

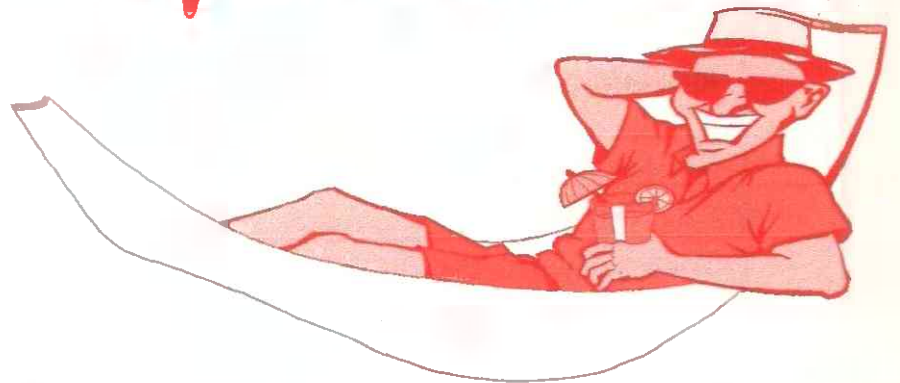
# The Canadian Rover, EH!

June/July 2003

**FORECAST**



**Easy Livin' in the Sunshine**



**DON'T FORGET..the next deadline is July 1, 2003**

# The Canadian Rover EH!

## Magazine Staff

### Editor

Stan Kowalski Jr.

### Production Manager

Jack Mandelker

### Mailbox Coordinator

Erin Slingerland(Shoup-to-be)

### Promotions

Kirby McCuaig

### Subscriptions

Eloisa Mandelker

### Research Assistant

Kim Moore Ede

## Advertising

Submissions to the Editor **MUST** include a copy ready print [a computer file (in MS Word/MS Publisher format - or a format agreed to by the magazine staff) would be really helpful, and can be sent to our e-mail address as an attachment] and a contact person's name and phone number. If payment is not received, the ad will not be printed. All advertising must be received by the 1st of the month prior to printing. Staff reserves the right to change submissions for content and appearance.

### Send Submissions to:

The Canadian Rover EH!

c/o Scouts Canada

844 Frederick St. Kitchener, Ontario N2B 2B8

### Questions ? Problems ? contact:

Ye Olde Editor - Stan Kowalski Jr. - (716)877-1944

roverldr@adelphia.net

### EMAIL US!

canadian\_rover@hotmail.com < < < or at the magazine's e-mail address

The Canadian Rover Eh! is published on a bi-monthly basis. Its main objective is to keep the Rovering community informed. Any questions or concerns may be directed to the editor. This magazine has been made possible through the enthusiasm of the Rovers and Rangers throughout the world!

## Advertising Rates

Rates for the Scouting and Guiding movement are as follows:

\$10.00 per single side page (1 issue)

## SUBSCRIPTION FORM

Group Name: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Postal Code: \_\_\_\_\_

E-mail: \_\_\_\_\_

Rates:	1 Year	2 Years
Canada	\$15.00	\$28.00
U.S.A.	\$25.00	\$48.00
Overseas	\$30.00	\$58.00

Country: \_\_\_\_\_

Phone: \_\_\_\_\_

### PLEASE PRINT !!!!

New Subscription [ ] Renewal [ ]

Amount Enclosed \_\_\_\_\_ for a \_\_\_\_\_ year subscription.

Make cheques payable to: **The Canadian Rover Eh!**

# From the Editor's Desktop



## To contact me

### regular mail:

Stan Kowalski Jr.  
188 Victoria Blvd.  
Kenmore, N.Y. 14217-2316  
USA

### e-mail:

<roverldr@adelphia.net>

### Phone:

(716)877-1944

I guess I can't accuse my wife of not being able to keep a secret anymore. I found out that she and my son colluded with Kirby McCuaig to put together a resume, which Kirby submitted in nomination of "Ye Olde Editor" for the "R.S.Dell Memorial Award". The secret came out slightly ahead of time, but not because either my wife or my son let it slip. (There goes my reputation for knowing what's going on around me.)

Normally, the Award has been presented with mystery surrounding the winner up to the actual presentation. This year, I found my name staring at me when I read the ORC Annual Report at the meeting preceding the Awards Banquet. I **WAS** surprised, but it took away the suspense later that evening.

I'd like to say that receiving this Award means a lot to me, for several reasons. First, **it came from the Rover Community**, not from any level of officialdom. Second, the Award was created and named after a man who I knew and respected, who offered me mentoring early in my involvement with the Rover section. Third, in looking at the names of the previous winners, whether Rovers, Advisors, or Rover Crews, I knew almost all of them personally and felt honoured to be included in their company.

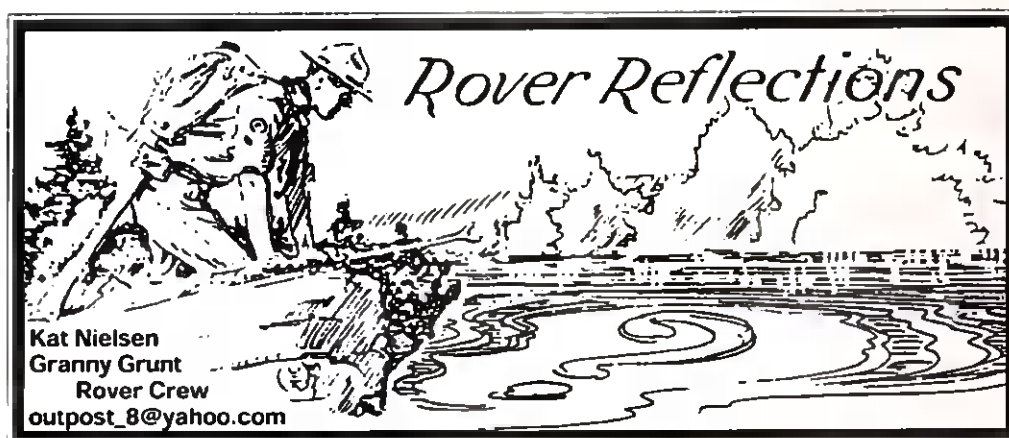
Everyone likes to be acknowledged for their efforts and I'm no different than anyone else in that respect, but I feel that the elaborate resume submitted in my behalf was simply a list of **things that were done for me**. These were things I learned to do, without considering recognition, because **that's what Scouts do**. I had caring people who guided me from the time I joined as a young Scout, and anything I did afterward was simply payback.

In that sense, as I look at the list of previous recipients, I consider myself the bridge between those people, whether individuals or Crews, that were on the scene before me, those who are now active and those who may not even be part of the movement yet. To me, Scouting and Rovering are not just programs, but a way of life. That's why I'm likely to show up at a Moot, seminar, training event or other Scouting activity near you....and talk your ear off about Rovering. That's also why I let myself be persuaded to take on the responsibility of editing this magazine five years ago.

To Kirby McCuaig.....thanks for the nomination and your friendship. To my wife and family.....thanks for putting up with all the missed family activities when I'm out Scouting. To all of you in my extended Scout family.....thanks for allowing me the opportunity to share some time with you.

Keep on Rovering,  
*Stan Kowalski Jr.*





Have you ever had that boss from hell? You know the one.... It doesn't matter what you do, you did it wrong, and they are quick to point it out? I had one this spring. She really wasn't the boss from hell. She was fairly pleasant over all, but was always quick to point out that I was not in the right place, and that I was not doing the right thing. Now, since this job required me to be, at times, in three different places at the same time, obviously even when I was working my tail off, I wasn't doing what I was supposed to be doing. This caused conflict between us, and resentment in me. I find it highly unlikely I will apply for this job again.

This type of conflict is common, both in the workplace and in Scouting. It mainly has to do with the definition of roles and responsibilities. Generally speaking, this definition is done either in the employment contract, training sessions, or in company/group documents which you are given. Within Rovering this is done in an official By-law or Constitution, or sometimes out of habit. If someone is good at something, they become in charge of it. This is often how promotions can work as well. If the boss notices you are good at something, you are likely to get to do more of it more often.

