioneer, and George H. Webster who was mayor of Calgary in 1924 (the sources seem to indicate he was mayor while being a Rover!)

And, well, that's all I have been able to muster up so far on this crew. There were, however many others, too numerous to name here. However, many other of the original Calgary crews were active as well in very unique ways:

- The 10th Crew worked to start a troop on the Sarcee Reserve.
- The 4th Elks Own helped move the Banff Zoo animals to their new homes at the Calgary Zoo in 1937. This included a Polar Bear! One of their Rovers, Tom Baines, was the curator of the St. George's Island Zoo in Calgary.
- Rover Leader of the 18th, Natt Christie, has a memorial hockey tournament named after him in Calgary which is held each year, was one of the leaders who helped plan the 3rd Canadian Rover Moot in Banff.
- The 5th Crew became an Air Rover Crew and studied aviation.
- The 26th Crew came to be known as the Halcyon Sea Crew, working on their seamanship.
- The 12th Crew published a paper, the "Accolade" which was in publication for over 20 years (and maybe more).

In the 1960's crews got together in inter-crew soccer games as well as developing formal social and service events which were undertaken with the Calgary Rangers. The Calgary Rover Round Table was first formed in 1958, with the Alberta Rover Round Table forming in 1960.

The Rovers in Calgary had a Rover Den donated to them by the Southern Alberta Pioneers and Old Timers' Association in Victoria Park. A second site, the Rotary hut, now lies under the Glenmore Reservoir. They also helped build Camp Woods at Sylvan Lake, and Camp Harwood (southwest of the city). The 6th and 12th Crews helped build Camp Mockingbird, a local Girl Guide Camp.

Now, I know this information seems disjointed and, well, that's because it is! If anyone has any information on these crews, or any other of the old, original crews, I would love to hear from you! As I am sure others would be as well. This is why it is imperative that crews maintain logs, they are sources of nostalgia for your crew, and a means to get to know your crew for others. If you know of any sources that could be of help in reconstructing these stories, please pass those along as well. For example, F. Leslie Sara from the 10th Crew wrote a column called "The Rover's Den" which was published weekly in "The Boy's Own Herald", a Saturday insert into the Calgary Daily Herald, which he began in the fall of 1923.

And now for a shameless plug, but it's on history too, so it's fair...

I was recently at a show at the Montreal Fringe Festival called "The Big Rock Show" put on by Monster Theatre. If you can make it out to one of their shows this summer, you MUST! They put on an amazing show! They can be seen for the rest of the summer in Saskatoon, Aug 1 – 10, Edmonton, Aug 14 – 24, Invermere, Aug 29 – 31, Vancouver, Sept 5 – 14. If you can't make those dates or locations, check them out next year. More info on their productions can be found at <http://www.monstertheatre.com>

Toronto's MedVents at S.C.O.P.E.



This past May 5 Medical Rovers and Paramedic Bruce Janes from the 1st Downsview MedVents, sponsored by Toronto Emergency Medical Services, boarded a bus for Philadelphia, Pennsylvania where they would spend five days immersed in American and Scouting culture.



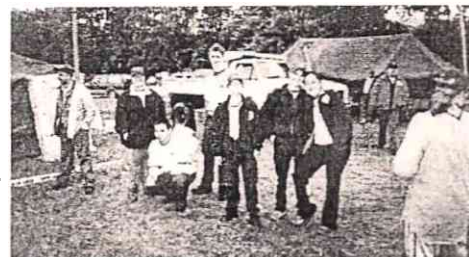
Rovers Jessica Lunny, Bessy Chow, Angela Eo, Ryan Helmy and myself all had a fabulous time.



The rain kept medical incidents down, but couldn't dampen the spirits of the 600+ participants.



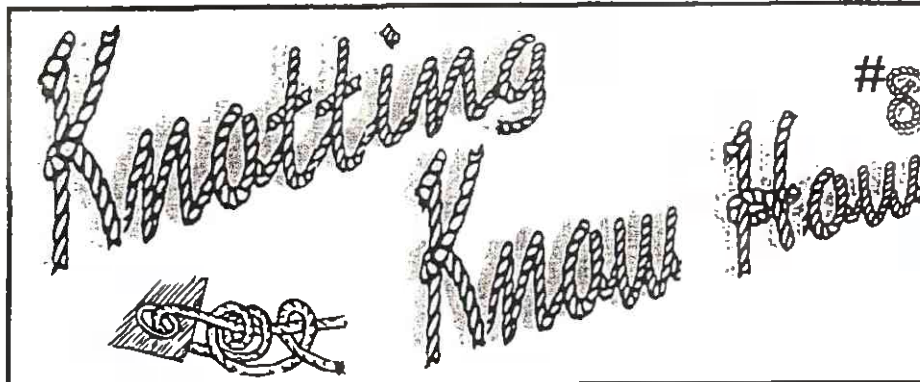
All 5 Rovers are looking forward to taking part in next years SCOPE when our American friends join us in Brampton, Ontario.



A special thank you to our American hosts, the Schmidt Family.



*Blair Bigham
1st Downsview
Medical Venturers
and Rovers*



Once upon a time, in the not too distant past, Scouts in Canada were looked on as real craftsmen of outdoor skills. Back then, Scouts looked up to Rovers because they were able to demonstrate the highest level of excellence in all the outdoor crafts. One area in which their expertise really excelled was knotwork. Lately it's become obvious that knowledge of this skill has fallen off. This column of basic, and not so basic knotting know-how is intended to help you all get back to that earlier level of excellence.

GLOSSARY

*If I had followed normal procedures, I would have put this glossary early in this series of articles, but I felt that it would benefit you, our readers, more, if I covered more of the basics of ropework first. The terminology used when working with rope is essentially the same no matter who the author is, with some occasional differences, usually due to background, ie. sailing, camping, caving, climbing, etc. This particular list was taken from the book **"The Knot Handbook"** by Maria Constantino (Strathearn Books LTD; Toronto, Ontario). There are many more words used in knotting which are not included here, but this covers most of the basic material.*

Ye Olde Editor

ARAMIDES

Synthetic (man-made) fibres. These fibres do not melt when heated and their cost limits them to special usage

BEND

The name given to knots that bind (bend) two separate ropes together

BIGHT

The slack part of a rope between the two ends that is folded back on itself to form a narrow loop

BLOOD KNOT

A type of knot secured by numerous wrapping turns

BODY

The bulky, tied part of a knot

BOLLARD

A small post of wood or metal on a boat or quay used for securing a mooring rope

BRAID

Strands of rope plaited braided together in a regular pattern. Generally a braid is flat or two-dimensional

BREAKING STRENGTH

The amount of load a new rope will bear before it breaks. Breaking strength is reduced by wear and tear, shock loading and by knots

CABLE

A large rope made by twisting together three lengths of three strand rope

CAPSIZE

What happens when a knot layout is distorted due to overloading or overtightening. It may also be done deliberately as a quick release mechanism

COIL

Rope wound into neat circles or loops for storage

CORD

Small stuff under $\frac{5}{12}$ in. (10 mm) in diameter

CORDAGE

The collective term for ropes of all sizes and types

CORE

The inner part of a rope made from parallel, twisted or braided fibres

CROSSING TURN

A circle made by crossing the rope over itself

DOUBLE

Used as a verb: to double a knot. To follow the lead of a knot around again

ELBOW

Two crossing points made by an extra twist in a loop

EYE

- 1) a hole in a knot.
- 2) the hole inside a circle of rope.

FIBRE

The smallest element in rope and cordage

FID

A pointed, wooden tool used for separating strands of rope

FRAPPING TURNS

Additional turns made across lashing or whipping turns, used to tighten the previous layers of turns

FRAY

The deliberate or accidental unlaying of a rope's end to its components strands, yarns, and fibres

HALF HITCH

A circle of rope made around an object. The circle is kept in place by taking, one end of the rope across and at right angles to the other end

HARD LAID

Stiff cordage

HAWSER

Three strand rope

HEAVING LINE

The line attached to a mooring rope. It is thrown from a boat and used to haul the mooring rope to shore

HITCH

A knot used to make a line fast to an anchor point such as a rail, post, ring or other rope

KARIBINER

A metal snap-ring, often D-Shaped with a pivoting gate that can be closed securely. They are used by climbers and cavers

KERNMANTLE

Climbing rope constructed from a core (kern) of parallel bunches of fibers contained within a tightly woven protective sheath (mantel)

KNOT

1) the term for stoppers, loops, and self-sufficient bindings (thereby excluding hitches and bends)
2) the generic term for the tucks and tics made in cordage

LAIID ROPE

Rope formed by twisting strands of yarn together

LASH/LASHING

To secure two or more adjacent or crossed poles with a binding of rope

LASHING TURN

The turn used to bind poles together

LANYARD

A short length of cord that is used to lash, secure or suspend an object

LAY

The direction in which rope strands spiral as they go away from the viewer, either clockwise (right-handed or Z laid) or anticlockwise (left-handed or S laid)

LEAD (pronounced 'leed')

The direction taken by the working end as it goes around or through an object or knot.

LINE

Any rope with a specific function, eg. washing line, tow line

LOCKING TUCK

The finishing lead of a working end that secures the knot in its finished form and without which the knot would unravel

LOOP

A circle of rope formed by bringing two parts of rope together but without them crossing over each other

MARLINSPIKE

A slim, pointed, metal cone used to separate strands of rope, usually when untying a knot

MESSENGER

The name given to a heaving or throwing line when it is used to haul or pull a thicker rope across an intervening space

MIDDLE

To middle: to find the centre of a length of rope by bringing the two ends together

NATURAL FIBRES

Plant products used to make ropes and other cordage

NOOSE

A loop which passes around its own standing part and draws tight when pulled

OVERHAND LOOP

A loop in which the working end is laid on top of the standing part

PALM

A glove-like leather strap with a metal plate (iron) in the palm used to protect the hand when pushing a sailmaker's needle through rope

PRUSIKING

To climb a rope using, knots that jamb when downwards pressure is applied but can slide up the rope when the weight is removed

RACKING TURNS

Seizing and lashing turns made in a figure-of-eight fashion

ROPE

Cordage over $\frac{5}{12}$ in. (10 mm) diameter

ROUND TURN

A complete circle followed by a half-circle with part of a rope around an object

S-LAID

Left-handed or anticlockwise laid rope

SHOCK CORD

Rope with a very high degree of elasticity. (Also called elasticated cord)

SIZING

Joining two ropes or parts of ropes together by binding with twine

SLING

An endless rope or webbing 'strop' (pronounced 'strap')

SMALL STUFF

A general, albeit imprecise term for small diameter 'stuff', like string, which is not rope!

SOFT LAID

Flexible rope or cordage (as opposed to hard laid)

STANDING END

The inactive end of rope or cord

STANDING PART

The length of rope or cord between the working and standing ends

STRAND

The largest element of a rope, made from twisted yarns

STROP (pronounced 'strap')

A sling

TAPE

Flat woven webbing, used by climbers to make slings/strops

THREE STRAND ROPE

Rope made of three strands twisted together

TUCK

Passing one part of a rope underneath another part

TURN

Passing the rope around an object

UNDERHAND LOOP

A loop in which the working end is laid beneath the standing part

UNLAID ROPE

Rope that has been separated into its component strands

WHIPPING

A binding used to prevent the ends of rope from fraying

WORKING END

The end of the rope used when tying a knot

YARN

The basic elements of rope strands made from either natural fibres or synthetic (man-made) materials

Z-LAID

Right-handed or clockwise laid rope



LETTERS

to the EDITOR

via e-mail



Editor's note:

This item came from scoutinfo@yahoogroups.com dated Wed, 28 May 2003. If you fit the description, or know somebody who does, pass the word and get in touch.

Hi Brother Scout(er)s,

I know that there are a lot of you out there, and this is the only way to reach you (via email). Many of you are "Former" and may not still receive the Scouter Leader Magazine, (or not registered as leaders) therefore this message.

Scouts Canada has started the 1st Centennial Group in celebration of Scouting's 100th Anniversary. At the moment it is open to, and anxiously seeking, all those Scout(er)s that were either King's Scouts, Queen's Scouts, Chief Scouts, and Queen's Venturers.

The idea is to become part of this Centennial Group which is sponsored by the Scouts Canada Foundation.

THERE IS ABSOLUTELY NO COST INVOLVED.

The present planning includes a Quarterly Newsletter; invitations to special reunions between now and 2007; special products available only to the members; and more.

So, whether this applies to you, or if you know anyone to whom this would apply, please get in touch with me immediately, if not sooner, at Old Wolf Gilwell < **oldwolf.gilwell@tiscali.nl** > I promise to carry the ball from there, please send me an E-Mail address for them.

Ask everyone you know if they were KS, QS, CS, or QV, you may be very much surprised, and Scouts Canada is very anxious to reach each and everyone of you and them.

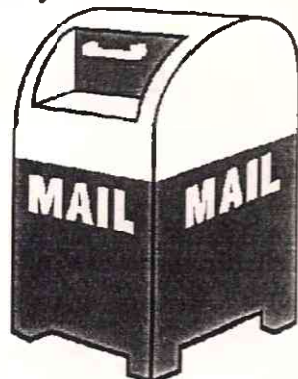
YISB

Errol Feldman,

King's Scout

Old Wolf Gilwell

(A Very Old Wolf)





1st Ashburn Venturers and Rovers

**Mystery Moot 2003
May 9-11**



We hosted the 1st Mystery Moot at Heber Down Conservation Area. Since we have enjoyed so many great Moots, we wanted to return the opportunity. It was a fantastic culmination of a lot of hard work and organization. Our expectations for a turnout were greatly surpassed. We hoped for 60 participants, had almost 90 registered and had 120 show up.

Friday evening, people arrived, registered, met old friends and made new ones. After dark, we had a blanket drive-in double feature, which I believe was well received.

Saturday morning, after opening, which featured a memorable flagbreak, 10 events were set up to challenge the participants: the Clothesline, Hoop Dreams, the Licorice Bite, the Coffee Run, 20 questions, Mindbend, the Balloon Toss, the Team Relay, Blind Faith and the Fish Pond. The weather held nicely throughout the morning.

Saturday, after lunch, everyone had ice cream sundaes (yum). For the afternoon, people had a choice of the Incredible Car Tour, wide games or just plain R&R. A few scattered showers didn't dampen spirits.

At dinner, several groups participated in the Chilli Cook-Off. There were some interesting recipes. The Cambridge Chilli brought tears to the judges' eyes.

The Saturday evening dance, hosted by DJ Cat In The Hat, was a great success. The hall was a little crowded (we'll need a bigger one next year), but Venturers, Rangers and Rovers just learned to cope with crowded bodies.

Sunday morning Closing included a special thought for the day, and the presentation of awards. We truly hope everyone had a great time and is looking forward to next year!

The Advisors are particularly impressed that such a small group of people could organize and present such an awesome weekend event. The bulk of the work was done by Registrar Tim and Camp Chief Lia. The rest of the Crew (Jennie & Katie) and the Company (Bob, Chris and Devon) provided essential planning and support. We also really appreciate the assistance we received from some of Whitby Area's Service Scouters, particularly Area Commissioner Stewart Bowman, Scouters Dave, Grant, AJ and our special honorary Advisor, Scouter Edwin from Highland Creek. We look forward to another great Mystery Moot next year. We hope to see you there!

Have a great year in Rovering and Venturing!