Tips on how to avoid this type of conflict:

- Be sure to detail explicitly every aspect of the job in question
- Be sure that you feel confident that you can do the job
- Be sure that you want to do the job
- If there is any kind of formal training available, take it

Once you have done your job for a day, evaluate what you were able to accomplish from your job description. Was there something that didn't work? Why? Once you've had your job for a while, is there anything that would help you do the job better?

Be sure to be up front right away if something isn't working. Problems can be easily remedied early on, but as time goes on, your boss may think that everything is okay. Also, if you find that you cannot get something done (ie: time or resources), be sure to ask for help. There are other people around to help, and it avoids that annoying lecture about what you are supposed to do later.

If you are in a job sharing situation, it is essential to make sure that you know what you are supposed to do. This is also important when working with groups, or for multiple bosses.

In specific relation to Rovering, sometimes jobs are assigned, and sometimes it's just how they work out. Often when running events like moots, for example, a camp chief may be assigned, as well as positions like head cook, but everyone else settles into their own routine, and do things in their own way. This is, in some ways, the best possible solution in that everything that needs to get done is accomplished, and you can have fun doing it.

However, in terms of bodies which require some form of executive, such as crew or round table executive, problems can come up. Be sure, as a Crew or Round Table, that job descriptions are clearly defined, and do not overlap. Make sure, as well, that everything is covered. If something is left out, it may be assumed that a certain person will do it. If it is not part of their job description, however, it may not get done. Once, as a group, you have decided what needs to be done, nominate people to do it. Make sure that these people can do the job (or at least be trained how). It is also a good idea to make sure that they want to do it. Remember, executive members are volunteering. If they don't want to do the work, it may get left aside because of other things which they consider more important, and it may never get done.

In relation to Scouting in general, we should always try to remember that we made a choice to become members, but part of that choice was a decision (which we all make), about how much time we want/can devote to this membership. Don't pressure someone into a position if they don't think they will be able to do it. They might pull off the job, but it probably won't be done well.

We all feel a lot of pressure from many directions. Family, friends, school, work, Scouting, etc. each pull at us, vying for our time and attention. Scouting is much more enjoyable when you are doing something that you want to do. However, things can also come up unexpectedly. Be on the look out. These are your friends after all. Offer any kind of service you can. Every little bit helps, and makes the big picture possible.



# LETTERS

1

## to the EDITOR

via e-mail



I am writing about the article "*Uniform Issues: Youth Members Set the Direction*" in February's issue of Leader magazine. I was at a meeting last night and the new uniform was unveiled. Our uniform and what it stands for is in a sorry state to say the least. I was the only one at the meeting wearing my uniform except for those running the meeting. As stated in the article under the first point: "*Our uniform doesn't define us as Scouts Canada members. We define ourselves through our actions and values*" - what a bunch of hooey! Those people just don't want to be seen in uniform in case they get caught by someone they know. We should be proud to wear the uniform. A uniform doesn't make us, we make it! It doesn't dictate what or who we are, we dictate what it represents! Should we do away with police uniforms? Because deep down, they know they are police officers and prove it through their actions. Do you think removing their uniforms would drop the crime rate and make our streets safer? Do you truly believe a new uniform for us would change our numbers?

A uniform is meant to represent an organization and most importantly help it to be seen. If you are truly proud to be a member of Scouting (as stated in the article), then you should be truly proud to wear the uniform and be seen! I once knew one person so proud of the uniform and proud to be a member of Scouting, he would wear it to work on BP Day. I recently attended Rover meetings where we discussed the lack of uniform wearing and the lack of being seen. Over the course of that weekend, we passed up the opportunity 3 times to wear the uniform that let people know we are here. We could have worn our uniform when we went bowling, during our tour of the NewRO studio, or when donating our leftover food to the Union Mission. What a wasted opportunity!

Over my last 14 years in Scouting, I have watched the uniform slowly get worn less formally and fewer people wearing it. Since my father was a Cub leader many years ago and since I became a member of Scouting, the uniform shirt has changed several times. I have watched it change from grey to green to tan to another tan in a different style. It never helped increase our numbers. I don't believe a new uniform is in order, just a new attitude.

I am not against changing the uniform, nor am I against a casual uniform, but we still need to stand out and be seen. If we go with the t-shirts, we will blend in with the public. As far as the necker being worn to be seen, you know full well very few will actually chose to wear the necker when wearing the t-shirt, so we won't stand out that way either. Anyone in any organization or group can wear a t-shirt. Without standing out, no one will know we are there and no one will have the opportunity ask us what our uniform means. If you just want to have fun and do service in a group but not be noticed, there are plenty of groups associated with churches, communities and schools that would be appropriate.

Aside from blending in, there are a couple of other problems I can foresee with



the new t-shirt uniform:

1. No badges on the shirt. Yes, they can be put on the sash, but Rovers DO NOT have a sash, what about them?
2. There is a dress red sash for those in Venturers and Scouts. Did anyone think about how a dress sash would look with a casual tee? Especially with the bright orange one?

Don't get me wrong, I think it's high time we did have a casual uniform for meetings, camps and other non-formal events but there needs to be ONE standard dress uniform that is used, and it needs to be dictated by Scouts Canada. I was disgusted to say the least to be told that a Scouter would be fired if he or she dictated when the uniform was to be worn! A decision needs to be made as to what the dress uniform is and when it must be worn. Look at it this way: with the new "uniform" there are: 3 t-shirts (no badges), 1 vest, 2 pairs of pants (blue or beige), 2 skirts (no standard length, blue or beige), a white dress shirt (no badges), and the original tan shirt. How many different uniforms could show up at any formal event if there are no set standards and kids get to wear whatever they feel like? Not taking into account different skirt lengths, sashes or optional neckers (or ties), there are at least 40 combinations. Matching Scout uniforms would look much nicer and have far more impact in dress situations rather than the cut-and-paste look that is about to rear it's ugly head. For casual situations, I agree that they should be able to wear whatever combination they like, but there need to be regulations for dress wear. How are we supposed to look like anything? How can we represent one organization without looking the same? Would the U.N. peacekeeping core have the same effect if they got to wear whatever tickled their fancy as long as it is U.N. blue? Can Team Canada wear whatever jerseys they want when they play a game? Why bother with Canada uniforms at the Olympic games?

Also mentioned in the article under the first point is "***Research shows that the present uniform is a barrier to membership. In other words, the uniform stops some people from joining Scouting***". I strongly disagree and question the research. If pride in the uniform was taught and ensuring it was worn properly when necessary, then we wouldn't be in this situation. I know there was once a time where I tried to hide my uniform, but when confronted, I was always proud to tell them I was a Rover or Rover advisor. It never stopped me from being a member. Now, more than ever, we need to be seen in uniform, especially in groups, to make a bold statement that we are members of Scouting! The Foot Guard still wear their scarlet tunic and bearskin cap in the dead heat of summer, students still wear their uniforms during exams, businessmen and women still wear their suits to work proving there is another strong reason for a proper dress uniform: IMAGE. Scouting has something to represent and we need to show who we are. We have come a long way since Lord Baden Powell started the movement all those years ago, and our numbers have been declining badly in the last few years, and I would hardly blame the uniform. We need to revamp our image and attitude if we don't want Scouting to die. Next time I wear my uniform, I will wear it completely, properly and proudly with my head held high because I am a member of Scouting.

Kim Moore Ede  
Rover Advisor







Once upon a time, in the not too distant past, Scouts in Canada were looked on as real craftsmen of outdoor skills. Back then, Scouts looked up to Rovers because they were able to demonstrate the highest level of excellence in all the outdoor crafts. One area in which their expertise really excelled was knotwork. Lately it's become obvious that knowledge of this skill has fallen off. This column of basic, and not so basic knotting know-how is intended to help you all get back to that earlier level of excellence.

A picture is worth a thousand words. When trying to explain splicing, that's especially true, because some of the steps can be a little confusing until you actually see how they're done. As a young Scout, I was able to master most of the splices with no problem, since I was lucky enough to have some really good instructors.