Registration



Flag Break



The Licorice Bite



**20 Questions
with Scouter Edwin**



Mindbend with Scouter Stewart



The Balloon Toss



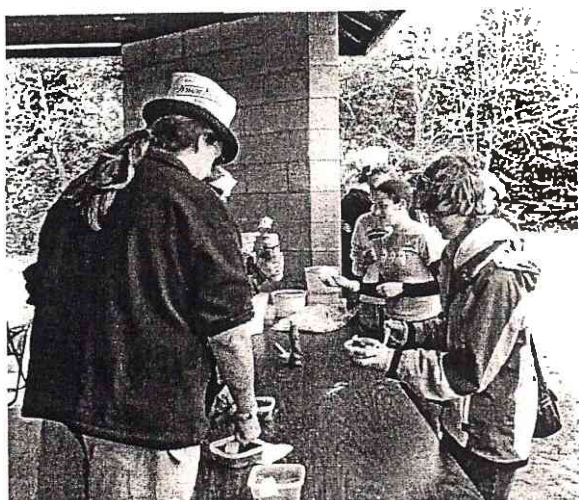
The Team Relay



Blind Faith with Scouter Dave



The Fish Pond



Sundaes



At the Dance



**Camp Chief, Flag Breaker,
Registrar & 1.5 Advisors**



Campers

The following material came from a BSA Council in the 1950's, but can still be utilized as a starting guideline. If you check with the top first-aiders in your area, and upgrade this list with today's materials, it can serve as a check list for meeting room and camping needs.

Buffalo Area Council

Boy Scouts of America

UNIFORM COUNCIL STANDARD FIRST AID KITS

As most of you know, we are attempting to achieve a First aid goal which will fulfill our responsibilities to our boys, their parents and to our public, who automatically think of a Scout as one who "Is Prepared". The following listings represent suggested minimum standards for First Aid kits on three levels.

We urge you to adopt these requirements in your unit. This will be one step toward an up-to-date standard, integrated First Aid program in our council.

<i>Item</i>	<i>Quantity for Troop or Post Kit</i>	<i>Quantity for Patrol Kit</i>	<i>Personal Kits</i>
Adhesive Compresses (Band-Aids)	24	18	6
3 inch Sterile Compresses	24	12	2
2 inch Roller Bandage	3		
Triangular Bandage (neckerchief)	3		
Merthiolate (or equivalent)	2 oz.	1 oz.	1 oz.
½ Inch Adhesive Tape	5 yds.	5 yds.	1 yd.
Aspirin (5 grain)	25	18	6
Halazone	12	12	12
18" x 36" Plain Sterile Gauze	3		
Cotton	¼ lb.		
Burn Ointment	1 oz.	1 oz.	
3" Applicator Swabs	25	12	
Hydrogen Peroxide	2 oz.		
Soap	1 bar (2 oz.)	1 bar (2 oz.)	
Baking Soda	2 oz.		
Safety Pins	12	6	6
Dime (<i>better make that a quarter today</i>)		1	1
Matches (water proof)	25	25	6
Tweezers	1	1	
Scissors	1	1	
Razor Blade (single edge)	2	1	
3" x 15" x ¼" splint	2		
Small Candle	1	1	
Pencil and Paper	1	1	1
Training Certificate (minimum)	1 Red Cross STD	First Aid MB	Per Rank

Suggested District First Aid Kits

<i>Quantity</i>	<i>Description</i>
6	1" Roller Bandages
6	2" Roller Bandages
6	3" Roller Bandages
100	1" Adhesive Compresses (Band Aids)
500	2" Gauze Sponges
24	4" Sterile Compresses
24	3" Sterile Compresses
48	2" Sterile Compresses
6	18" x 36" Plain Gauze
½ lb.	Cotton
6	Triangular Bandages
10 yds.	½" Adhesive Tape
10 yds.	2" Adhesive Tape
100	Applicator Swabs (Q-tips)
2 tubes	Burn Ointment
2 oz.	Mehaphen
2 oz.	Alcohol
2 oz.	Hydrogen Peroxide
2 oz.	Caladryl Lotion
2 oz.	Liquid Soap
4 oz.	Baking Soda
8 oz.	Maalox (or equivalent)
2 oz.	Insect Repellent
100	Aspirin (5 grain)
4	3" x 15" x ¼" splints
1	Fever Thermometer
1	10" Basin
1	Flashlight (2-cell)
2	Spare Batteries
1 pr.	Tweezers
1	Scissors
6	Single Edge Razor Blades
100	Matches (water-proof)
1 roll	Paper Towels
50	Paper Cups (2 oz.)
24	Tongue Depressors
1	2 quart Canteen
2	½" Wood Dowels (8" long)



OPÉRATION DELTA



MedVent Ottawa Unit Launched

Joe Micucci
Primary Care Paramedic

Last June, a medical Venturers' (MedVent) unit was created in Ottawa. This unit's formation was a joint effort between Scouts Canada, Voyageur Council Service Corps, and Ottawa Emergency Medical Services (EMS).

The overall objectives of this unit are to encourage and foster an interest in paramedicine as a career choice, while enabling youth to develop a hands-on appreciation of the effort it entails by having the opportunity to work alongside EMS paramedics.

The unit is currently comprised of eleven youth, ranging from 15 to 18 years of age. All are fully registered members of Scouts Canada. The basic qualifications for joining this unit are Standard First Aid and CPR, a demonstrated interest in the field of paramedicine, as well as the willingness to volunteer time to participate with EMS at events.

To date, Ottawa EMS has supplied eight hours of training including a four-hour orientation session to Ottawa EMS Operations. Training on equipment used was also undertaken, as well as a four-hour

Automated External Defibrillation certification program. More training will be undertaken in the near future. Ottawa EMS also supplies medical equipment, kits, and modified EMS uniforms to the MedVent team when they participate in special events.

To date, the MedVent team and Ottawa EMS have participated jointly in covering the Dragon Boat Races in June 2002, Canada Day 2002, and most recently the Central Exhibition, August 2002.

The team's participation in these events has proved to be a very valuable learning experience. Following are details pertaining to this participation:

Members worked from 9 a.m. to midnight on Canada Day, and assisted on multiple calls. In all, team members were involved in over 50 patient care reports during the Ex.

The teams have worked with the Ottawa



Paramedics and scouts at Canada Day celebrations

EMS bike units, as well as the duty paramedics at these events.

Positive public relations was achieved, via the wearing of a modified Ottawa EMS uniform, as well as handing out of Ottawa EMS pamphlets and tattoos at events.

Plans are in place to expand the team starting this Fall. The Scouts Canada unit advisor is Gintaras (Gint) Nagys, while Joe Micucci is the Ottawa EMS liaison.



Congratulations!!!!

Scouts Canada Scholarship Winners!

Gregory Agate - Grimsby, ON
Matthew Baird - Carbonear, NL
Jeff Beyer - Niagara Falls, ON
Erica Buchanan - Barrie, ON
Brian Cheng - Vancouver, BC
Jeffrey Dilane - Toronto, ON
Shane Dolan - Nepean, ON
Nadine Ford - Petrolia, ON
James Francis - Toronto, ON
Nicholas Frauley - Ottawa, ON
Keith Galbraith - Saskville, NB
Diana Glennie - Niagara Falls, ON
Alyah Hassanali - Richmond, BC
Scott Hubley - Truro, NS
Ryan Lewis - Beaverlodge, AB
Brian Macro - Mississauga, ON
Ryan Pyne - Georgetown, ON
Vikram Ravindran - Ancaster, ON
Chris Rivers - Acton, ON
Jacqueline Sampson - New Glasgow, NS
Timothy Scriber - Fredericton, NB
Scott Stirling - Surrey, BC
Christopher von Roretz - Dorval, QC
Jason Yamoka - Aurora, ON
James Morrison - Windsor Junction, NS



Announcements, Announcements, Announcements.

Don't Forget !!!

**6th World Rover Moot
July 29-Aug 11, 2004
in Taiwan**

Wedding Bells

The above twenty-five Venturers and Rovers received a \$1,500.00 Reginald K. Groome scholarship from Scouts Canada. The scholarships are open to members of Scouts Canada who are entering into or continuing a course of full time study at a Canadian university or college.

Funding for the Scholarships comes from Scout Canada's Fellowship Program and from a grant from the Red Wilson Foundation.

For information on applying for the 2004 scholarships contact K. Jennifer Austin at:

613-224-5131 ext. 271

or

jaustin@scouts.ca

**Send in your announcement
and have it appear on this
page in a future edition**

Congratulations to Jeremy Shoup (outgoing chair of ORC) and Erin Slingerland (the Eh's mail box coordinator) on their wedding at St. David's United Church on Saturday, June 14th, in St. David's Ontario.

Best wishes from the staff and subscribers of the Canadian Rover Eh!

Congratulations to:

Shopia Doole, Nancy Shaw and David McDonald who were invested into the 1st Bay Ridge Avalonian Rover Crew at Hillbilly Hoedown Moot on June 20th along with new advisor Mike Pembleton.

Send your FREE announcements to:

The Canadian Rover Eh!

844 Fredrick St

Kitchener, Ontario, N2B 2B8

or

canadian_rover@hotmail.com



the
**Gourmet
Rover**

Beefy Taco Skillet

- 1 lb Fresh Ground Beef
- 1 can (10.75 oz) Tomato Soup
- 1 cup Mild Salsa
- $\frac{1}{2}$ cup water
- 8 Taco Tortillas Gordita Style,
cut into 1-inch pieces
- 1 cup Shredded Cheddar cheese

1. Cook beef in skillet until browned. Pour off fat.
2. Add soup, salsa, water, tortillas and half the cheese.
Heat to a boil. Cover and cook over LOW heat 5 min or until hot.
3. Top with remaining cheese.

Makes 4 servings. Prep time: 20 minutes.



Chili

- 1 Tbsp vegetable oil
- 3 lbs ground beef
- 1 Tbsp salt
- 3 medium onions
- 1 large green peppers, cored and diced
- 3 cloves garlic, peeled and minced
- 4 Tbsp Worcestershire sauce
- 7 Tbsp chili powder
- 2 tsp ground cumin
- 2 tsp oregano
- 1 can (15.5 oz) dark red kidney beans,
drained and rinsed
- 1 can (15.5 oz) cannellini beans, drained and rinsed
- 2 bottles (12 oz each) Chili Sauce
- 1 bottle (12 oz) beer or 1 can (14.5 oz) beef broth

1. Heat vegetable oil on MEDIUM-HIGH; brown ground

- beef, about 8-10 min. Add salt to taste.
2. Add chopped onions, green peppers, and garlic. Cook, stirring, 3-5 min.
3. Add Worcestershire sauce; cook 3 min.
4. Reduce heat to MEDIUM; stir in chili powder, cumin, oregano; cook 5 min.
5. Reduce heat to LOW; add kidney beans, cannellini beans, chili sauce, beer (or broth); simmer for 30 min, stirring occasionally.

Avocado Orange Salad w/ Citrus Vinaigrette

Reportedly created in New York's famed, but now defunct Reuben's Delicatessen, this beloved grilled sandwich layers lean, thinly sliced corned beef with Swiss cheese, sauerkraut and Thousand Island dressing on country rye bread.

- 4 cups field greens or shredded romaine lettuce
- 4 large oranges or 3 large grapefruit, peeled and sectioned
- 1 avocado, pitted, peeled and sliced lengthwise
- 6 large fresh basil leaves, julienne cut

1. Place shredded lettuce on large platter.
2. Arrange orange or grapefruit segments on top, shingling around perimeter of platter.
3. Shingle avocado in center of platter. Sprinkle entire salad with basil.
4. Drizzle desired amount of Citrus Vinaigrette over top of salad.

Serves 6. Prep Time: 15 minutes.



Citrus Vinaigrette

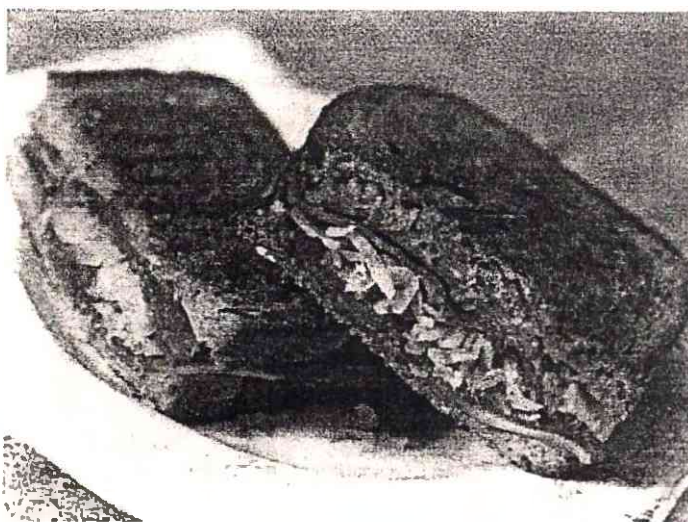
- 2 Tbsp. fresh squeezed lemon juice
- 2 Tbsp grapefruit juice
- 1 Tbsp honey
- 1 Tbsp minced shallots
- $\frac{1}{4}$ cup vegetable oil

1. Mix lemon juice, grapefruit juice, honey and shallots together in a small bowl. Slowly whisk oil into juice mixture, in a steady stream to thicken slightly. Season with salt and pepper to taste.

Makes $\frac{1}{2}$ cup. Prep time: 5 min

The Classic Reuben, Better than Ever!

Reportedly created in New York's famed, but now defunct Reuben's Delicatessen, this beloved grilled sandwich layers lean, thinly sliced corned beef with Swiss cheese, sauerkraut and Thousand Island dressing on country rye bread.



For each serving:

- 2 slices country rye bread
- 2 tsp. Thousand Island dressing
- 2 slices deli Swiss cheese
- $\frac{1}{2}$ Tbsp. drained sauerkraut
- 3 oz corned beef (about 6 slices), thinly sliced
- 2 tsp. butter, softened

1. Spread dressing evenly on each slice of bread. Heat skillet on MEDIUM.
2. Place 1 slice of cheese over dressing on one bread slice; top with sauerkraut and corned beef and remaining cheese slice. Place remaining bread slice, (dressing side down) on top. Butter outside of each bread slice evenly.

3. Place sandwich in pre-heated skillet; brown both sides of sandwich, about 3 min each side. Slice in half to serve.

Prep time: 10 minutes

It's time for a lesson in respect

Aretha Franklin's mansion is on fire today. Can YOU remember the "Queen of Soul" betting out "R-E-S-P-E-C-T" when the Memphis sound was riding high in 1967? A year later American cities were burning as race riots swept across the country following the assassination of Dr. Martin Luther King. In those troubled times, Aretha's voice was heard telling us to "think" and to "respect".

Today Aretha's house is burning. No, I'm not talking about her home, but her message. Whether we are talking about the relationship between doctors and nurses, bosses and employees, or service personnel and customers, I fear that respect is becoming an increasingly rare commodity.

"R-E-S-P-E-C-T. Find out what it means to me." Though organizations whine endlessly about the economy, off shore competition, world events and government regulations, the real problem resides between the ears of management. Remember, the airlines, were going bankrupt long before 9/11. Did they really believe they could stay in business beating customers and employees like livestock?

The time has come, my friends, for the return of R-E-S-P-E-C-T to the workplace. Are you willing to start today? Here are some ideas:

R. Remember. Remember who pays the bills. Your customers are parting with their hard earned cash and expect to be treated with respect in return. But do you know what respect means to your customers? Have you asked them? Remember who makes the parts, serves the food and answers the phone. Do you know what respect means to your employees? Think about it

E Empathize. It is disconcerting to go into a hospital for a medical procedure. It is even more disconcerting to not know where to go, which room to enter and what is going to happen next. This morning when I had a medical test done, I appreciated the time the staff spent explaining things to me; it calmed my nerves and communicated respect. Walk around in your customer's shoes. Call your own customer service center. Work the floor for a while.

S. Serve. How can it be that the average customer expects fabulous service from their restaurant, hair stylist or dry cleaner, but finds the idea of being a servant repugnant? Is it possible that the typical worker expects something from the world that they are completely unwilling to do for others? Our community functions because each of us contributes our unique gifts and talents in service to others. Workers with a service mindset are happier, more productive and deliver better results. Why be miserable?