However, mastering the eye splice was difficult and I didn't really learn the "trick of the trade" until I took a Scoutmaster's Gilwell course. It was there that the trick of flipping the splice over to start the last strand from the back was shown so clearly that I couldn't understand why I ever thought this splice was hard to do. (See Figs. 4 and 5 in the section on the eye splice in this article.) Splicing is really easy when the light goes on in your mind.

Since the history of rope work is literally tied to sailing, it shouldn't have been any surprise to find that the best diagrams I found on splicing came from books aimed at people who go sailing for pleasure today. What did surprise me was the fact that the two best books I found were written by the same author: "The Arts of the Sailor; Knotting, Splicing and Ropework" and "The Marlinspike Sailor", both by Hervey Garrett Smith.

The only splice these books didn't cover was the back splice. That information came from the pamphlet "Knots and How To Tie Them" from the Boy Scouts of America. I might add that there are two editions of this pamphlet that I know of - 1942 and 1978 - and I used material from both.

Ye Olde Editor

## THE ART OF SPLICING

Splicing, like matrimony, should not be undertaken lightly, nor can it be done hurriedly. It requires patient, careful study to attain proficiency, and even then speed is neither necessary nor desirable. It is the sort of work one does when there is plenty of time.

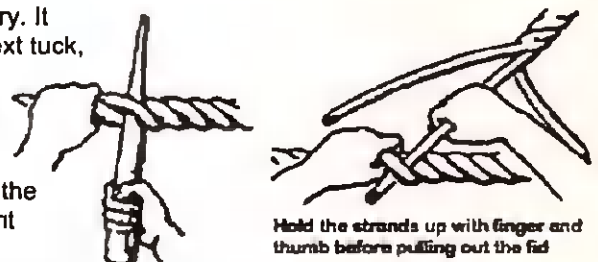
There are four useful splices every camper should know: the *Eye Splice*, the *Short Splice*, the *Long Splice* and the *Back Splice*. Yachtsmen also use the *Grommet*, which is actually a form of *Long Splice*, in which but a single rope strand is used. In sailing, *Eye Splices* are needed almost continually, *Short Splices* only infrequently, and *Long Splices* much less. *Grommets* are very useful in working with canvas, making rope-stopped blocks and various articles of ship's gear.

Although the methods used in splicing are pretty much alike the world over, the techniques employed vary with the individual. There are some who will not use a marlinspike or fid unless forced to. There are others who can't put a splice in  $\frac{1}{4}$  inch line unless they have a large kit of assorted tools at hand.

If you can put in a professional splice neatly and efficiently it is of small matter whether you use your fingers, fid or bobby-pins - it's the end result that's important.

For the beginner, however, a marlinspike or fid is usually necessary. It enables you to lift a strand and keep it opened while you study the next tuck, and with less distortion of the lay of the rope than might occur with untrained fingers.

The correct way to enter the marlinspike into the rope is to go under the strand with the lay and then rotate clockwise a quarter of a turn to open up the rope. Extreme care must be taken when entering the spike to be certain that you do not pick up any fibers from the adjacent



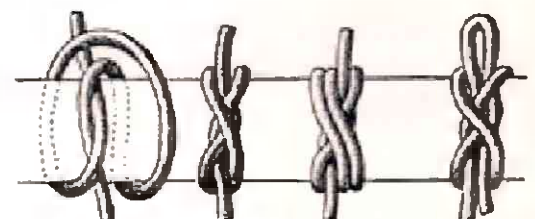
## THE CONSTRICTOR KNOT

This knot was invented or contrived by the late Clifford Ashley, the foremost authority on knots, to take the place of the common seizing or stopping. It is nothing more than a half-knot with a round turn over it, and should be tied only in "small stuff," never in rope.

In many respects the Constrictor Knot is superior to a common seizing. It is quicker, neater, and can be drawn up much more tightly. The harder you pull the two ends the tighter it grips, and it will not slacken when you let go . . . you can hold all you gain.

For a temporary seizing or stopping it can be tied as a slipped knot, as illustrated, which makes it easier to untie. just tuck a bight instead of the single working end.

The Constrictor Knot is not very well known, but its superior construction and usefulness should ultimately lead it to achieve the popularity it rightly deserves.



Constrictor Knot - Doubled - Slipped



## EYE SPLICE

Let us assume you have a length of  $\frac{3}{8}$  inch rope, which is the size recommended for practice. About six or eight inches from the end put on a tight seizing, using the Constrictor Knot (shown at the beginning of this article). Now unlay the rope to the seizing and put a similar seizing or whipping on the end of each strand. Remember that you must preserve the natural lay of the strands at all times.

Referring to Fig. 1, bring the working end up to the right to form a loop or eye. Now grasp the standing part firmly and untwist the rope at the point where you wish to start the splice. Here is where the beginner invariably goes haywire – right at the start where the first tucks are made – so let's stop right here and study the diagram until the sequence of tucks is firmly fixed in your mind.

Reading from left to right, you will notice that the working strands are labeled A, B, and C, and the strands of the standing part, under which they are to be tucked, a, b, and c. This is done merely to co-ordinate the diagrams with these instructions, but the strands of the rope in your hands are not numbered or labeled, and when putting in a splice you would look rather silly trying to remember which strand is A and which is c. Therefore you should always think of the three strands as the left-hand, the center, and the right-hand strands.

All tucks are made against the lay, from the right to the left. Now, again referring to Fig. 1, left-hand strand A of the working end is tucked under a of the standing part, center strand B is tucked under b, and the right-hand strand C is tucked under the right-hand strand c. Fix that sequence firmly in your mind – left under left, center under center and right under right.

Always tuck the center strand first, the left-hand next and the right-hand last. Fig. 2 shows the first tuck, center strand B tucked under center strand b to the left side.

Fig. 3 shows the second tuck, with strand A going over b and under a. Now, in order to tuck the last strand, C, it is necessary to flop the whole works over to get at it from the back. Fig. 4 shows how it will appear in this position. Notice that **strand C is now on the left side** and strand c is in a more accessible position.

In Fig. 5 strand C has been tucked under c, **from the right to left**. All three strands having now been tucked once, they should be drawn up snugly, with the seizing lying as close up to the standing part as it comfortably can. See that each strand lies fairly and emerges from the rope opposite the other two.

You are now ready to start the second round of tucks, each strand in turn being passed over the strand next to it on the left and then tucked under the next or second strand to the left. It makes no difference which strand you start with – in Fig. 6 it happens to be strand B, with which the splice was originally started. Notice that it passes over a and is tucked under the next strand to the left.

Continue by tucking the other two strands over one and under one to the left. All three strands have now been tucked twice. Tuck each strand once more, in turn, and the splice is completed.

Now that we have completed the sequence of tucks, let us look into some of the finer points which determine whether the splice is good or bad. First and foremost it is absolutely imperative that each of the tucked strands be drawn up with equal tension, no one being looser than the others, or the splice will be weak. Each strand should bear an equal share of the load. Furthermore, in drawing up a strand after tucking do not pull it back toward the eye or loop, but rather in a direction nearly parallel with the standing part. This is a common mistake with beginners, and only results in a lumpy splice with the strands unnaturally distorted.

Before starting your first tucks hold the working end at the seizing and untwist the rope a half a turn, otherwise you'll get a twisted loop which will never stay open. After completing all the tucks, and before cutting off the strand ends, lay the splice down on the deck and roll it back and forth under your foot. This tends to fair up the strands and correct any unequal tension them.

Under no circumstance should you cut the strands off close to the rope. When a splice is put to work and strain is put on it the strands gradually work back into the rope, so a safe rule in cutting them off is to have the length of the ends equal the diameter of the rope – with  $\frac{1}{2}$  inch rope the ends should be left at least half an inch long.

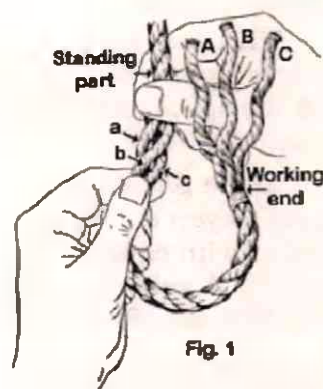


Fig. 1

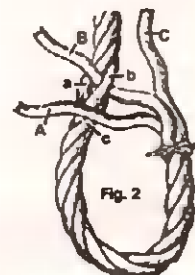


Fig. 2

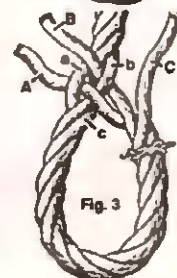


Fig. 3

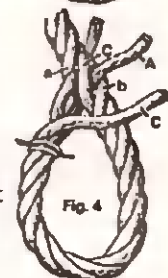


Fig. 4

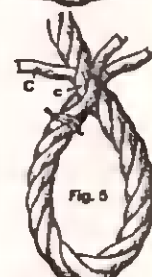
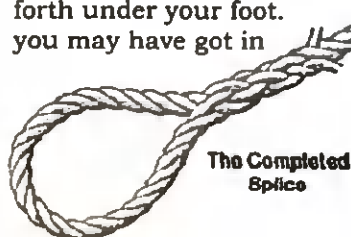


Fig. 5



Fig. 6



The Completed Splice

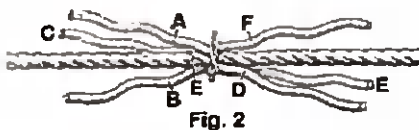
## Short Splice

Whenever it is necessary to bend two ropes together permanently the *Short Splice* is used, except, of course, where the rope must render through a block. It doubles the diameter of the rope at the splice and therefore is impractical for running rigging, for which the *Long Splice* is used exclusively.

In the *Short Splice* all tucks are made over one and under one against the lay, from right to left, just as you did with the *Eye Splice*. Here, too, it is vitally important that every strand be tucked alike, with equal tension in every part. Just one slack strand can cause the splice to fail under stress. A splice can't be hurried – every strand must be carefully worked into position and adjusted for fairness after every tuck.

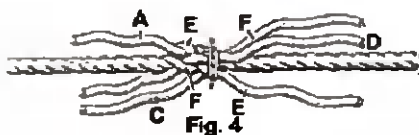
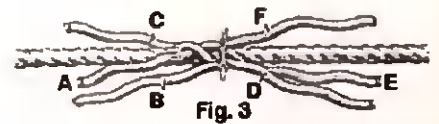
You start as usual, putting a temporary whipping on every strand. Put a seizing on each rope about six inches from the end and unlay each rope to the seizing. Assuming you are practicing with  $\frac{3}{8}$  or  $\frac{1}{2}$  inch rope the larger the rope the farther it must be unlaid.

Now clutch the two ropes together as in Fig. 1. You will note that each strand of one rope lies between two strands of the other rope.



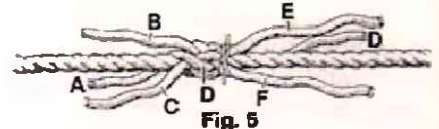
Bring them up close together and clap on a narrow, tight seizing where they join, as in Fig. 2. As stated before, the Constrictor Knot makes an excellent seizing in splicing. The first two seizings can now be removed and you are ready to tuck the strands.

The first tuck is made as in Fig. 3, with strand A laid over strand D and tucked under strand E.



To make the second tuck rotate the splice away from you and lay strand B over E and tuck it under F, as in Fig. 4.

Rotate the splice away from you another third of a turn and tuck strand C over F and under D as in Fig. 5. This completes the first set of tucks in the left-hand half of the splice. Continue by tucking the three strands a second and then a third time in a like manner.



Now turn the rope and the half-completed splice around on your lap, thus bringing strands D, E and F on the left side. Make three rounds of tucks with these strands exactly as you did with strands A, B, and C, and the splice is completed. Cut off the strand ends, first rolling the splice back and forth under your foot to fair up the strands, and remove the seizing at the center. The finished splice should now look like Diagram 6.

Although the splice is amply strong and secure when made as described, its appearance is a little crude. The rather abrupt "shoulders" of the splice, with the strand ends protruding are continually fetching up against various obstructions and in time the splice takes on a bedraggled, frowsy look. This can be avoided by making a tapered splice, which is much handsomer and gives better service.

A *tapered splice* is made by cutting out some of the yarns in each strand, thus progressively reducing its diameter towards the end. The first tuck is always made with the full strand – some splicers make two full tucks before tapering. After the first or second tuck, lift up the strand and cut out a third of the yarns, on the **under side** so the cut ends will be hidden. Now tuck the reduced strand and again lift it up and cut out half of the yarns underneath. Tuck once more and trim off the end. Thus you have made four tucks – twice full, once two-thirds and once one-third.

*Eye Splices* should also be tapered. Make a practice of tapering every splice, not only for appearance but to prevent the strand ends from coming loose. Make six tucks, cutting out but a little from each strand, and by the time the end is reached the strand is so small it is difficult to

## LONG SPLICE

Occasionally a sheet or halyard is damaged at one point from unobserved chafe or misuse. If the rope is in otherwise good condition it would be foolish to discard it when it is so easy to repair it with a *Long Splice*. While it shortens the rope about three feet, it's seldom that running rigging is cut so close to the minimum requirement that it will not permit the splice if needed.

Cut out the damaged part and put a temporary whipping on each strand. Now very carefully unlay the strands of both ropes for a distance of about 15 or 18 inches and clutch them together just as you did for the *Short Splice*, and as shown in

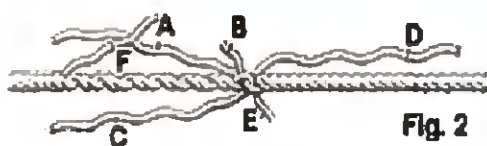


Fig. 2

Fig. 1. Take the two opposing center strands, B and E, and tie a left-hand half-knot, as shown in Fig. 2. Do not cut the strands off, and do not draw the half-knot up tightly. In the illustration the strands are lopped off for the sake of clarity.

Next unlay strand F, and, as you do so, lay in strand C, following as closely to F as possible. When you reach a point about 12 inches to the left, tie a half-knot, just as you did with strands B and E, and tuck the strands as shown in Fig. 3.

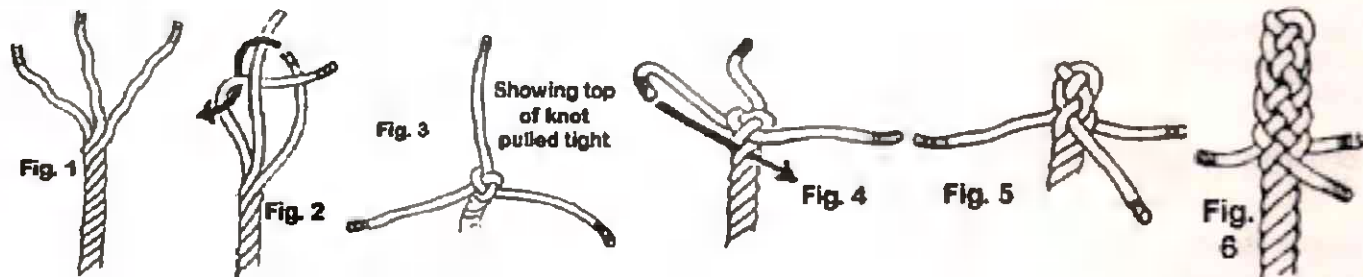


Fig. 3

In like manner unlay strand A 12 inches to the right, laying strand D in its place and half-knotting them together. You now have a single span of rope, with three half-knots 12 inches apart. Here is the critical point where the beginner often goes wrong. You must go over every inch of the splice and examine every strand for tightness or looseness. Each strand must have the same lay and tension throughout or the splice will be worthless.

If you find one strand that is looser than the rest it must be unlaid and repositioned. The half-knots should be drawn up snugly without undue tension. I neglected to mention that in tying the knots the strands should be untwisted a half a turn to flatten them a bit and make the knots less bulky. Each strand is tucked once, then half of the yarns are cut out underneath and the remaining half are tucked once more. Now roll the splice under your foot to flatten the knots, cut off the strands and the job is done.