P Produce. There is something honorable about providing a tangible product or service. While the scions of corporate finance manipulate paper millions through acquisitions, restructurings and other balance sheet legerdemain, you and I both know that the real productivity in this country comes from those who actually make things, sell things and deliver services.

E. Expect. Communicating low expectations to ourselves, our employees or our customers is the ultimate act of disrespect. People rise to the level of the expectations placed on them. Expect great things from every employee. Rather than focusing on flaws, challenge performers to tap into their greatness. Look for and nurture potential.

C. Care. When you took at me when I am talking to you, you show me you care. When you give me feedback on my work, you show me you care. When you teach me how to improve, you show me you care. When you take a genuine interest in my welfare and my family, you show me you care. When you tell me the truth, you show me you care.

T. Trust. I have observed that given a clear target, the right resources and half a chance, most people will do the right thing most of the time. When you treat people as professionals, they have a funny way of turning into professionals. Walk the talk, speak the truth, keep your promises and expect the same from others.

Syndicated columnist Gene C. Mage is president of Soaring Oaks Consulting, Inc., of Horseheads, NY. Please email your business questions to lgmage@makingvork.com, or visit www.makingvork.com.

BUFFALO JOB FINDER/Tuesday, January 7, 2003; Prepared by the Advertising Department of The Buffalo News

ONTARIO'S LOST CANOE ROUTES – Part II



Top: Chiniguchi Lake – NW Arm
Bottom: Wolf Lake Island

Ontario's Lost Canoe Routes Chiniguchi River

The best way to characterize the Chiniguchi River system is Killarney without the crowds. Killarney Provincial Park, set in Ontario's La Cloche Mountain Range, is a well known canoeing area southwest of Sudbury. It's turquoise lakes and shimmering quartzite hills have attracted thousands of outdoor enthusiasts (and for years has been my favorite place to paddle). However, the Chiniguchi River, located to the east of Sudbury, has a very similar backdrop to that of Killarney but surprisingly has been left unknown by most canoeists. So, at times, rather than attempt to book a site in the overcrowded interior of Killarney, I've left the frustration of the park's reservation system behind and headed out to Chiniguchi.

To reach the access point on Matagamasi Lake, follow Kukagami Lake Road north of highway 17, located approximately twenty minutes east of Sudbury. The road is gravel, with quite a bit of washboard. But it's still manageable for most vehicles.

The first main fork in the road is at the 22 kilometer mark. Make a left here and follow Matagamasi Lake Road for another 27 kilometers. Then head right and drive for another 1.4 kilometers (make sure to keep to the right when the road splits three ways) to reach the poorly maintained government launch on the south end of Matagamasi Lake. Some canoeists continue past the second turn-off and either access 5 kilometers further on, using an unmarked put-in on the right, or even drive all the way (19 kilometers) to the bridge between Wolf and Dewdne Lake. The road gets rougher the further you go, however, and I would strongly advise that you stick to the first access point.

From the government launch there's a number of trips to be had, ranging from a quick weekend outing on Maskinonge Lake to the extensive Sturgeon River loop. The best overall tour, however, is to paddle to Chiniguchi Lake and back. The route begins by heading directly up Matagamasi Lake, following the north arm to eventually where the first portage is marked to the left. It's a long paddle across and a number of cottages also clutter the shoreline. Even the white quartzite rocks and turquoise-coloured lakes that are comparable to Killarney don't show themselves until after the first portage. But Matagamasi is still quite scenic and there's a number of prime campsites located on either rock outcrops or pine-clad islands if you happen to become wind bound or arrive late your first day out.

My worst experience traveling to Chiniguchi Lake actually began while making my way across Matagamasi Lake. It was the last trip of the season as well as my first outing in the area. Overall it had been a good paddling year. I had so far logged a total of 54 days in a canoe. However, it also rained every day except for 11. And, while I pushed myself hard against a strong northwest wind out on Matagamasi, it began to downpour on me once again.

I simply had it with the rain. I was fed up with scraping black mold off my rain jacket, sleeping in a damp tent, and never being able to get a decent fire going to actually dry off. And now I had to endure it all again. With the steady winds on Matagamasi, it took me a long three hours to reach the first portage. It was a relatively easy trail but the recent rain had greased up the rocks and I ended up falling hard at the put-in. The canoe came crashing down on me and a sharp edge on the aluminum gunwale ended up giving me a large gash on my forehead. Of course, everything packed inside my first-aid kit had become absolutely soaked and I had to resort to holding a piece of gauze over the cut with a strip of Duct-tape.

Basically I was having a bad day. Heck, I was having a bad year. And after my tumble at the

end of the first portage I became extremely paranoid about taking on the second - a steep 360-meter trail marked on the right, almost immediately after the first portage. I took little notice of the spectacular waterfall I was walking around. In fact, I didn't even take time out to explore the infamous swimming hole found on the opposite side of the cascade, known locally as Paradise Lagoon (this oval-shaped basin is a must see by all canoeists passing through).

After blindly completing the second portage I paddled across Sylvester Lake. By then the rain had turned into a torrential downpour and I never once looked up to take in the breathtaking scenery. Instead I hurried along, lifting over two shallow swifts that connected Sylvester Lake with Wolf Lake, and then made camp on the first island site I came upon. It was 7:00 p.m. A trip that should have taken me a leisurely four hours had taken me an exhausting eight. It continued to rain, and, still depressed about the weather, I decided to crawl into the mildewed tent without any supper and curled up for the night inside my soggy sleeping bag.

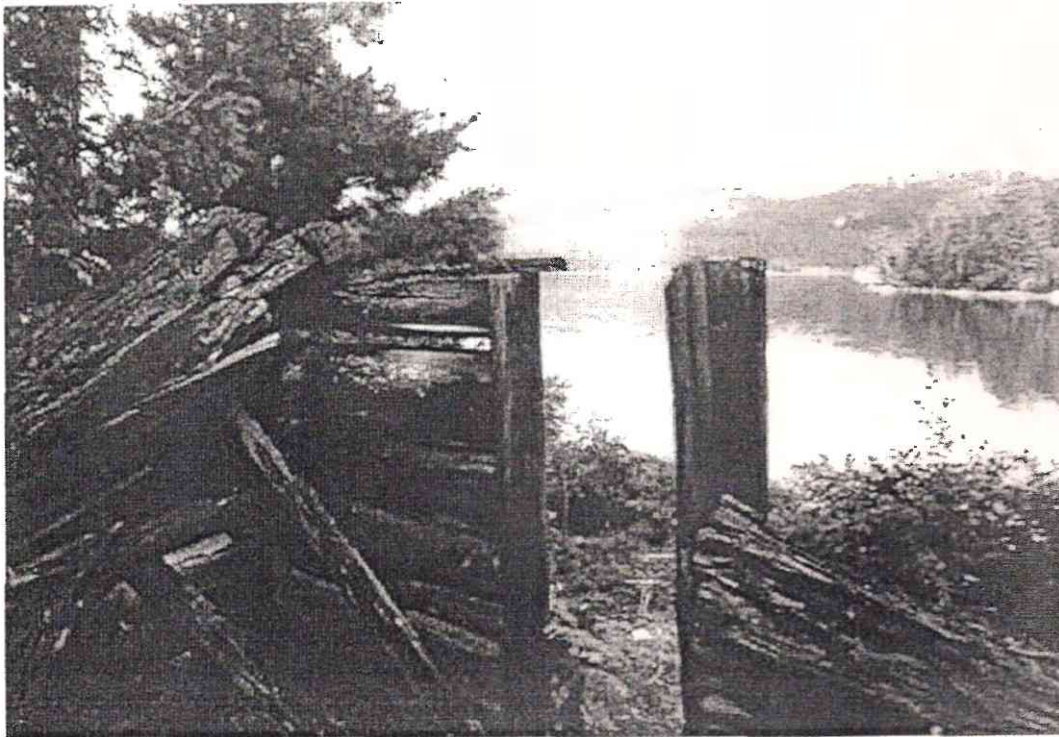
Early the next morning I awoke to the sound of rain pelting against the side of the tent. I was obviously reluctant to get out of bed but not having eaten anything the night before my grumbling stomach forced me to crawl out and get breakfast on the go. And, after cooking myself up an extra helping of flapjacks I packed up my wet gear once again and paddled off into the rain.

In the northwest bay of Wolf Lake was the first portage of the day. The 190-meter trail is marked to the right of another scenic cascade and uphill most of the way. It's a straight forward path, however, and eventually levels out where it crosses over the Matagamasi extension road. Rumour has it that the Ministry of Natural Resources is thinking of dismantling this road at the bridge crossing to keep the area less accessible. I personally think this would be a great asset if the newly proposed Chiniguchi Waterway Provincial Park and Wolf Lake Forest Reserve is established. The Wolf Lake area itself contains one of the largest remaining contiguous stands of old growth red pine (averaging 140 years of age) in Ontario and the canoe route itself is based on an ancient travelway that follows traditional portages. However, resource extraction has always been the major activity in the area. Remnants of an old mine depot can be seen along the west shore of Wolf Lake and a network of logging roads are spread throughout the neighboring hills. And with forestry operations remaining active in the area, not to mention that there's still considerable mining exploration going on, I have my doubts about the proclamation of extra protection being placed along this waterway route.

My next lake crossing was Dewdney Lake. It's divided into two main sections with the upper portion of the lake having an old ranger cabin along the east shore to explore. The building was once used to house the caretaker for the nearby fire tower but now only accommodates a large population of field mice and a ghost named Bob. I witnessed the field mice myself while I explored the ruins. But it was a group of kids from Camp Ahmek, who joined me for lunch on the dilapidated porch, that informed me about the apparition. Apparently Bob, the old caretaker, had died a mysterious death here long ago and his ghost remains to spook each and every trespasser.

Due to the rain, the youth group decided to camp out beside the haunted house, hoping that it was only possessed on the inside, while I continued on to Chiniguichi Lake by way of the 540-meter portage located on the north end of Dewdney Lake. The trail was an easy carry and one look at the fabulous scenery of Chiniguichi - a lake very similar to that of Killarney's Threenarrows - I was glad to have chosen to endure the rain rather than Bob the ghost. The constant drizzle had also kept the lake quite calm and by late afternoon I even

ONTARIO'S LOST CANOE ROUTES – Part II (cont'd)



Top: Wolf Lake Cabin

Bottom Left: Wolf Lake East River

Bottom Right: Family on Wolf Lake

managed to reach McConnell Bay - an inlet situated on the far northeast end of Chiniguichi that has an incredible sand beach stretched out almost a full two kilometers.

My third day out was spent paddling down the west side of Chiniguichi Lake, exploring the remains of a logging alligator in Telfer Bay, scrambling up a quartzite ridge titled "The Elephant" and then making my way through a shallow narrows to reach Shed Lake. Here the Ahmek kids had told me that an unmarked 200-meter portage into Dead Lake, as well as a short 20-meter lift-over, would bring me back to the familiar Southeast Bay on Chiniguichi. The short cut was obviously not a well traveled route. The first portage was only marked by a few old axe blazes and had a number of trees fallen across it. The lift-over was also bushed over and I ended up just dragging my canoe over the rocks. It did, however, allow me to complete a full loop on Chiniguichi and still have enough time to paddle back to my choice island site on Wolf Lake for my last night out.

I left Wolf Lake early the next morning, worried about the wind conditions out on Matagamasi. On the return trip down the Chiniguichi River, however, I did take time out to stop for a skinny-dip at Paradise Lagoon. With it being a local hot spot, it was probably the worst place to choose to swim naked, but I tend not to pack a bathing suit on solo trips. I figure there's really no need. Besides, I think there's something to be said about skinny-dipping. It gives a simple feeling of freedom, especially in a place such as this; surrounded by cool, clear, cleansing water.

Luck would have it though, that before I could take my first dive from the rock wall that surrounded the lagoon, it once again began to storm. So, with thunder rumbling off in the distance, I slipped back into my moldy rain jacket and continued on my way.

Now I was really depressed. I guess my last canoe trip of the season was destined to end in the rain. Even when I decided on running the last set of rapids rather than carrying over the 350-meter portage that I had injured myself on, I ended up wedging my canoe on a stack of boulders near the base of the run. By the time I freed the canoe and paddled out into the expanse of Matagamasi Lake, a strong south wind forced me to inch my way along the west shoreline, moving ever so slowly towards the boat launch on the opposite end.

It wasn't really the poor weather I was upset with. I just wasn't ready to go back in such a somber mood. Something important needed to come from my time alone out here before I was forced to pack my gear away for another long winter.

Then, three hours into the crossing, it happened. A single loon surfaced directly in of my bow. Then another. And another. Soon there was a total of 24 loons swimming around my canoe, wailing out a chorus of mournful cries. This was it. This was the sign I was looking for. A reason why any canoeists would endure the hardships of wilderness travel and to eagerly await to return again — rain or shine.

Time: 2-4 days

Number of Portages: 8 (4 which are doubled back on)

Longest Portage: 540-meters

Difficulty: This is considered a novice route

Alternative Access: And unmarked put-in on the right side of Matagamasi Lake Road, 5 kilometers past the turn off towards the main public launch.

Alternative Route: It is possible to loop back to Matagamasi Lake from Chiniguichi Lake's McConnell Bay by following a poorly maintained route through Laura Lake - Laura Creek - Evelyn Lake - Irish Lake - Bonesteel Lake - Wessel Lake - and Matagamasi Lake's McCarthy Bay.

Outfitters:

Sundog Outfitters Corp.
P.O. Box 1014, Dowling, Ontario
P0M 1R0
(705) 855-0042
email: sundog.amorak@sympatico.ca
or
www.sundogoutfitters.com

Paddle Safe Adventures
926 Beverly Drive
Sudbury, Ontario
P3E 4B5
(705) 522-2268
email: paddlers@paddlesafe.com
or
www.paddlesafe.com

For More Information:

Ministry of Natural Resources
3301 Trout Lake Rd.,
North Bay, Ontario
P1A 4L7
(705) 475-5550or

3767 Hwy. 69 S.,
Suite 5
Sudbury, Ontario
P3G 1E7
(705) 564-7823

Topographic Maps:

41 I/15

Kevin Callan

Editor's Note: Kevin Callan's story "York River" appeared in our April/May 2002 issue. Both that story and this one are from his book "Ontario's Lost Canoe Routes".

ANCIENT MOOT 2003

Carnival Extravaganza

Camp Impeesa

August 1-4 (Civic Holiday)



Open to all Rovers, former Rovers and their families.

Potluck dinner on Saturday. Please bring enough to feed ten people. There is no set menu so bring what you want. Staff will provide hotdogs for the meal.

Trailers are welcome but there will be no hook-ups.

Bring your old photos and let us all have a laugh.

Program will be set for Friday to Sunday,
But everyone is welcome to stay until Monday.

Prices: Before July 15 - \$8.00 (per person)
After July 15 - \$12.00 (per person)
Families - \$20.00

More Info: www.geocities.com/roverval/ancientmoot.html
or phone (519) 245-4932

Dude Ranch Weekend

—The ORC's Last Official Activity— A Rover-Only Moot

July 11-13, 2003



It is Monday morning, and thank goodness I had the day off! It was a great weekend! We all gathered late into the night Friday. People arrived from Ottawa, Cambridge, Kitchener, and many other cities. After arriving and setting up our tents before it rained....urrrr....luckily we managed. We all gathered, chatted and caught up. It was a long day for most of us though, so it was off to bed at a *fairly* decent hour. **Except for those that came in around 1:30 am** and were not quiet.

Thanks, guys!