Don't expect the splice to be invisible, although it is possible with a more elaborate technique. It is enough that it be uniformly smooth and even, and with a moderate degree of success it will fly through the blocks with the greatest of ease.



## BACKSPlice

The backsplice is a method of preventing fraying or raveling in the end of a rope. It is more durable and permanent than whipping, although it is not suitable to some use of rope.

Begin by unlaying the rope and making a crown knot as shown in drawings 1, 2, 3. The ends are then tucked with the over-and-under movement. See drawings 4, 5, 6.

Finish by trimming the ends and smoothing the splice by rolling it on the floor with your foot.



**Congratulations!!!!**

## **New Zealand Rovers**

As of March 2003, Edition #1 of

### **THE NRC RANT**

rolled off the presses, so to speak.

The new quarterly newsletter will be the voice of the National Rover Council of New Zealand.

New Zealand Venturers and Rovers are reportedly looking forward to Gumboot Moot 2003, the 16th Australian Rover Moot in 2004/5, and the World Moot in Taiwan in 2004.

Contact New Zealand Rovers at:

[www.rovers.org.nz](http://www.rovers.org.nz) or

[national\\_rover\\_council@hotmail.com](mailto:national_rover_council@hotmail.com)



### **AJ'03 - JULY 13 TO 19, 2003**

The Alberta Jamboree requires Venturer, Rover and Adult volunteers for this years event. To volunteer log on to the official website at: [www.npdl.com/aj03/](http://www.npdl.com/aj03/)

### **Help Wanted!**

#### **-Northern Lights Region, Alberta**

Scouters needed who are willing to share their experiences and wisdom with Leaders looking for help.

If you or someone you know who fits this description, please contact:

[program@nlr.scouts.ca](mailto:program@nlr.scouts.ca)

**6th World Rover Moot**

**Jul 29-Aug 11, 2004 in Taiwan**

### **14th Annual Scouts Canada Food Drive**

This year's food drive takes place on Saturday, November 1st, from 9:00 am to 5:00 pm at participating Loeb stores across the Ottawa area.

Venturers and Rovers will again be operating the Food Sorting Stations at the Ottawa Food Bank. At 1317B Michael Street.

For additional information on the food drive contact:

Heather Gaudet, Sorting Station  
Floor Manager at:

(613) 834-3734 or  
[ceana1@excite.com](mailto:ceana1@excite.com)

**Send in your announcement  
and have it appear on this  
page in a future edition**

### **PJ'03 Needs You!**

The BC-Yukon Provincial Scout Jamboree is calling out to Venturers, Rovers and Adults for Offers of Service.

Check out [pj03.com](http://pj03.com) for info on registering your offer of service to PJ'03

July 5th to 11th, 2003

**Send your FREE announcements to:**

**The Canadian Rover Eh!**

**844 Fredrick St**

**Kitchener, Ontario, N2B 2B8**

or

[canadian\\_rover@hotmail.com](mailto:canadian_rover@hotmail.com)

www.MOOTMOOT.ca

## Back to the 80's

"The Moot so nice we named it twice"



C16 - C64 - C128

**September 26-28, 2003**

Snake Island - Toronto

**\$15 before September 14, 2003**  
**(NO REGISTRATION AT THE GATE)**

**For More Information**

**Contact:**

Eleanor Blake

905-336-7548

spriteboy@cogeco.ca



## the *Gourmet* Rover

This edition's article is for all the Kitchen Klutzes, like me, who can't tell the difference between a fry-pan and a saute-pan, or don't understand the difference between a Dutch oven used over an open fire and a Dutch oven used on a stovetop indoors and are constantly asking REAL COOKS for help. Here's some help with basic pots and pans.

# Follow These Pointers for Picking Pots and Pans

*The right tools can help you save time in the kitchen.  
This issue, let's take a look at cookware.*



this article appeared in  
the Jan/Feb 2000 issue of  
Taste of Home's  
"Quick Cooking"  
magazine

**MAKING MEALS** on the stovetop from stir-fries to skillet dishes is a popular practice for time-pressed cooks. The stove allows you to fry meats, steam or saute vegetables, prepare sauces or boil noodles in mere minutes.

However, some cooks, like Jim Hutcherson of Enid, Oklahoma, aren't sure which pots and pans he needs to carry out common cooking techniques.

"I'm 70 years old and was raised when young men were not expected to learn about cooking," he writes. "What are the bare essentials, is far as pots and pans go, that I need in the kitchen?"

### Stovetop Necessities

Using the right cookware can help simplify meal preparation. It's best to start out with a basic selection for everyday cooking, then add to it as

needed.

Most kitchens shouldn't be without a 5-quart Dutch oven with lid, 1- and 2-quart saucepans with lids, a 10- to 12-inch skillet with lid and an 8- or 9-inch saute pan. (See the inset that highlights this basic equipment.)

Other useful cookware includes a stockpot or soup kettle, a double boiler, steamer insert basket, a cast-iron skillet, griddle, and additional saucepans and skillets with covers.

Because pots and pans come in a wide range of materials and prices, buying the right ones for your needs can be a difficult task.

Good cookware should do two things: conduct heat quickly and then evenly distribute that heat over the pan's surface to cook food evenly. These qualities are

determined by the type of material the pan is made with and its thickness.

There are advantages and disadvantages to the different materials that cookware is made from.

Of all the metals used, copper conducts heat the best. Unfortunately, it's expensive, requires polishing to remain looking nice and must be lined with another metal to prevent it from reacting with acidic ingredients like tomatoes.

In comparison, pans made from aluminum - also a good heat conductor are less expensive. But they, too, can react with acidic foods. That's why a better choice is anodized aluminum, which is becoming quite popular.

An electrochemical process makes the surface of aluminum smoother, harder and less reactive to acidic foods yet it

## Stock Your Kitchen With Basic Cookware

### 1. Dutch Oven



### 2. Saucepans



### 3. Skillet



### 4. Saute Pan



**1. Dutch oven with cover:** This large 4- or 5-quart pot has handles and a lid. A 12-inch diameter pot is best and can double as a skillet or large saucepan. It's perfect for braising or frying meats as well as making soups, stews and sauces.

**2. Saucepans with covers:** These versatile pans come in a range of sizes from 2 cups to 4 quarts. The 1- quart and 2- or 3-quart saucepans are the most commonly used. These pans should come with lids, which are frequently interchangeable with each other. Saucepans can be used for boiling, simmering, poaching and steaming.

**3. Skillet with cover:** Skillets are available with straight or sloping sides. A 10- to 12-inch straight-sided skillet is best for stir-fries, frying and recipes with a sauce or large yield. In this case, the lid for the Dutch oven shown also fits this skillet.

**4. Saute pan:** An 8- to 9-inch sloped-sided skillet is great, for sauteing because it allows a spatula to slide easily under the food. These pans are also the best choice for omelets and crepes.



still conducts heat nicely. Another bonus is that although anodized aluminum pans are not "nonstick", food is less likely to stick to their smoother surface.

Stainless steel pots and pans are poor conductors of heat, but they are very durable and remain looking new for many years. To get the best of both worlds, some manufacturers offer stainless steel pans with aluminum or copper bottoms because they're both durable and good conductors of heat.

Cast iron is also all excellent conductor of heat, will last for many years and is reasonably priced. However, it must be seasoned periodically and its weight can make it hard to handle for some cooks. (Learn more about seasoning cast iron below right.)

Heatproof glass is a versatile option because it can be used to cook, bake, freeze and microwave. But it has drawbacks, too, it is heavier to handle and can break, crack or chip.

#### Other Considerations

Once you've decided on the type of material for your cookware, consider its thickness (or gauge). Generally, the heavier a pan feels when picked up, the thicker its gauge is.

Thicker gauge cookware offers more even heating so it is less likely to burn foods or have hot spots. Thin gauge pans heat up quickly, but also cook very unevenly and can warp over time.

Pans with nonstick surfaces are nice because they make cleanup a breeze. This feature is handy for skillets and saute pans, but usually not necessary for sauce pans, Dutch ovens and large pots.

Also look for cookware with handles that feel comfortable in your hand, stay cool while cooking and are oven-safe. Pots that have two handles make it easier to pick up when full.

Depending on the cookware you plan to use, it may be a wiser investment to purchase pieces individually rather than buy a packaged set.

While more expensive pieces are generally of superior quality, a general rule is to buy the best quality you can afford.

## COMMON COOKING TECHNIQUES

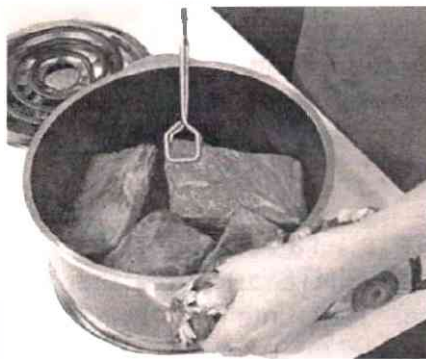
IT'S SIMPLE to cook on the stovetop when you have the right equipment. Here we show the pots and pans needed for everyday cooking methods.



**To fry:** Place food, such as chicken, in  $\frac{1}{2}$  to 1 inch of hot oil in a skillet. Fry, uncovered, until food is browned and cooked through.



**To saute:** Place food, such as fresh vegetables, in a small amount of hot oil in a skillet or saute pan. Cook quickly and stir frequently.



**To braise:** In a Dutch oven, brown meat, such as pork ribs, in a little oil, then add a small amount of liquid. Cover and simmer until



**To steam:** Place food, such as sliced carrots, in a perforated basket (steamer insert) set just above, but not touching the boiling water in a saucepan. Cover pan and allow food to cook in the steam given off by the boiling water.

## Take Care of Your Cookware

ROUTINE care of pots and pans will ensure you get the best performance and longest use out of them. Keep these tips in mind when using your cookware:

- Cast-iron pans should be seasoned before using to protect the surface and prevent food from sticking. One way to season a cast-iron skillet is to brush the inside with vegetable oil, then add all extra tablespoon of oil to the pan. Place the pan over low heat for 1 hour. When cool, wipe it dry with paper towels.
- Use nonmetal utensils during cooking to minimize cuts and scratches to the interior of your pans.
- To remove dark stains from an

aluminum pot or pan, fill it with water, add 3 tablespoons fresh lemon juice and simmer gently until the pan brightens.

- To help remove stuck-on food from pots and pans, soak them in hot soapy water. However, if the pan has a sugary or protein-based substance (like eggs) on it, soak it in cold water.
- Steel should be washed quickly after cooking salty foods because salt can pit the surface.
- Always dry aluminum or stainless steel pans immediately to prevent water spots from forming.
- To prevent nonstick linings from damage during storage, place paper towels between the pans when stacking them in your cabinet.

# The Rover Staff — Part III

*Editor's Note: Because of the length of this article, it couldn't be run in a single issue. We've tried to do it justice by running it in three parts.*



On the back side of the staff, below the handgrips and cord are a variety of pictograms depicting various aspects of Scouting.

The first is a **"COMPASS"** in the hopes that you will never lose your way home.

Next is a **"ROARING CAMPFIRE"**, with the flames blowing in the wind. Campfires at the end of the day represent good times and friends through song, skits, stories and cheers.

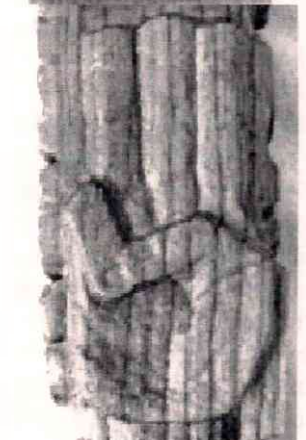
Brian's favourite is next. **"FOOTPRINTS"**: Human feet beside animal footprints — *"walking with nature and the wild"*.

The **"ARROWS"** pointing to two or three lines of sticks indicate two directions in orienteering (*perhaps life?*).

The next pictogram (*top right*) depicts three major fundraisers in Scouting: **"SCOUT TREES"** — in which scouts plant thousands of trees a year, **"APPLE DAY"** — where scouting says *"Thank you for your support"* and **"POPCORN"** which supports many programs for the youth.

The **"LOG and BEADS"** indicate a specific level of leadership training. Note the detail in showing the intricacies of the *"diamond knot"*

Last but not least, the **"SCOUT SALUTE"**.







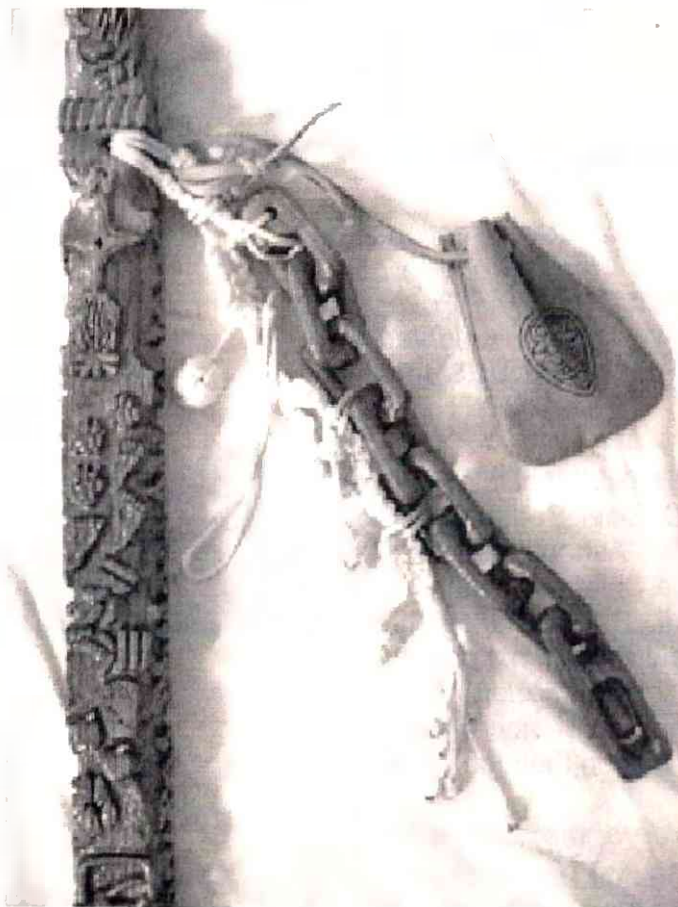
Along the right side on the staff in the middle are some of the factions comprising a Rover section: **"SPONSOR,"** (*Benefactor of the Group or supporter of a "Squire"*), **"ADVISOR,"** (*The Rover Crew's Counsellor(s)*), **"CREW:"** (*The Knighted Rover Members*) which form the **"LEADERSHIP"** of the Group.

The **"LEFT HAND – HANDSHAKE"** indicates true friendship and trust. When Colonel Baden-Powell entered the capital city of the Ashanti people in 1896 he was met by one of the Chiefs who came to him holding out his left hand. B.-P. held out his right in return but the Chief said: *"No, in my country the bravest of the brave shake with the left hand."* Showing trust by dropping one's defence against others – their shield, which is held in their left hand.

Below (*which is on the left side of the staff*) is the name of "Brian's" Crew in Greek: **"Πας Φίλος"**, Pronunciation: **"PAS PHILOS"** and in English **"ALL FRIENDS"**.







Hanging from the staff just below the carving of the Rover Cord is some very interesting items.

A **cord**, created from eight different knots – When you see the staff – see if you can find and identify them.

Beside that is a **wooden chain**, carved from one piece of wood with a cage and ball inside. Apparently, Brian is carving another chain for the staff with figure eight links and a sliding cage inside a cage at the end.

There is a story that Brian when he was carving the chain accidentally sat on it breaking the cage – maybe that is why he is in the process of carving another.

Next is a leather **“keepsake” bag**, housing various valuable items, which I am sure hold lots of meaning for the owner of the staff or maybe it just contains some loose change.



Just below the backpack is the date "**APRIL – JULY 2002**" (*not shown*) representing the start and end time of the actual carving of the staff.

Just below the dates are three circular carvings – scroll work. These three detailed relief carvings circle the staff up from the bottom stating specific aspects of Rovering.