Saturday morning we woke to an overcast sky, but we didn't let that stop us! After breakfast we went to the camp opening and were cheerfully greeted by Shawn, our camp chief. After opening, we were off to the games. I was one of the first, along with Randy to attempt the porridge pitching. It was great but I am glad that I was the first! I think the record was 20 feet! We also attempted to make coffee in a paper bag it was difficult but one team managed and another team got a little ingenious, and somehow found a coffee percolator in the middle of the forest and tried that! After everyone had finished roping their cows and fighting the bandits it was time off for lunch. It was a bit cold for the afternoon water activities, so off to town we went. Where did we end up? None other than Dairy Queen, of course! The service could have been a bit better but at least we got ice cream! There was also a stop at the Dollar Store to gather things for our scavenger hunt.

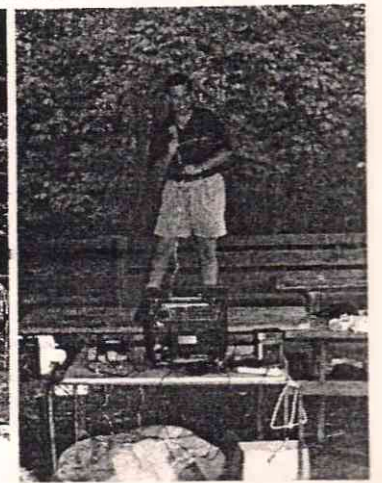
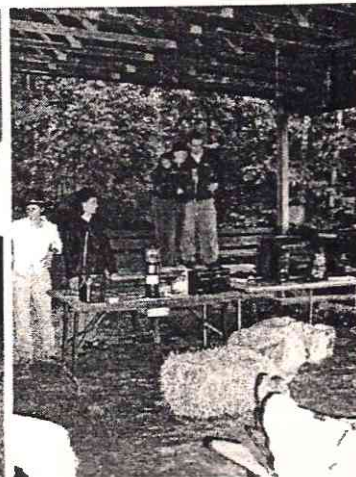
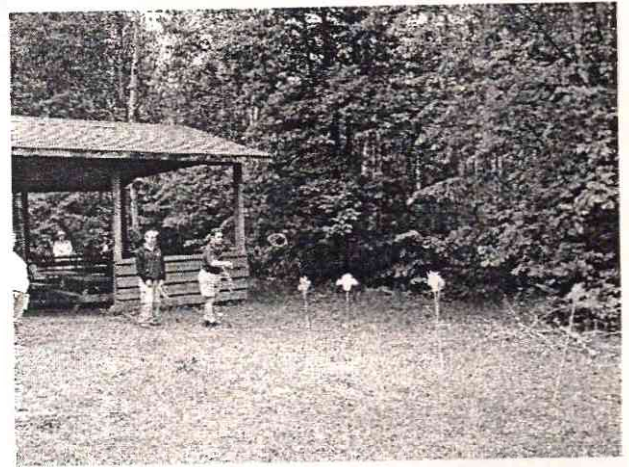
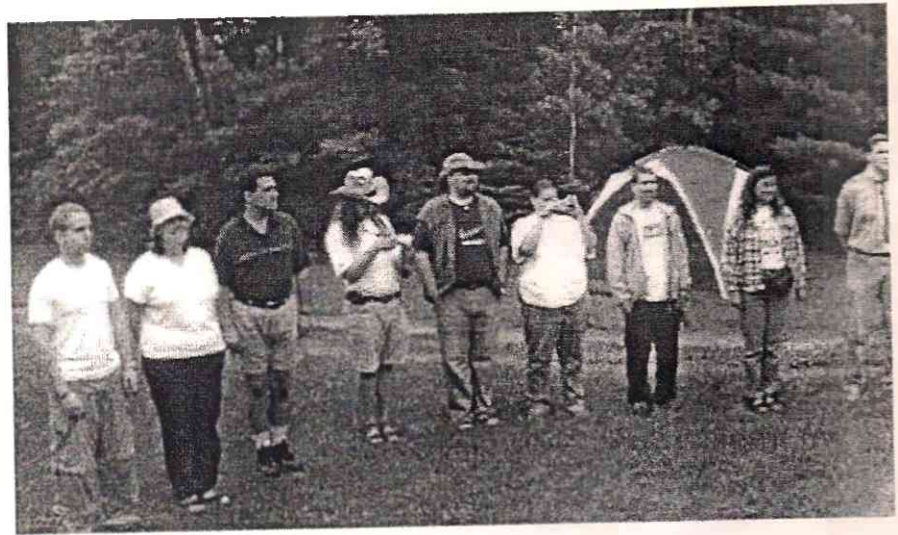
After returning to the camp, we had a great demonstration on how to get potatoes to go very far distances, with hair spray! It was really neat! Then we all went off to have dinner. After dinner, we got ready for the Karaoke Dance! It was great, we played Rover Idol, Neil Looby won out with his slick moves. Then it was the costume contest. Each of us explained what we had done with our costumes. Crash won that one! Then it was free for all Karaoke...too much fun! Some of us were dragged up there more than once...heh heh heh...and we slaughtered a few songs, but that is what it is all about. After the music was all over, we had a great campfire where we sang all sorts of great songs, especially Pink Pajama's....my favorite!

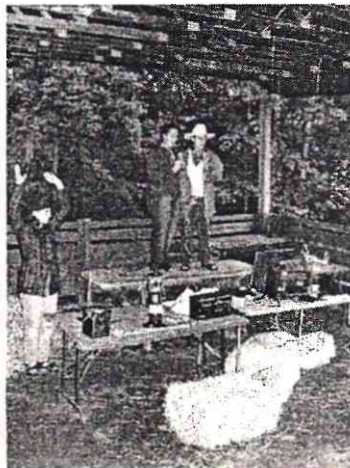
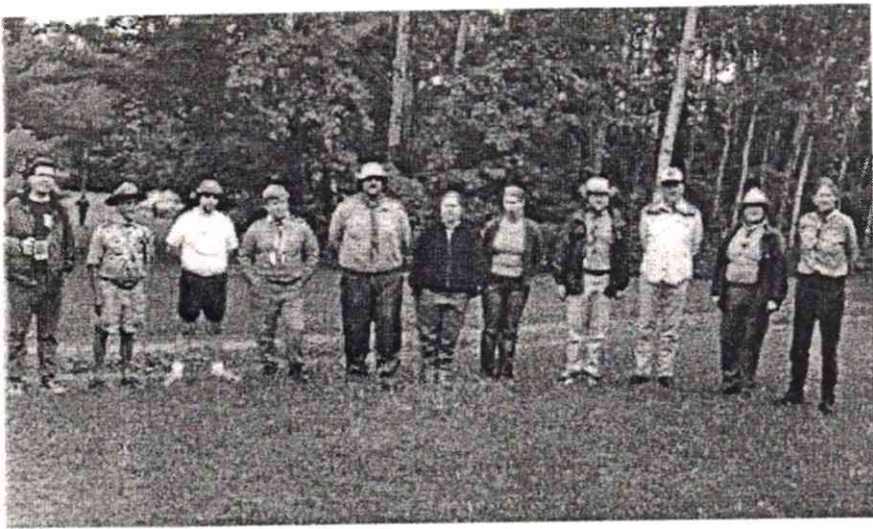
After campfire some people went to bed, others went off on an excursion to none other than Tim Horton's ! I love the fact it's open 24 hours !

Sunday morning we woke to a beautiful sunny day where we could all dry out our tents and pack up. Camp closing was held and they handed out the awards.

It was a great jam packed fun filled weekend! I can't wait until we all see each other in September at the first **Central Division Rover Round Table (CDRRT)** event in Kingston !

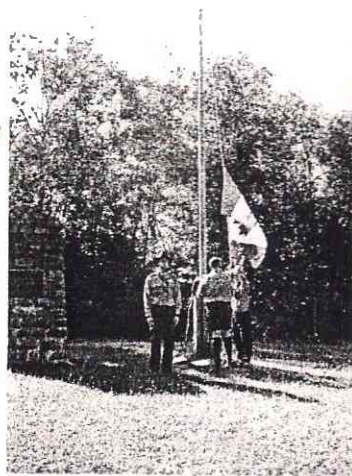
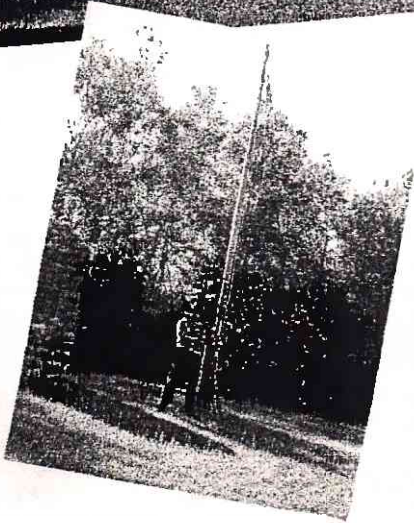
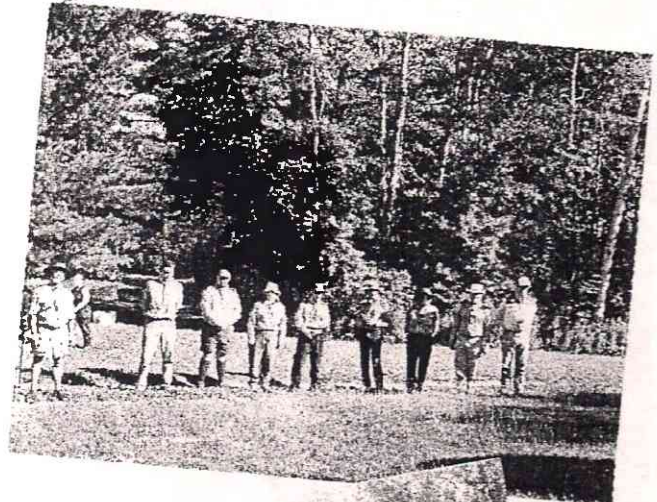
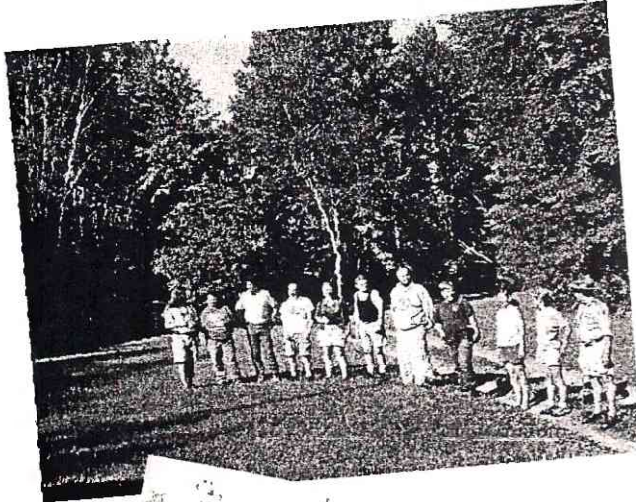
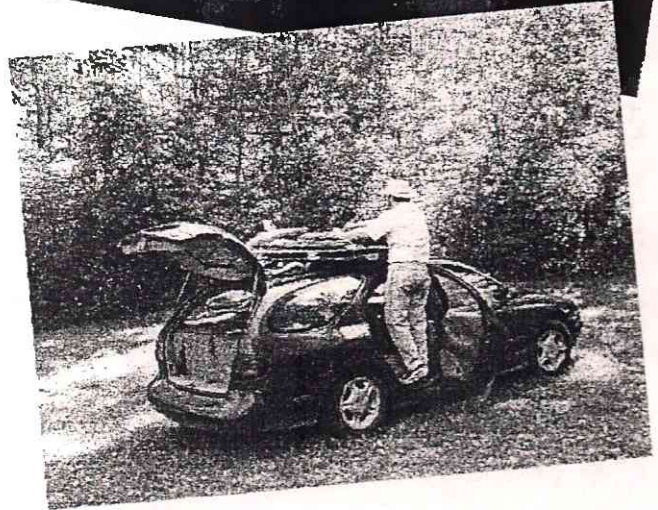
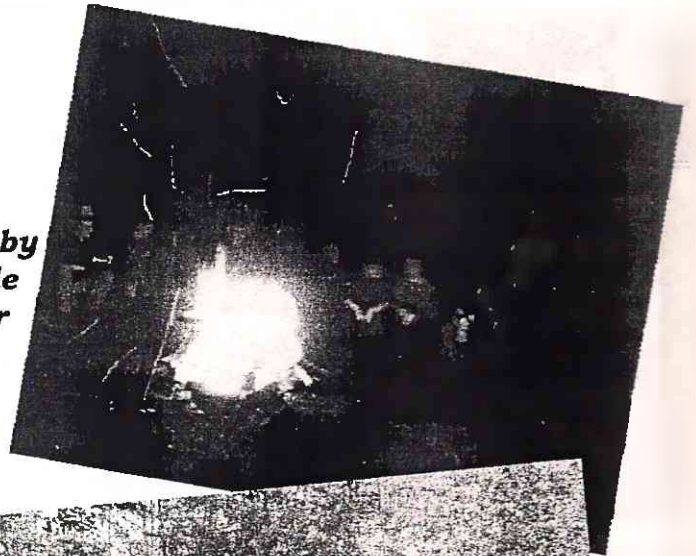
Yours in Roving
Sophia Doole
1st Bayridge Avalonians







*photos by
Ye Olde
Editor*



Car Care



the following article was prepared by the advertising department of the Buffalo News and appeared in their supplement called "Car Finder" on April 17, 2003

Increase horsepower, improve fuel economy with synthetic motor oils

Spring's arrival brought warmer weather, spring cleaning and, for motorists, it brought the annual spring oil change. Of the many motor oils on the market, many people prefer synthetic motor oils for the superior year-round protection and engine performance they deliver.

Synthetic motor oils offer many advantages over conventional motor oils. Even though synthetics have been around for nearly three decades, consumers are only just now becoming aware of these high-tech lubricants.

The relationship between friction and engine horsepower is easy to perceive. Reduce friction, and an engine's pistons, gears and power train will operate more efficiently, producing more power. The greater the friction, the greater the dissipation of power.

In order to produce an equal amount of power with petroleum, one must expend a greater amount of energy (fuel ignition).

A feature story in the Sept. 1999 issue of "Corvette Fever" magazine offered readers tips on five ways to gain up to 40 more horsepower. (One of these tips, which the magazine called "Free Horsepower," was to switch to a synthetic motor oil called AMSOIL. From its inception in 1972, AMSOIL has recognized that reduced friction allows great engine-operating efficiency, increased power and reduced fuel usage. Today, nearly every major oil company has a synthetic motor oil as part of its product offering.

In addition to increased horsepower, synthetic oils enable motorists to save money due to other benefits. An

Eaton Truck Components brochure recently highlighted four ways people could save money using synthetic lubricants:

- Save money on lube by changing at less frequent intervals
- Save money in reduced fuel usage (increased fuel efficiency)
- Save money on reduced downtime
- Save money on longer lasting seals



Numerous tests have demonstrated the increased fuel efficiency of synthetic lubricants. In a Sequence VI Engine Test for fuel economy at one independent testing firm, AMSOIL Series 2000 Synthetic OW-30 demonstrated the highest test score ever recorded by that facility. The results were deemed "fabulous" in a written correspondence, and "the best ever seen" by company engineers.

Because they are more resistant to viscosity breakdown, synthetic motor oils last longer. Their thermal stability offers better protection against deposit formation and sludge. Thick oxidation resistance and resistance to burn-off results in lower oil consumption.

In short, the benefits of synthetics are extensive. For this reason, many believe that synthetic motor oils will be the lubricant of choice in the new millennium.

For more information on synthetic lubrication and other automotive needs, AMSOIL offers a free catalog of premium car-care products. Call toll free (800) 777-8491 or visit www.amsoil.com on the Internet.

— Metro

An Idiots Guide To Mosquitoes FOR DUMMIES



SCIENCE CORNER with Dr. Marcus Folli *With assistance from Mr. Mark Sedore* *Mosquito myths (& things which are not myths)*

It's summer again, yo. The time of year across Canada when mosquitoes will eat you. Here we shall explore some of the facts and some of the things which are not facts about mosquitoes, and in this way you will learn about them.

Mosquito Biology

Mosquitoes are insects of the family Diptera, meaning "true flies". Their proboscis (or "nose-needle") is the part that sticks into you and sucks out your blood. It has a separate, independent passageway that injects an anti-coagulating saliva into the wound to prevent your blood from clotting while it feasts.

Mosquitoes lay their eggs in the water where the larvae and pupae develop before emerging as adults. Mosquitoes can develop in either salt water or fresh water, as long as the water is still. While some mosquitoes spend winter in the egg stage, under ice, many native species have a life cycle so long that they lie dormant through the winter, laying eggs when the water thaws. There are over 3000 different species of mosquito in the world, about 100 different kinds are found in Canada.

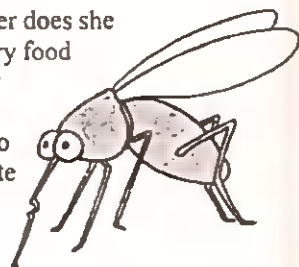
They're found on every continent except Antarctica, like so many other zany animals.

Mosquito Feeding

Only the female mosquito eats blood, but she doesn't feed the blood to mosquito larvae, you idiot. Neither does she *solely* drink blood; it's not even her primary source of food. Both the male and female mosquito's primary food source is nectar and plant sap (males don't even have the mouth parts necessary for drawing blood if they wanted to.)

A female will only drink blood after being fertilized (read: deflowered), but before laying eggs, in order to provide herself with enough protein, nitrogen and nutrients for reproduction. So, sure, a mosquito will bite you in order to have babies, but it will not have babies and then bite you to *support* those babies.

A mosquito typically consumes more than its weight in blood from a single bite (weighing only two-and-a-half milligrams, this is not hard). Female mosquitoes feed on blood roughly once every three to four days.



Mosquito Bites

The little welts you get on your skin are a result of an allergic reaction to the mosquito's saliva. They're itchy, but can be relieved with medication. You're advised not to scratch them, simply because of the risk of infection. You could open them up and get infected from diseases carried beneath your fingernails. As long as you're careful though, or have good grooming, scratch away.

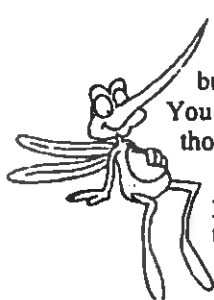
Because the mosquito injects the saliva *before* drawing blood (to prevent clotting and ease with "penetration"), you can get a mosquito bite even if you brush the mosquito away before it's drawn any blood from you. Mosquitoes both take *and* give.

You cannot make a mosquito "burst" by squeezing the area of flesh around it while it's biting you, you idiot.

Mosquitoes suck blood from animals and humans with many different degrees of blood pressure and have mechanisms to deal with different pressures. (You *can*, interestingly, make a mosquito burst from drinking blood by cutting the nerve to its stomach, which will prevent it from knowing when it's full. This, however, requires tweezers and a small razor, but may still be found to be worth the effort.)

Mosquito Diseases

Mosquitoes will be responsible for the death of almost six percent of all the people alive in the world today (one in every seventeen people), and in this respect, are easily the most deadly animal on the planet (after humans). Malaria alone, a disease transmitted by mosquitoes, makes up for over three million deaths on the planet each year. They also carry diseases such as encephalitis, yellow



fever, dengue and the West Nile virus.

In the summer of 1999 a man in Michigan contracted malaria from a mosquito. His was the most northerly case in the United States since 1972, according to the U.S. Center for Disease Control.

Yellow Fever is highly fatal, killing half of the people infected with the disease, often causing delirium and seizures followed by a coma. Dengue causes massive haemorrhaging in your body but is not necessarily fatal (found mainly in Central America and northern South America). The West Nile virus (which can develop into encephalitis, an inflammation of the brain) has entered Canada from the United States this summer, but you're probably not going to get it. If, somehow, you *do* get it, you're not going to die from it. Probably.

Mosquitoes and HIV

For various reasons, mosquitoes cannot transmit HIV. Compared to the above mosquito-transmitting diseases, HIV is found in very small concentrations of human blood. Also, while other diseases multiply and develop in a mosquito's body (leaving mosquitoes carriers of the disease), the HIV virus is digested as food by the mosquito over the course of a day.

The mosquito's nose-needle has two tunnels and two openings; one to intake blood and one to inject saliva (entirely unlike a syringe, which only has the one passageway, and should never be shared with someone who has AIDS, you idiot). These two fluids in the mosquito do not mix, and as HIV does not develop in mosquitoes (or indeed any insect) it will not be found in their saliva.

The only possible chance of acquiring HIV from a mosquito would be if the mosquito were feeding on someone carrying the virus, ingested HIV, was interrupted halfway through feeding, and *then* began feeding on someone without the disease, who then crushed the insect and proceeded to force the splattered, infected blood into the wound. However, with even a fully-engorged mosquito, and using this technique, simply because of the low concentration of HIV in human blood, and the small amount of blood that mosquitoes ingest (about five millionths of a litre), there is still only a one in ten-thousand chance of contracting the disease. So, if you were in a room with ten thousand mosquitoes, all of which had just been interrupted halfway from feasting on people with HIV, and then if all of them began to bite you, and then you squashed all of them, and rubbed all of that blood into your body; *then*, yeah, maybe you could get some human immunodeficiency virus to call your own.

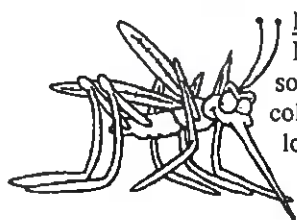


Mosquito Repellents

Plant-based repellents (such as citronella) are much less effective than DEET and ultrasonics are completely ineffective.

Electronic bug-zappers can actually *increase* the amount of mosquitoes in an area, as mosquitoes tend to account for less than 10% of the insects they kill, while the zappers can exterminate beneficial mosquito-eating insects from an area. Bats and insectivorous birds tend not to eat many mosquitoes, though the insect makes up a large part of a dragonfly's or spider's diet.

DEET (N,N-diethyl-3-methylbenzamide) is the most effective insect repellent currently on the market. It was patented by the U.S. Army in 1945 and is the most-researched bug repellent. It is available in up to 100% solutions and has no adverse effects when used correctly (on your skin, not your eyes or in your mouth). While DEET does disintegrate plastics and inorganic materials (like polyester) it does not react with organic substances.



Mosquito Attraction

Mosquitoes are highly attracted to smell and heat, are slightly more attracted to men than women, and some species of mosquito are more to a particular body part, such as the foot or the head. Perfumes and colognes can be found to either attract or repel mosquitoes, it isn't necessarily the case that someone with a lot of perfume on will attract them, you idiot. Hairsprays can actually repel mosquitoes, as they mask the smell of folic acid, which is highly attractive.

Mosquitoes are *most* attracted to carbon dioxide, and may follow your trail of exhalation as you hike through the woods (or whatever).

Wearing dark colours will increase your attractiveness to mosquitoes, as your clothes will absorb more heat than light colours. However, detergents, body odour, or other factors may counteract this effect.

Mosquito Nightlife

As mosquitoes, like all insects, are cold-blooded creatures, their body temperature fluctuates with the environment. In Canada this tends to result in much less mosquito activity during the cooler nights, but in warmer climates some mosquitoes have developed that are almost solely nocturnal. Mosquitoes function best at about twenty-five degrees and cannot function at all below ten, when they will lie dormant in a state of torpor (or "bug-sleeping").

Mosquito Intelligence

Mosquitoes have relatively below-average intelligence as far as insects go. They're not as smart as bees or ants, but are way smarter than moths and you.

Thanks to Mark Sedore of "the Kybo" for this contribution.

Fit as a Fiddle

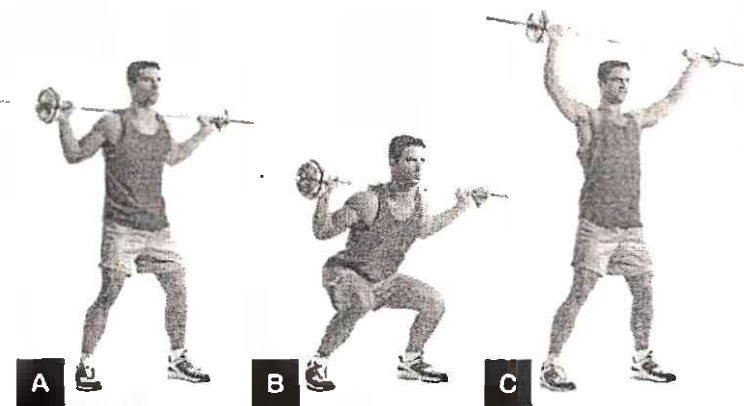


Personal fitness does not mean having a sculpted body and posing for weight lifting magazines. It does mean getting your body into a healthy state with a reasonable weight for your height and body structure, a firm muscle tone and being able to do some physical activity without wheezing. This column is *NOT* intended to replace your doctor, nutritionist or a certified trainer. It *IS* intended to give some common sense suggestions concerning exercise, nutrition and keeping fit.

this article originally appeared in the "Personal Fitness Professional" magazine

THE 15 MINUTE MUSCLE BUILDER

OUR FAVORITE piece of fitness equipment: the classic barbell. You can use it not only for jousting, but also to do this total-body exercise from Mark Philippi, C.S.C.S., the strength coach at UNLV. Do six repetitions of each move without changing weights and without rest. After you're finished, rest 1 minute and repeat (give yourself 2 minutes if you're a beginner). The benefit: Hard work = hard muscle. Start with a 45-pound barbell. Too hard? Try some dumbbells.



1. Squat and Press

MUSCLES WORKED: *entire body*

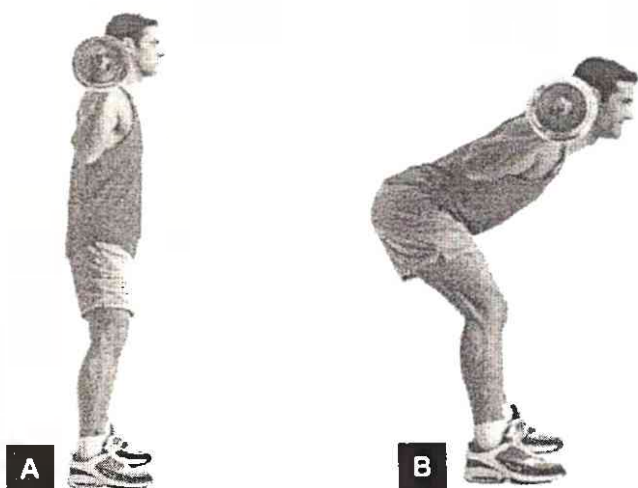
Place the bar behind your head and rest it behind your shoulders, holding it so that your elbows are pointing down [A]. Slowly sit back as you lower yourself until your thighs are parallel

to the floor [B]. Pause, then press your heels into the floor, push yourself back up to the starting position, and use your upward momentum to drive the bar over your head to do a shoulder press [C]. Lower the bar to the starting position and repeat.

2. Good Morning

MUSCLES WORKED: *lower back, hamstrings*

From the same starting position as for the squat and press [A], bend forward at the waist by moving your hips backward while your back remains slightly arched and your knees slightly bent. Lower your



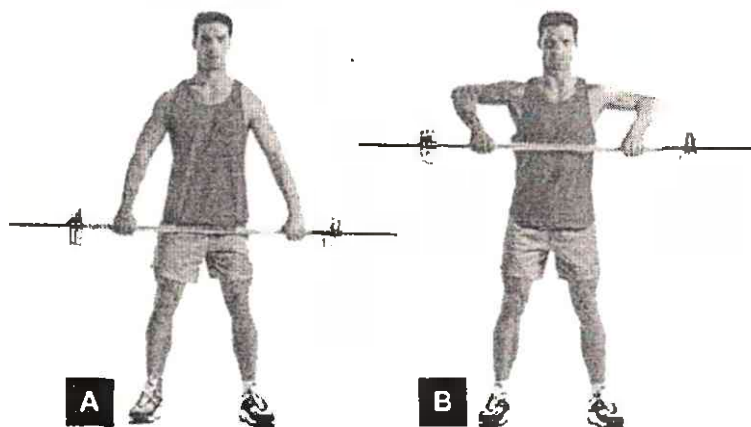
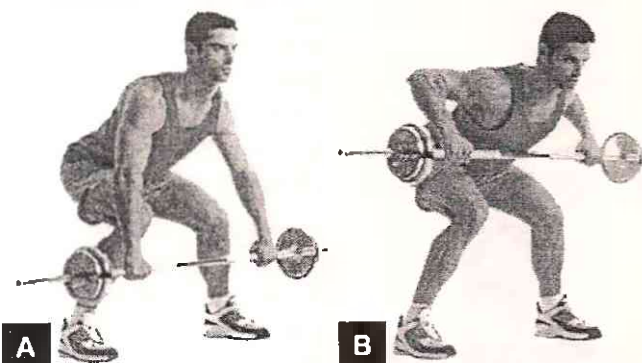
chest; your back should go no farther than parallel to the floor [B]. Return to the starting position.

3. Bent-over Row

MUSCLES WORKED: *upper back*

Hold the bar with an overhand grip, hands slightly wider than shoulder-width apart. Bend your

knees, then bend at your waist, holding the bar at arm's length. Keep your back flat throughout the movement [A]. Bend your elbows to pull the bar to your chest [B]. Pause, then return to the starting position.

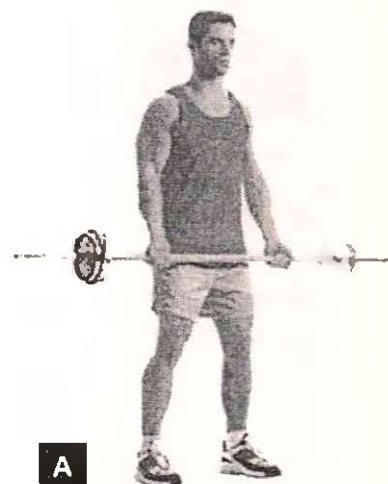


4. Upright Row

MUSCLES WORKED:

Shoulders

Grab the bar with an overhand grip with your hands slightly



wider than shoulder width apart. Rest the bar at arm's length on the front of your thighs [A]. Keep the bar close to your body and pull the weight up to your lower chest, keeping your elbows above the bar [B]. Pause, then return to the starting position.

5. Biceps Curl

MUSCLES WORKED: *duh, biceps*

Hold the bar with an underhand grip, your hands shoulder-width apart [A]. Keep your elbows close to your sides and curl the weight toward your chest [B]. Pause at the top of the movement, then return to the starting position.



OUT & ABOUT

Number 25

Preparing for a Canoe Trip Or How Stephen and I became Venturer Advisors

Back in March of this year the phone rang and my next door neighbour asked a leading question. "Are you still registered with Scouts Canada?" At that time I didn't even know that Susana was involved with Scouting let alone the chairperson of 4th Willowdale. It didn't take long for the inevitable request. "Could I help out as an assistant Scout Leader until new leaders could be arranged?" I responded by saying that I was hoping to revive my Rover Crew by starting a Venturer Company, but could help out in the interim. You see, **old age** had hit our Rover Crew pretty hard in the last few years, what with weddings (including two members to each other), new jobs, a move to Hungary for university and others moving out of town and then there were those new babies that kept showing up.