One depicts the definition of which Rover Scouts are all about and consequently their motto: "**ROVER SCOUTS: WORLDWIDE BROTHERHOOD OF SERVICE**".

The next stipulates the stages on becoming a knight: "**STAGES: PAGE**" (*a candidate interested in Rover Scouts*), "**SQUIRE**" (*a probationary period where a candidate demonstrates dedication, loyalty, commitment, compatibility and respect with other members*), "**QUEST**" (*a given set of goals required to achieve to prove the candidates worthiness etc*), "**VIGIL**" (*a time of self examination and reaffirmation of their commitment to the promise and principles of their forthcoming roll in life / Rovering*) and "**KNIGHTHOOD**" (*the formal ceremony of accepting a new Rover into the respective Crew*)

The last states the code that the nights live by: "**KNIGHT'S CODE**" which in capsule form, incorporates: "**CHIVALRY, DISCIPLINE and CHARACTER**" (*self-improvement*).



Well done,  
Brian!

It is rumoured that Brian is  
making custom canes ...

You can contact Brian at  
[bgpowell@rogers.com](mailto:bgpowell@rogers.com)



## to the EDITOR

via e-mail

April 14, 2003



To Whom It May Concern:

This will be my last year involved with the Scouting Organization. I have felt it necessary that, after 20 years of being involved with the organization, I explain why I am leaving.

To say why I am leaving, I should start with why I am here in the first place. I started when I was five years old as a Brownie, in the Guiding Organization. Throughout my Guiding history I had excellent leaders who continued to challenge me and encouraged me to grow into the person I am today. I met many friends and I can not think of a time when I didn't want to go to a meeting or outing. I think it is also important to note that throughout this time, I was playing softball, basketball, and volleyball every year. When I was sixteen years old I had the opportunity to go to Europe with a B.C. Guiding contingent. This was an amazing experience and I would say it has to be the highlight of my Guiding history. When we returned from Europe, a few girls got together and formed a Ranger group. We were a very close group. We volunteered throughout the community and we went to all of the Venturer Camps we were invited to. Then, we became eighteen years old and realized that Guiding no longer had anything to offer us. Most of our activities were within the Scouting organization, so we switched over and became a Rover crew. Our crew was just as active as our Ranger group. We slowly recruited a few males to join the crew and things were quite good. As time usually does, things started to change. Our crew started losing members, not because we weren't having fun, but because of school, work and the distance of where people lived. As the group slowly diminished, we tried recruiting some Venturers. We worked very hard to keep them interested and excited about the program, but we failed. Then I was asked to help with Beavers, as an ADC. I thought I would like to give something back, so I said yes. Then I was asked to be a trainer, and again I said yes. At this time, I no longer lived in the area, I was working a full time job, playing sports and trying to figure out how to be an adult and live on my own. I had some excellent mentors that helped me through. This is around the time I started having thoughts about leaving. My friends were gone, I had more responsibilities and the camps were not as much fun as they used to be. I was struggling between the Rover program and being an adult volunteer.

Around this time I saw quite a few problems regionally with the attitude toward Rovers. Rovers are a youth section, but are not being given the same advantages as the other sections. We seem to be expected to assist with every other section, the community and all the other Scouting miscellaneous jobs that need doing. So, in true Scouting tradition, I took on another role and became Provincial Rover Mate. I tried to be an advocate of Roving throughout the province. I challenged Rovers to stick together and fight for the program, and fight for the right to say "no" to all of the expectations placed on them. I attempted to encourage a positive image for the Roving section. All this work didn't see much outcome. Rovers are still being blamed for the "alcohol image", if they run their own program and have fun, they are called lazy for not picking up the slack for the lack of leaders in groups, and provincially they are asked to provide program for every other younger section, but what are they getting in return? I got experience. I met some wonderful people and will continue the friendships. Most Rovers don't stick in it long enough to get anything out of it, and just leave frustrated, angry or burned out.





I have to say after all my time in either organization; I have never felt as cynical about the Scouting organization as a whole, as I do now. I cannot believe how we have let this great idea of an organization for youth, turn into a political nightmare. We should be focusing our efforts on how we award and encourage the groups that already have youth, and on how to improve on the current program. If our numbers are down, use the adults we have to help with the groups that need some assistance. Get the registered youth outdoors, and challenging them. If the program is fun for those that are here, the word gets out and more will come. We need to stop spending the youth's money on the administrative aspects of Scouting, and put the money into quality program. This to me sounds encouraging, something I would like to be a part of. I don't want to be associated to an organization that has so much bureaucracy you can't tell it from a "non-profit" organization from the government. When I went through the program, I was taught to be a socially responsible member of society, I think that I learned this lesson and am doing what I can to live this lesson. Again I am struggling because I don't believe that the rules being implemented currently are necessarily making our youth responsible members of society. What are we teaching our youth about common sense and making responsible choices? By having rules for every possible aspect of life, I think we are teaching our youth either what they should think or believe, or how to be creative about breaking rules. I am ashamed of an organization that on the outside promotes acceptance of differences, but the actual rules could be interpreted as suppressing those same differences.

I have considered taking a step into a different direction as to where my role in Scouting is taking me, but every direction I turn all I see the politics. It is like a boulder weighing me down. I look at the next Scouting year and am far from excited. I am just a volunteer, I don't have to be here, and I am finally saying "NO!" I understand the need for planning and safety, but it seems like no one has anything better to do than to sit around to make rules and policy and spend the youths money. I am just plain tired of the fight. I don't feel I can be an effective trainer when I don't agree with the administrative sections of the courses. I don't want to be a leader because they are the ones having to grin and bare the changes. We ask so much of our leaders. It is no wonder why they are not going on as many outdoor activities. After getting your paperwork filled out, having all adult helpers and drivers security cleared and then ensuring that the insurance will allow the activity, it is becoming a full time job. Being a Rover is not what it should be either. I feel like a poster child. "Look we have a Rover here with us today! What can we ask her to do?" I feel as if I am being used to make the "adults" feel better about themselves for inviting the "youth" or asking the "youths" opinion. I can't say that I believe that this opinion is even heard.

So this is what has brought me to write a letter of resignation from Scouting. I hope that someone reading this will be able to use some part of this letter to make some positive change to help the Rover section or all the youth programs in general. I really have to say thank you to all of the people I have worked with in all my years in Scouting. I really have had a good time. It has just been the past few years that have been getting worse, and I need a change. I am sure that when I have children, and they turn five, I will be registering them in Beavers, and I will probably become a leader, but until then, I need to leave and resolve my bitterness with an organization that, in my mind, has changed it's focus from the youth, to the organization.

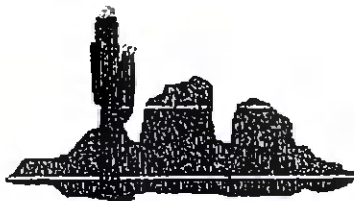
Respectfully yours,

*Carrie Chattell*

*10<sup>th</sup> White Rock Rovers; B.C.*



# ***ROVER MOOT 2003***



## **Dude Ranch Holiday Weekend**



The moot you have been waiting for all year, and it's only for Rovers !

**July 11 - 13, 2003**

Langley Scout Park, Peterborough ON

### **This Years Events**

Bossy Bingo  
Cattle Roping  
Bucking Broncho  
Karaoke Hoedown  
Porridge Pitching  
And Many More.....

Prizes for best decorated site and best costume. (in a western theme)

Come completely self contained. That means bring water people.

Cost: \$16.00 at the gate

25% Pre-registration Discount (that's \$12.00 total cost, what a deal)

Pre-registration by June 20<sup>th</sup>, 2003

### **Registration Contacts:**

**Erin Slingerland**

26 Caprice Court

Kitchener, ON

N2M 5M2

519-821-7290

babsbunny@excite.com

**Shawn Penson**

Jean Royce Hall - Queens University

Kingston, ON

K7M 2B9

613-533-7217

8sap2@qlink.queensu.ca

## The Directions

If you have any questions a couple days before you leave please email me at [8sap2@qlink.queensu.ca](mailto:8sap2@qlink.queensu.ca). If you need clarification Friday, En route, please call Shawn Penson at 613-540-0365 or Jeremy Shoup at 519-588-0597.