After meeting the Scouts of 4th Willowdale, I called Stephen Bone (nee 2nd Willowdale Rovers) husband of Nicola Dorosh (nee Brimley Forest Rangers and a past Rover Advisor of the 3rd Newtonbrook Rovers) and a friend since we all met at Olympic Moot (1972 – 1987). You see, the week after becoming the Assistant Scout Leader at 4th Willowdale, I became **THE Scout Leader** at 4th Willowdale. I knew then that providence had smiled on 3rd Newtonbrook, as the scouts of 4th Willowdale were already largely Venturer age and would make the trip up to Venturers in September.

As March turned into April, Stephen and I had to come up with a programme for the Scouts that would take them into the summer immediately. We chose canoeing, as it was not only something both Stephen and I were trained for but as something that had gone missing in the scouts development so far and something they jumped at the chance to do.

We started off with some dry land sessions during the normal weekly meetings. Boating safety regulations (see below), parts of the canoe and paddle, throw bags, loading and unloading canoes and portaging. Then we moved on to a pool session, which returned to the throw bags, and added swimming with a PFD and introduced a few paddle strokes. By this time the guys were anxious to get into a canoe and we didn't blame them, so we then had a practice session on the Rouge River in Scarborough on a Sunday afternoon with a BBQ afterward. During the session on the Rouge River we practiced figure eight's around buoys, which encouraged teamwork within the canoe and additional practice of canoe strokes.

We ended the year with a weekend trip to Haliburton, Ontario. On Saturday we canoed between the village of Irondale and Furnace Falls on the Irondale River, a trip of approximately 10 km. On Sunday we practiced canoe over canoe rescues and swimming our capsized canoes ashore.

While the approach we took followed the traditional paddling badge for Scouts, it also gave the up and coming Venturers a chance to learn new skills and the soon to be Venturer Advisors a chance to evaluate the new Company to be.

With September on the horizon, Stephen and I are expecting that the new-formed **3rd Newtonbrook Venturers** will be up to the **challenge** of a number of weekend canoe trips over the years to follow.



Boating Safety Regulations:

Items required to be worn or contained within every Canoe, Kayak, Rowboat or Rowing Shell (not over 6 metres in length) in Canada, as per the Safe Boating Guide published by Fisheries and Oceans Canada, Coast Guard.

1. One Canadian-approved personal floatation device or lifejacket of appropriate size for each person on board.
2. One buoyant heaving line of not less than 15 m in length.
3. One manual propelling device OR an anchor with not less than 15 m of cable, rope, or chain in any combination.
4. One bailer or one manual water pump fitted with or accompanied by sufficient hose to enable a person using the pump to pump water from the bilge of the vessel over the side of the vessel.
5. A sound signaling device or a sound signaling appliance
6. Navigation lights that meet the application standards set out in the *Collision Regulations* if the pleasure craft is operated after sunset and before sunrise or in periods of restricted visibility.



Final Thoughts:

Many thanks to **Mystery Moot** (near Whitby, Ontario) for the great time we had. It was our Venturer Company's **first Moot** and the guys had a great time. Especially when they took home some hardware (1st in the Morning Relay Run and 2nd for Best Spirit).



On a personal note, a special thanks to the Mystery Moot staff from 1st Whitby who had kind words to say about Russ and Virginia Wilde. The Wilde's are my nephews Josh and Jamie's grandparents and were past leaders of 1st Whitby. It nice to know that current Rovers and leaders still appreciated the efforts of their past Beaver, Cub and Venturer leaders.

Members of my Rover Crew had paddled the Irondale River many times and Stephen and I knew it better than any other river. We knew it to be a flat-water river with lots of turns, deadheads, logjams, sweepers, strainers and shallows. Just what was needed for a group's first outing to drill home team work in the canoe and practice, practice, practice individual paddle strokes.



Oh, bad joke of the weekend. What do you call a log owned by a fan of the group the "Grateful Dead" that's floating in the water in front of your canoe? Why simply a **Deadhead's deadhead dead a head**. I take full responsibility for that one.

Kirby McCuaig
3rd Newtonbrook
Venturers/Rovers

ROVENT 2003

October 24th -26th 2003
Opemikon Scout Camp



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Test your skill during the Fair of Games!
Show your cunning at the Siege!
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\$30 pre-registration by Oct. 12th or \$35 at the gate
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Jen: (613) 726-6245

or

Al: alan_griffin@hotmail.com

ATTAWANDERONK

MOOT REPORT 2003

THE END OF AN ERA!

For the past Twenty Years, we have known Attawanderonk Moot as the camp with the sun, fun and definitely the mosquitoes. It was a hard decision to stop having this moot especially when we all loved putting it on. What it came down to was we didn't have the people to run it anymore. However, our last and final camp went out with a bang.

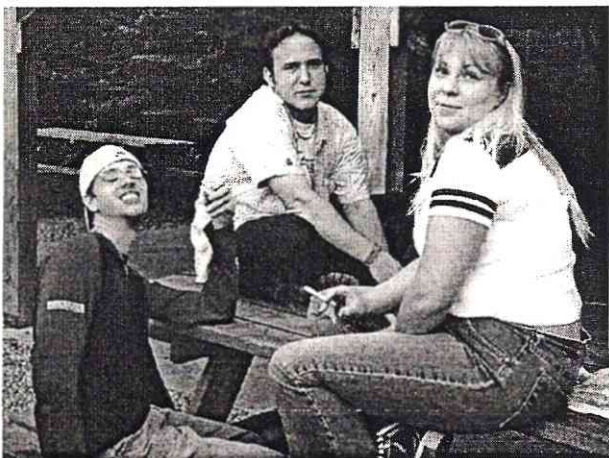
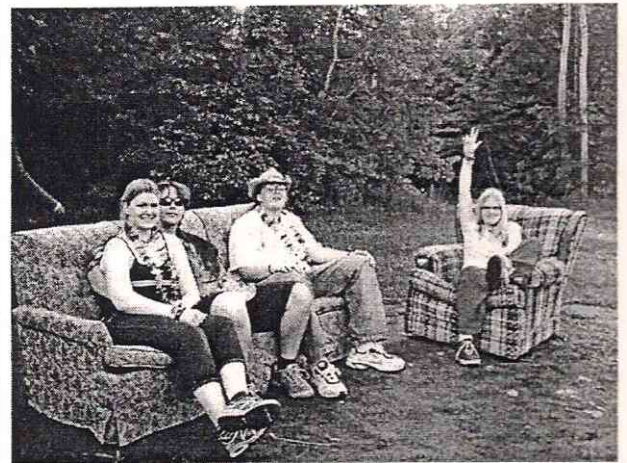
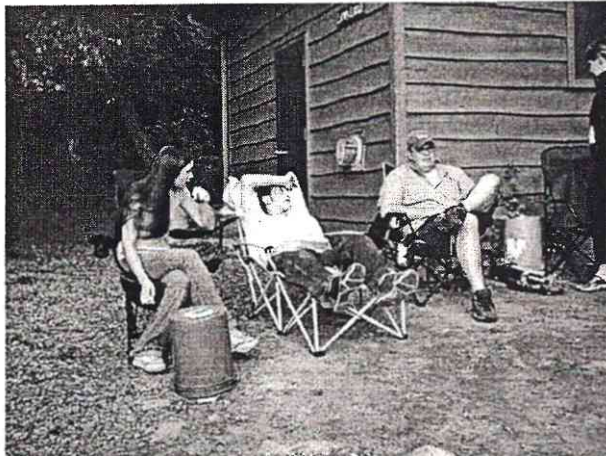
Events were a collection of past events that we thought would keep crews interested and having fun...which they did. A BIG congratulation goes out to James Drake, from Markham (with some help from Scrib) who won "Overall" in the events! To everyone else...you put forth a fantastic effort and hopefully had a great time doing it!

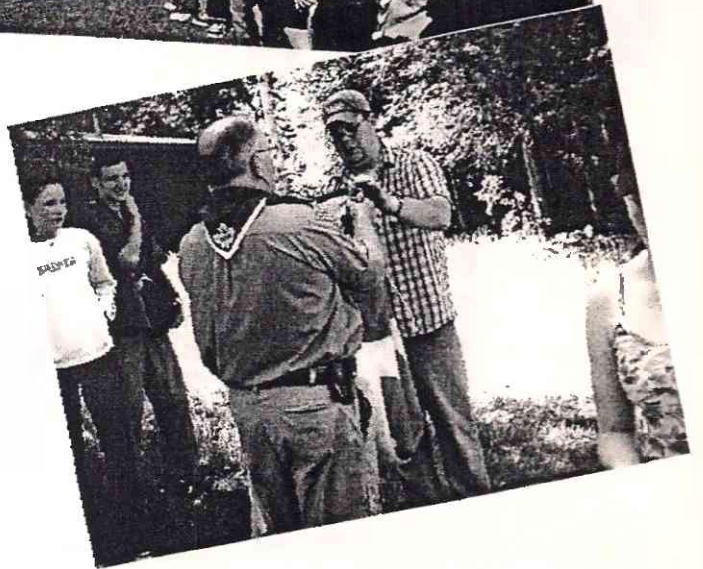
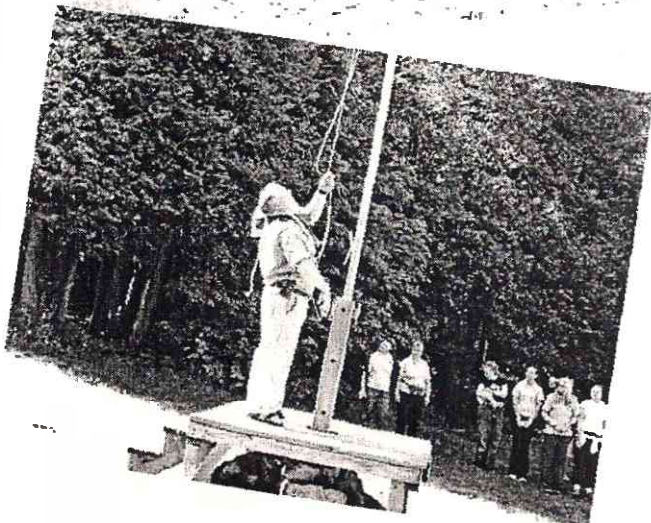
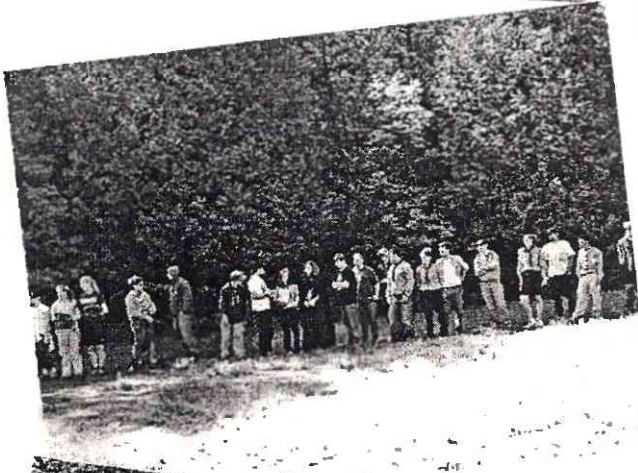
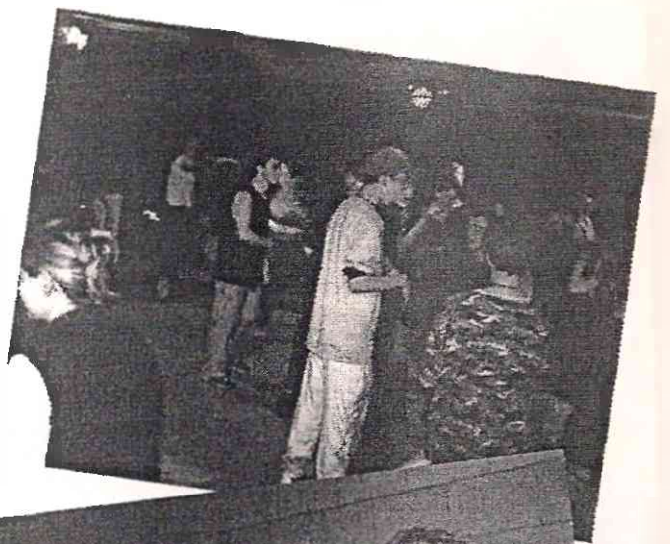
As much as we would like to think our camp ran effortlessly, it didn't. In the years that we've been running Attawanderonk, I don't think that we've had more use of first aid than we did that weekend. With the appearance of an ambulance Friday night and a quick trip to the hospital Saturday night, we are glad that the parties involved were ok and able to enjoy the rest of the weekend.

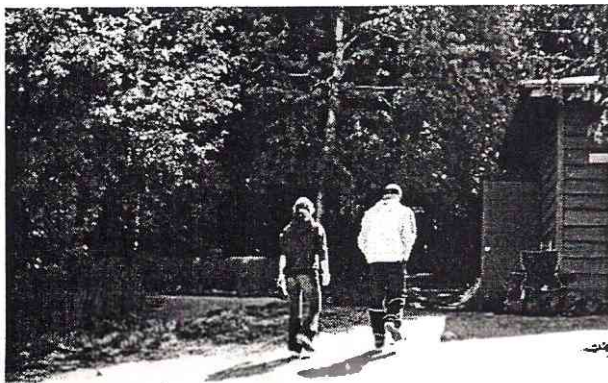
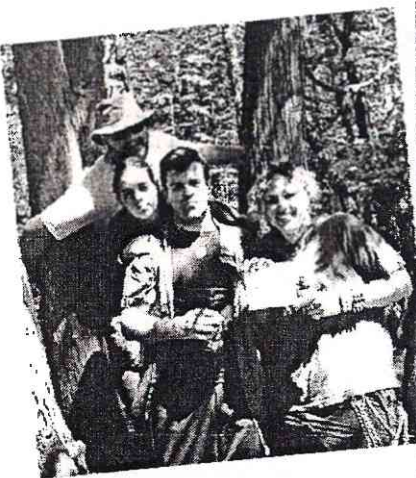
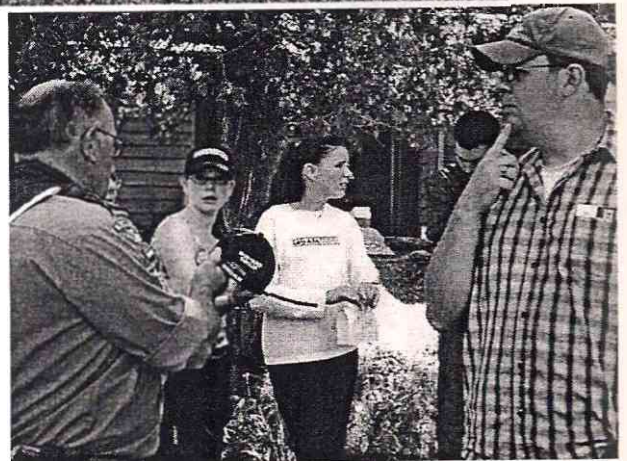
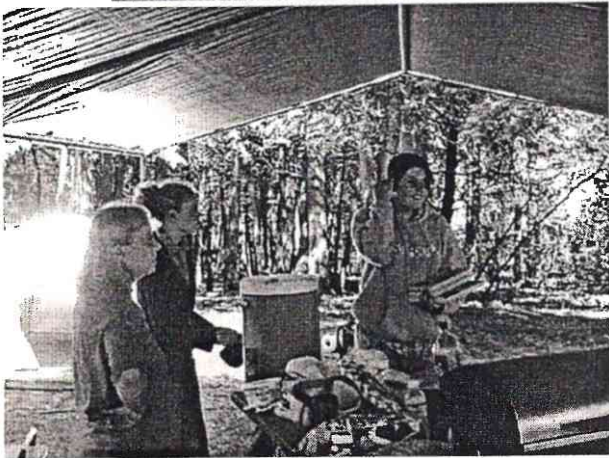
Finally I would like to say a big thank you to every person that has ever helped run Attawanderonk Moot, without all of you we would have not been able to give Scouting & Guiding TWENTY AWESOME YEARS! To all of you existing and new Moots, I am going to give you one word of advice...have a ton of fun with what you are doing. The Atta crew sure did and it made our memories even more memorable.

So, on behalf of 1st Elmira Rover & Rangers, we declare Attawanderonk Moot closed for good. See you at your Moots now!

*Rae Bauman (AKA- Elmira Girl)
Camp Cheif*







**The *LAST*
Attawanderonk Moot
2003**

*photos by
Monte MacDonald
and
Simon Hollick*

Attawanderonk Moot – the End

the Photo-Journalist



Like to see your name in print, but you can't write an article? How about sharing the highlights of your Rover experiences with the rest of us by sending in picture(s) with appropriate captions. We'll print them and list your name as the contributor..

Send your works of art to:

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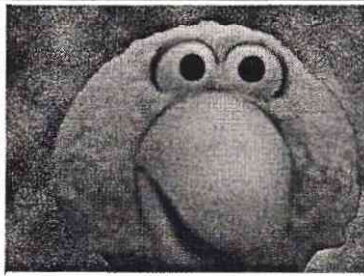
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or via email:

<canadian_rover@hotmail.com>

NOTE: If you mail us the actual photographs and you want them returned, please include a self addressed envelope.



HI !!!

*photos from
Monte MacDonald*

**Monte & friend at the
Attawanderonk Moot**

Congratulations

*Newly Invested Rovers
& Advisor*

**1st Bay Ridge Avalonian
Rover Crew**

*(r) Mike Pemberton
(advisor);*

David McDonald;

(f) Sophia Doole;

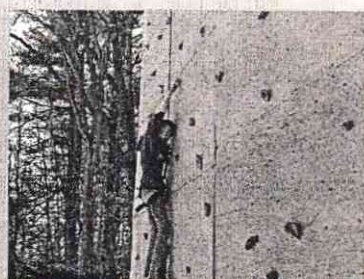
Nancy Shaw

Investitures

on Friday, June 20th

at the

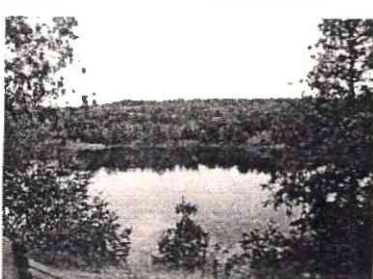
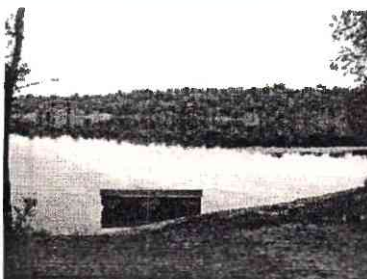
Hill Billy Hoe Down weekend



Venture Assembly 2003

Just Hangin' Around

*photos by
Bryan Rooney*

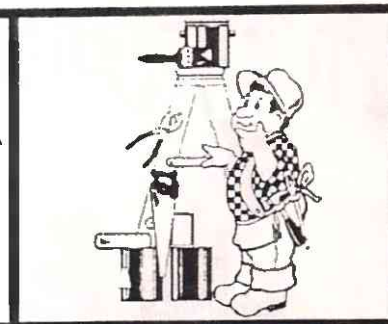


Hill Billy Hoe Down weekend

Overlooking Otter Lake

*photos by
Ye Olde Editor*

TOOL TIME

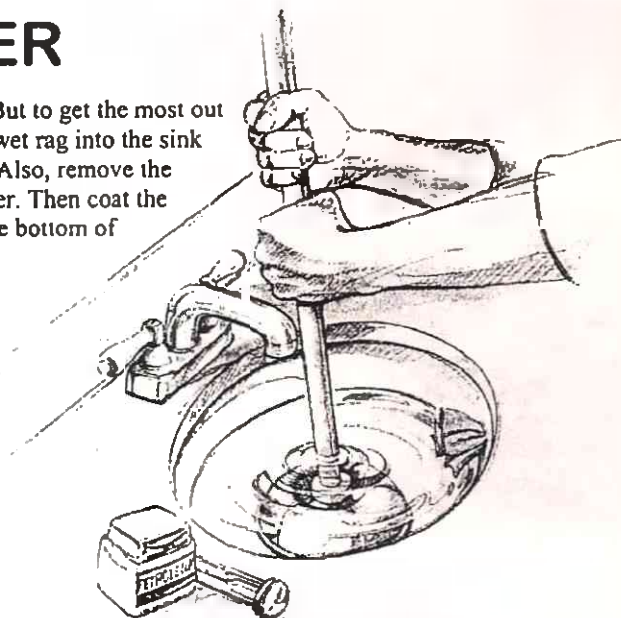


All Rovers, male and female, young or old, get called upon at one time or another to do fix-it jobs. Sometimes as a Crew project, sometimes as a home repair project, and sometimes to help a friend. In this column, we're going to try to bring you tips to make some of these jobs easier.

POWER TO THE PLUNGER

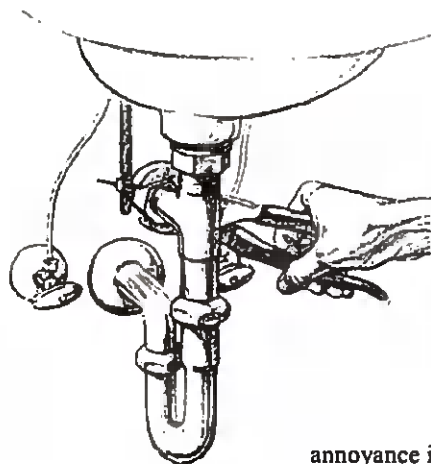
A plunger is the first tool to reach for when a sink gets clogged up. But to get the most out of your efforts, employ these tricks of the plumbing trade: First, stuff a wet rag into the sink overflow hole so that all of the plunger power goes directly to the clog. Also, remove the pop-up drain plug and, if possible, fill the basin about halfway with water. Then coat the lip of the plunger with petroleum jelly to form an airtight seal against the bottom of the sink.

Pump the plunger up and down several times, making sure you don't break the seal with the sink. Then quickly yank the plunger off. Repeat this four or five times, or until the clog is cleared. If the obstruction remains, remove the trap below the sink and snake out the drain line with a cable auger.



↑ *"simple solutions"*
↓ *'Today's Homeowner' magazine - January 1999*

REPAIR FOR A LEAKY DRAIN PLUG



The pop-up plugs on bathroom sinks tend to loosen up over time and lose their watertight seal. As a result, water trickles down the drain making it impossible to keep the basin filled up.

You can fix this annoyance in less than a minute. Look beneath the sink and locate the large retaining nut that secures the horizontal pivot rod to the back of the vertical drainpipe. Grab the nut with pliers and carefully tighten it.

Pull up on the plug handle and turn on the water to see if the plug seals tightly against the drain. If it doesn't, tighten the nut some more. If you can't raise the handle, then the nut is too tight. Loosen it a little and test the plug one more time.

STAY-FRESH PAINT ROLLER

Next time you're painting a room and want to take a lunch break-or even knock off for the night-don't bother rinsing out the roller sleeve. Instead, roll out as much of the excess paint as possible, then cover the roller sleeve in aluminum foil. Crimp the foil around the ends of the sleeve to seal out air.

If you're not going to be able to get back to painting for more than 12 hours or so, pull the sleeve off the roller frame, wrap it in foil and pop it into the refrigerator. There, it will stay fresh for up to four days. Take it out of the refrigerator-but don't unwrap it-at least two hours before you're ready to resume painting. This warm-up period allows the nap to become pliable again and ready for painting.



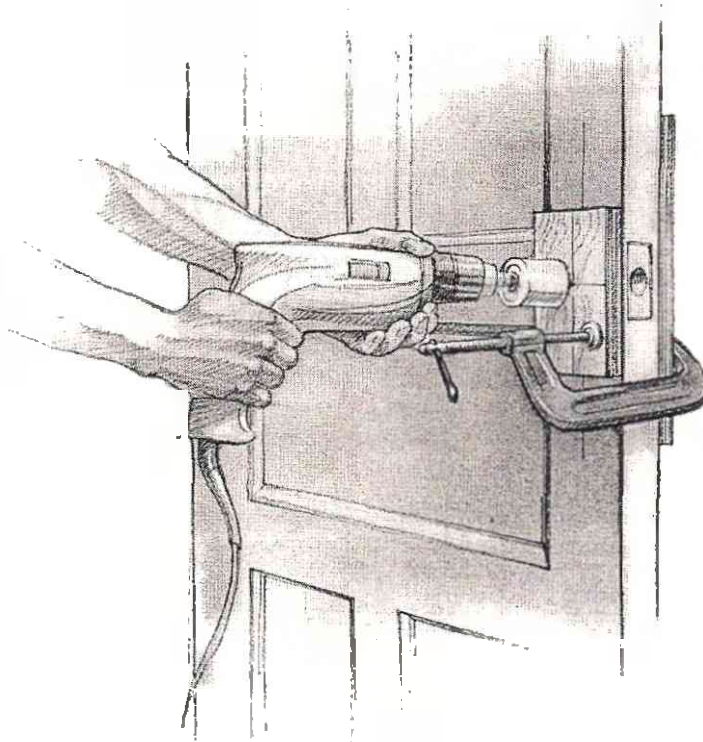
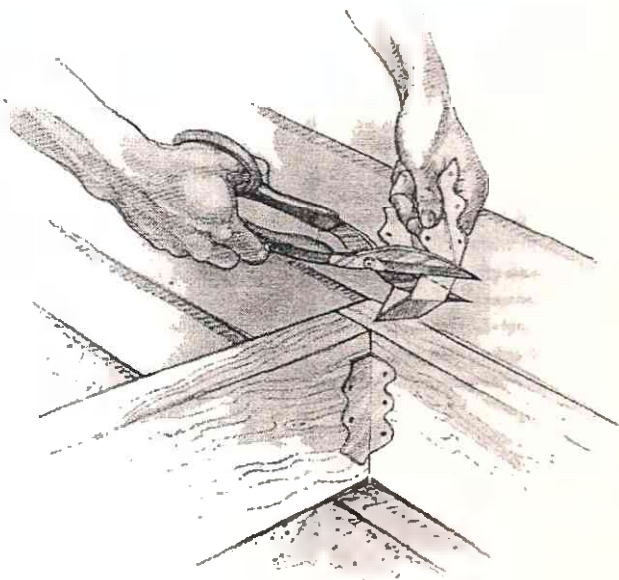
→ *"simple solutions"* *Today's Homeowner' magazine - May 1999* →

Custom Corner Bracket

Metal joist hangers provide a quick, easy way to attach floor joists to ledger boards, cross beams and header joists. But with a slight modification, you can turn these handy hangers into right-angle corner brackets.

Use tin snips or a hacksaw to cut the sides of the joist hanger from its squared-off bottom end. Discard the bottom piece but save the two side pieces; each one can serve as an extra-strength corner bracket. Nail or screw the metal bracket to the inside-corner joint between two boards, as illustrated.

Joist hangers are available in various sizes for use with lumber ranging from 2x4 to 2x10. These hangers will yield corner brackets ranging from about 3 to 8 in. long.



Hole Saw Hint

A hole saw is completely ineffective when used to enlarge an existing hole. Here's why: When you're drilling a new hole, the pilot bit guides the saw into the wood and keeps it cutting on course. But when you're enlarging a hole, there is no wood for the pilot bit to bore into. As a result, the hole saw wobbles recklessly all over the place.

To overcome this problem, fasten a piece of 1/2-in. plywood over the existing hole. Then bore into the plywood and through the hole behind it. The plywood will hold the pilot bit on track until the saw starts cutting.

When enlarging a lockset hole, mark the centerlines of the old hole on the door. Then mark centerlines on the plywood block. Lay the block on the door and align the two sets of center marks. Place a second plywood block behind the door and clamp the parts together, as illustrated. Set the pilot bit on the intersecting centerlines and bore clean through the plywood and door. The second plywood block will prevent the hole saw from splintering the back of the door.

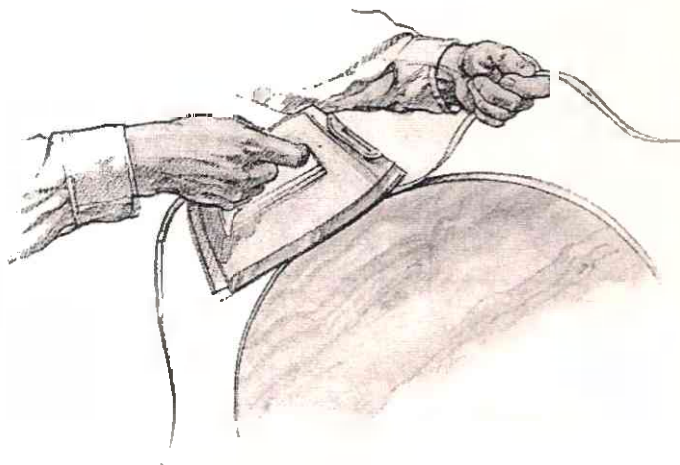
*Tips on this page from: "simple solutions"
'Today's Homeowner' magazine - December 2000*

Easy Edge Cover-up

Next time you're building a plywood bookcase, tabletop or shelving unit, put down your hammer and reach for the clothes iron. That's right. An ordinary electric iron can be used to apply iron-on veneer tape to the edges of the plywood.

The thin wood veneer is back-coated with a heat-sensitive adhesive. Simply lay it onto the plywood edge and press it down with a hot iron. The flexible veneer can be applied to long straight edges and to contoured pieces, such as a rounded tabletop.

The veneer tape is sold through woodworking-supply catalogs and at specialty tool shops. It comes in a variety of wood species in three standard widths: 1 3/16, 1 9/16 and 2 in. Prices range from 30 to 75 cents per linear foot.

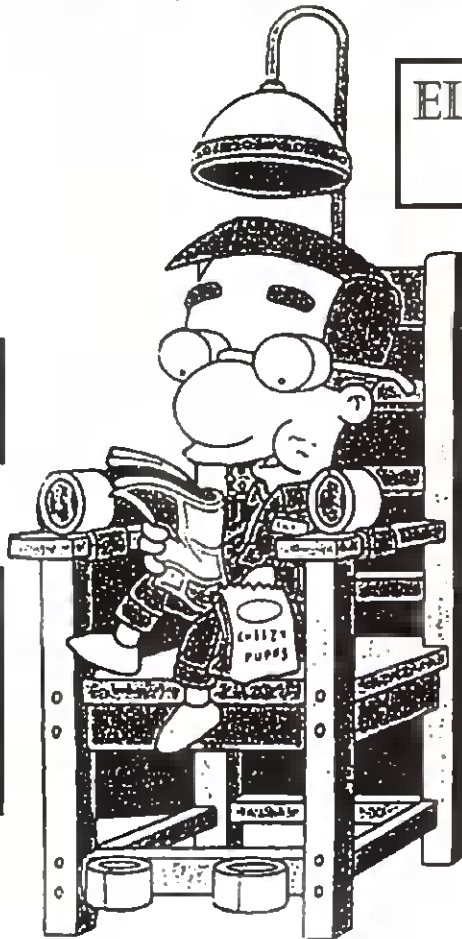


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A loud pounding on the door awakens a man and his wife at 3 o'clock in the morning. The man gets up and goes to the door where a drunken stranger, standing in the pouring rain, is asking for a push.

"Not a chance," says the husband, "it's three o'clock in the morning!" He slams the door and returns to bed.

"Who was that?" asked his wife.

"Just some drunk guy asking for a push," he answers.

"Did you help him?" she asks.

"No, I did not, it's three in the morning, and it's pouring out!"

"Well, you have a short memory," says his wife. "Can't you remember about three months ago when we broke down and those two guys helped us?" "I think you should help him and you should be ashamed of yourself!"

The man does as he is told, gets dressed, and goes out into the pounding rain. He calls out into the dark, "Hello, are you still there?"

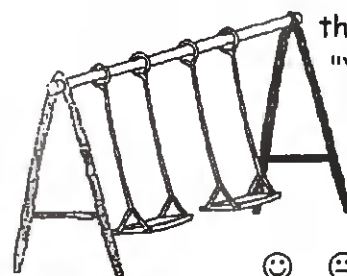
"Yes," comes back the answer.

"Do you still need a push?" calls out the husband.

"Yes, please!" comes the reply from the dark.

"Where are you?" asks the husband.

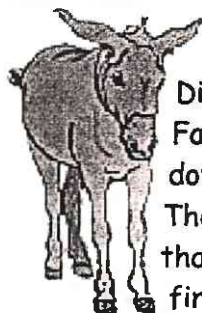
"Over here on the swing!" replies the drunk.



Farmer Joe decided his injuries from the accident were serious enough to take the trucking company responsible for the accident to court. In court the trucking company's fancy lawyer was questioning Farmer Joe.

"Didn't you say, at the scene of the accident, 'I'm fine,'" said the lawyer.

Farmer Joe responded, "Well, I'll tell you what happened. I had just loaded my favourite mule, Bessie, into the.."



"I didn't ask for any details," the lawyer interrupted, "just answer the question. Did you not say, at the scene of the accident, 'I'm fine!'"

Farmer Joe replied, "Well, I had just got Bessie into the trailer and I was driving down the road..."

The lawyer interrupted again and said, "Judge, I am trying to establish the fact that, at the scene of the accident, this man told the Highway Patrolman he was just fine. I believe he is a fraud."

By this time the Judge was fairly interested in Farmer Joe's answer and said to the lawyer, "I'd like to hear what he has to say about his favourite mule Bessie."

Joe thanked the Judge and proceeded, "Well, as I was saying, I had just loaded Bessie, my favourite mule, into the trailer and was driving her down the highway when this huge semi-truck and trailer ran the stop sign and smacked my truck right in the side.



"I was thrown into one ditch and Bessie was thrown into the other. I was hurting real bad and didn't want to move. However, I could hear ole Bessie moaning and groaning. I knew she was in terrible shape just by her groans.

"A Highway Patrolman came on the scene. He could hear Bessie moaning and groaning so he went over to her, took out his gun and shot her between the eyes! Then the Patrolman came across the road with his gun in his hand and said, 'Your mule was in such bad shape I had to shoot her. How are you feeling?' What would you say?"



The
Funny
Bone

The Funny Bone

Beer and the Philosophy of Life

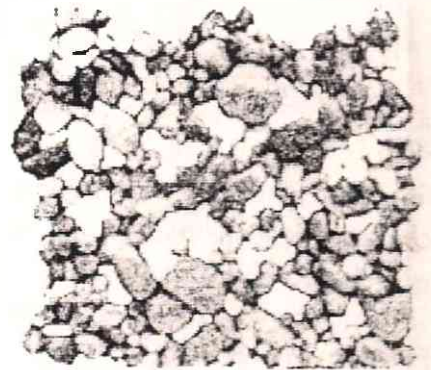
A philosophy professor stood before his class and had some items in front of him. When the class began, he wordlessly picked up a very large and empty pickle jar and proceeded to fill it with rocks, about 2" in diameter. He then asked the students if the jar was full?



They agreed that it was. So the professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles, of course, rolled into the open areas between the rocks. He then asked the students again if the jar was full.

They agreed it was. The professor picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else. He then asked once more if the jar was full. The students responded with an unanimous -- yes.

The professor then produced two cans of beer from under the table and proceeded to pour the entire contents into the jar effectively filling the empty space between the sand. The students laughed.



"Now," said the professor, as the laughter subsided, "I want you to recognize that this jar represents your life. The rocks are the important things you, your family, your partner, your health, your children - things that if everything else was lost and only they remained, your life would still be full.

"The pebbles are the other things that matter like your job, your house, your car. The sand is everything else -- the small stuff.

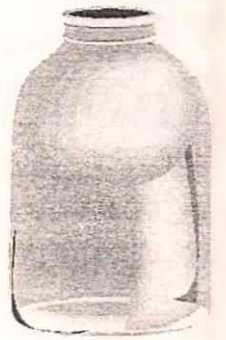


"If you put the sand into the jar first," he continued "there is no room for the pebbles or the rocks. The same goes for your life. If you spend all your time and energy on the small stuff, you will never have room for the things that are important to you. Pay attention to the things that are critical to your happiness. Play with your children. Take time

to get medical check-ups. Take your partner out dancing. There will always be time to go to work, clean the house, give a dinner party and fix the disposal.

"Take care of the rocks first -- the things that really matter. Set your priorities. The rest is just sand."

One of the students raised her hand and inquired what the beer represented. The professor smiled. "I'm glad you asked. It just goes to show you that no matter how full your life may seem, there's always room for a couple of beers."



HILL BILLY HOE-DOWN

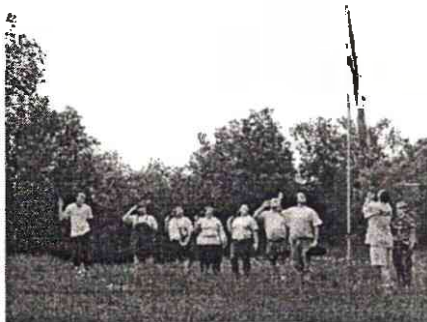
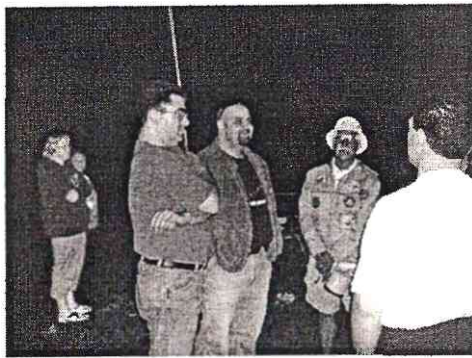
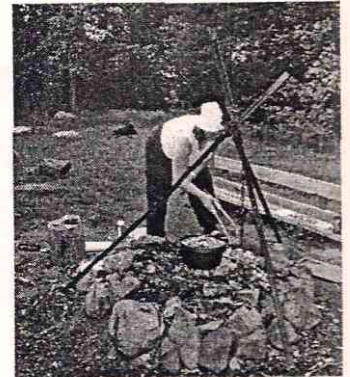
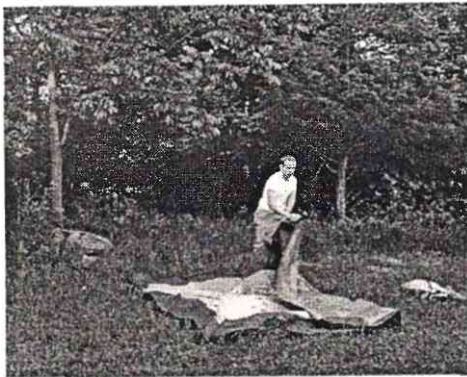


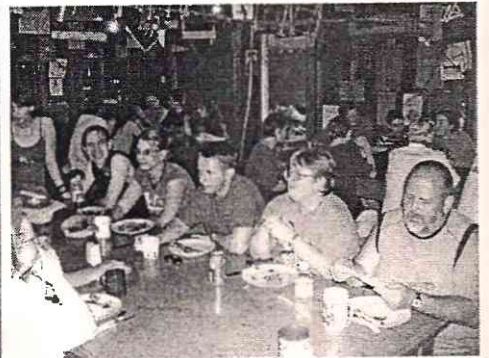
Another successful hoedown, hosted by the 18th Kingston Rovers, was held on the week-end of June 20-22. The 2nd Annual Hill Billy Hoe-Down proved to be a busy weekend at Otter Lake Scout Camp (near Sydenham, Ontario).

Registration went well on Friday night and all the groups got their camp sites organized. Although the weather was a little dreary Saturday, it did not put a damper on the day's events. Neil Looby (6th Rideau Lakes) won the hay toss for the second year in a row. There were other games going on as well including: tug-o-war, hill billy shot put and hill billy hockey. After a lunch break, groups had the choice to participate in the car tour and/or the scavenger hunt. Both of these activities were won by 4th Petawawa Rovers. The feast was great on Saturday evening with a roast beef dinner. We all wished Neil and Colleen Looby a Happy Anniversary with a wonderful cake for desert. After dinner, the minnows took their racing positions. The winner of the minnow races was 'Bailey' with Derek Bradley (6th Rideau Lakes) as coach. Later, we all danced the night away.

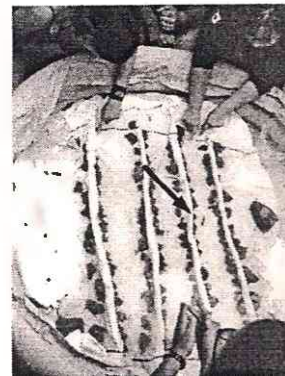
Sunday turned out to be a beautiful day. Everyone said their goodbyes at closing and, after the VRRRT meeting, went their separate ways until the next time. We look forward to seeing everyone next year.

Amy Caird
18th Kingston Rovers
amycaird@hotmail.com





*Hoe-Down Pictures
by
Ye Olde Editor*



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**You are invited to
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September 19th-21st, 2003**



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There will be a Mystery Scavenger
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15\$ pre-reg by August 31st or 17\$ at the door

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For More Information

Contact:

Eleanor Blake

905-336-7548

spriteboy@cogeco.ca

Conference/Training Dates

ONTARIO

September 5-7

Gilwell Reunion
Blue Springs Scout Reserve
Acton, ON

September 19-21

Eastern Ontario Gilwell Reunion
Camp Opemikon
Perth, ON
melanie.lambert@nrc-cnrc.ca

December 6

Leader's Social Pot Luck Dinner
Vickers Heights Community Centre
Thunder Bay, ON
scsnow@tbaytel.net

November 22-23

Crew Woodbadge Part I
Scout House
Greater Toronto Council
Contact: GTR Training Department
(416)490-6364 ext 237

GREATER TORONTO COUNCIL

March 18, 2004

Planning a Backpacking Trip
Scout House
Greater Toronto Council
msingleton@scouts.ca

April 22, 2004

Planning a Bicycle Camping Trip
Scout House
Greater Toronto Council
msingleton@scouts.ca

VOYAGEUR COUNCIL

August 23, 2003

Boat Rescue Award
Whispering Pines Camp
Voyageur Council, ON
stewross@magma.ca

November 1, 2003

14th Annual
Scouts Canada Food Drive
Ottawa, ON

WHITE PINES COUNCIL

?????

Woodbadge-Advanced Module I
Coaching Adult Members
Camp Samac
Oshawa, ON



SASKATCHEWAN

August 3-10

Leadership Skills Camp
Semi-Wilderness Camp
Anglin Lake, SK
www.servicacorps.cjb.net
Lew Harrison: (306)922-0091

NOVA SCOTIA

August 10-15

National Training Event
St. Mary's University
Halifax, NS
james.robertson@ns.sympatico.ca

BRITISH COLUMBIA

?????

Focus Training (Youth)
Camp Byng
Sunshine Coast, BC
Jill or Jocelyn at: (604)879-5721

QUEBEC

October 3-5

Gilwell Reunion
Camp Tanaracouta
Mille Isles, QC

NEWFOUNDLAND and LABRADOR

August 15-17, 2003

Outdoor Camping Skills Weekend
Camp Nor'Wes
Port Blandford, NL
lawsond@nf.sympatico.ca

August 22-24, 2003

Gilwell Reunion
Camp Nor'Wes
Port Blandford, NL
kpaddock@avinl.net

International Events

JULY/AUGUST

26 thru August 2, 2003 Norjam 2003
Royal Norfolk Showground
Norwich, Norfolk, UK
admin@norjam2003.org.uk

July 31 thru August 11 Roverway 2003
Portugal
contact@roverway2003.org
Explorer Belt - Uganda
UK contingent contact:
nick@ugandanetwork.org.uk

AUGUST

1-7 2nd Mongolian Rover Moot
Theme: Rovers Towards
Global Development
scout@mongol.net
2-9 Wings 2003
(Windsor International Guide
& Scout Camp)
Windsor, Berkshire, UK
info@wings2003.org.uk

SEPTEMBER

12-14 Bush Rally 2003
Benalla, Victoria, Australia
www.manibobar.com

OCTOBER

25-29 4th General Assembly of
World Scout Parliamentary
Union
Cairo, Egypt

AUGUST '04

12-11 12th World Moot
Hualien, Taiwan
www.scout.org.tw/wm2004

DECEMBER '04

29 thru January 10, '05
16th Australian Rover Moot
Tasmania, Australia
www.tassiemoot.com



UPCOMING EVENTS

UPCOMING EVENTS

SUMMER of 2003

Impeesa Extreme - Hiking, Caving;
Rock Climbing, Etc.
Camp Impeesa
Lethbridge, AB
Venturers/Rovers
scoutsar@telusplanet.net

AUGUST

- 1-4 Ancient Moot
Camp Impeesa
Drumbo, ON
Valerie: (519)245-4932
powwil@execulink.com
tvryder@sympatico.ca
- 16-23 SLS Area Algonquin Canoe Camp
Scouts and Venturers
alan@aslett.ca
(905)853-5041

SEPTEMBER

- 5-8 Joint BC/Alberta Moot
Salmon Arm, BC
- 26-28 MOOT MOOT 2003
Snake Island
Toronto, ON
www.mootmoot.ca



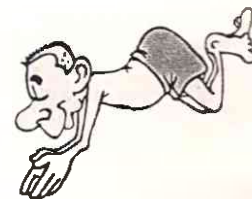
OCTOBER

- 10-18 Scared More Stupider
Granny Grunt Rover Crew
Camp Tamaracouta
Mille Isles, QC
Brian: (514)489-7521
Marcus: (514)626-8659
www.tcmap.ca/gruntmoot

CDRRT Events
Sept 19-21 1st Ever Event
Kingston, ON
for details:
Sophia Doole:
phiai@sympatico.ca
(613)634-7365

Alberta RRT Events
Nov 7-9 E-Vent 2003 & Meeting
Camp Kasota
Sylvan Lake, AB
for details on any of these:
tigress@shaw.ca
web site:

- 17-19 RAVE 2003
Location TBA
Halifax, NS
kevin.croft@ns.sympatico.ca



- 24-26 Jailbreak Moot 2003
Arpad Park
Niagara Falls, ON
www.jailbreakmoot.com
warden@jailbreakmoot.com
- 24-26 RoVent 2003
Opemikon Scout Camp
Perth, ON
Jen: (613)726-6245
or
alan_griffin@hotmail.com

NOVEMBER

- 1 Halloween Dance
Newmarket Scout Hall
Newmarket, ON
Sandra: (905)295-5251
crayolarockmyworld@hotmail.com
- 7-9 E-Vent 2003
Camp Kasota AB
Sylvan Lake, AB

JUNE 2004

- 25-27 The Million Dollar Moot
Goodyear Memorial Scout Camp
Orangeville, ON
Adam Martin:
(905)456-0597
bdyfa@hotmail.com

AUGUST 2004

- 14-21 Saskatchewan Jamboree
Scout/Venturer
Echo Valley Provincial Park, SK
jmeed@sasktel.net

MORE INSIDE !!!!!

If you have an event that you would like to see announced on these pages, or know of any events that should be, please email us the details and it will appear in the next issue

.....IT'S FREE