- From the 401 Take the exit hwy. 35/115 just after Bowmanville coming east from Toronto or just before Bowmanville going west towards Toronto.

- Take the hwy. 115 till you see the exit for highway 7A north to Lindsay, Fowlers Corners. This exit should be just south of Peterborough about 30 min from the 401.

- Take the exit and follow 7A towards Fowlers Corners.

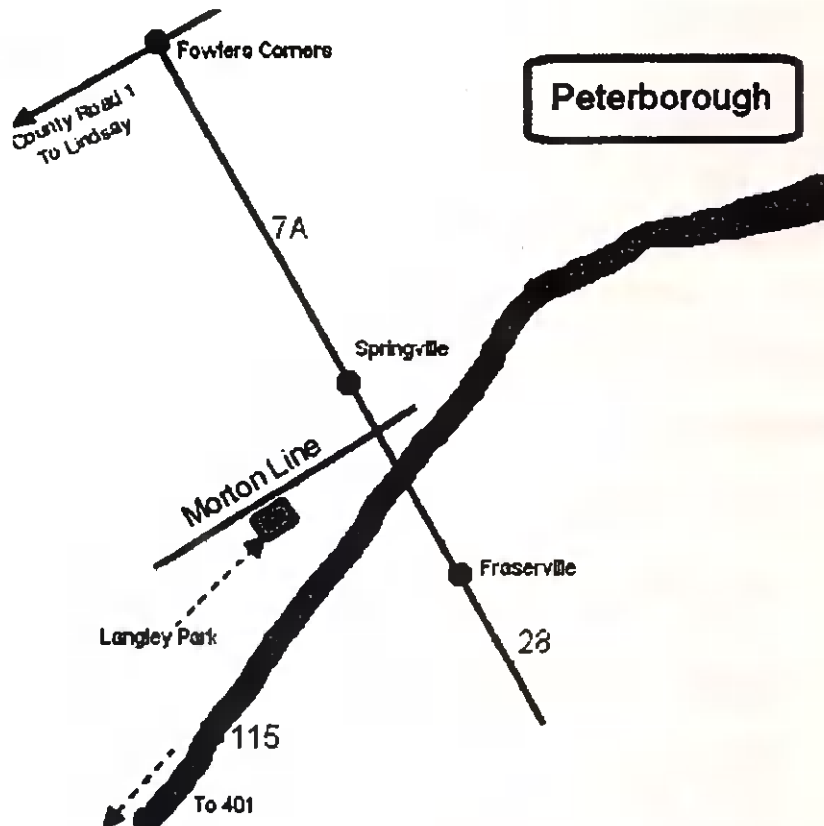
- Turn left onto Morton Line. This exit is close to the highway.

- There will be a sign that says "Langley, Boy Scouts" at the corner of 7A and Morton line.

- If you go through Springville or Fowlers Corners you missed Morton line.

- If you go through Fraserville you turned the wrong direction after coming off the 115

- The Camp is on the left right after a small bridge. It is sometimes hard to see the gate. If you hit the railway tracks you have gone too far. There will be signs posted.





# OUT & ABOUT

Number 24



## Planning a Backpacking Trip

Once you've decided that the format of your next trip is going to be a backpacking trip instead of the usual car camping weekend or canoe trip, the number of items you're bringing, and their weight, becomes an important concern. Reducing the weight of your pack doesn't have to come entirely from reducing the stuff you carry in the sense of equipment you plan on taking. Take a look at the food on your menu and the cooking style you're accustomed to when you begin to consider how you're going to shed pounds or kilos from your pack's weight.

Here are a number of **Food Issues** to consider when planning your menu. The choices you make will not only affect how well you enjoy your meals, but how well you bare up under the weight of the food and cooking gear you're carrying.

### Food Issues

1. **Water in Foods** – choosing dehydrated foods will decrease the weight you have to carry. If you choose dehydrated food, do the research to ensure that adequate water sources are available.
2. **Fresh Foods** – can be included on your trip by scheduling them up front, then schedule your lighter dehydrated foods for later in the trip.
3. **Variety** – is extremely important on long trips, as the main meal may be one of the highlights of your day. Don't eliminate all of your favourite meals just because you've found lighter alternatives.
4. **Preparation Time** – should be kept to a minimum whenever possible. Have something you can eat right away (such as breads and cheeses that require no cooking) while the main course cooks. Having part of the meal that doesn't require cooking on a stove, may reduce the number of stoves carried by the group.
5. **Fuel and Cooking Style/Method** – consider the amount of fuel used in the preparation of each meal; changing how you cook may lower the total quantity of fuel required. No more carrying full fuel bottles home. Pack a windscreen to improve the efficiency of your stove and lower your meal's fuel requirements.
6. **Fires** – may not be an alternative to carrying a stove because of fire bans during dry periods or deforestation of overused parks. Some parks now require proof you're not only carrying a stove, but you have an adequate number of stoves for your party and enough fuel for the duration of your trip. Check with the park staff before your trip to determine if you'll even have the choice of using a fire to cook on.
7. **Equipment Required** – changing your approach to cooking may decrease the weight and amount of equipment required to be carried. Look to a one pot preparation method, rather than carrying the entire pot set. Plan your menu to use the same cooking utensils for each meal rather than a different set of utensils for different meals.

8. **Cleanup** – changing cooking style may also help with cleanup; changing from frying to boiling may eliminate a messy greasy cleanup requiring extra soap and soap pads being carried.
9. **Calories to Weight Ratio** – look for ingredients that are high in calories but low in weight.
10. **Extra Meal for Emergencies** – consider carrying emergency rations in case your trip is extended by weather, injury, or becoming lost. The little extra weight of an additional meal may allow your group to have one extra rest period with a meal. This practice may ensure that those last few kilometres were as enjoyable as the first. Don't ruin the memory of the entire trip by going hungry on the last leg.
11. **Storage** – be sure to carry some method of hanging your food to protect you and your food from animals. Have your food at the end of a rope, rather than you being at the end of yours when unexpected guests chow down.
12. **Garage Disposal** – repack your food in reusable/resealable plastic bags/jars and/or eliminate excessive packaging at home. Repackaging may also reduce weight as you can eliminate potential leftovers that you'll have to pack out. Also be aware that some parks are no longer permitting glass and metal food or beverage containers.
13. **Costs** – be sure everyone in the group has the same expectations on costs per person. Purchasing prepackaged dehydrated foods at camping stores seem easy and quick, but can substantially increase the cost of the trip.
14. **Allergies** – be sure to know what allergies to food exist in your group. The long established menu might have developed to take into consideration individuals with allergies not just personal preference. Also consider you're not just born with certain allergies, they can develop (or worsen) over time.
15. **Religious/Cultural Taboos** – are there any foods on the menu that would exclude a person in the group from participating in one or all of the meals?

They say that, "**variety is the spice of life**". Don't forget to carry a few **spices** with you on the trip. They're extremely light and can change the same old meal to something entirely different. They also can make one meal something different to everyone on the trip.

### **Final Thoughts:**

While these food issues should be taken into consideration when backpacking, they also can apply to canoeing, kayaking, day hiking, or cycle touring – anytime where space and weight become limiting factors on what can be brought on a trip.

Speaking of cycle touring, one of the great opportunities I believe Scouting is missing out on is cycle touring or bicycle camping. The mountain bike has resurrected the general public's interest in bicycles over the past ten (or more) years. Let's all take advantage of the new rail trails that are springing up across the country and add them into our programme.

Kirby McCuaig

# Car Care



*the following article was prepared by the advertising department of the Buffalo News and appeared in their supplement called "Car Finder" on May 15, 2003*

## Pre-trip checkup can pay off

Car trouble, usually a result of neglecting preventive maintenance, brings an abrupt end to vacation plans.

The situation usually means more than just a repair bill. It can involve towing charges, lodging and possibly a rental car. Add to that the cost of extra phone calls, meals and general inconvenience, and the ordeal becomes expensive. This scenario usually can be avoided with a pre-vacation inspection performed by a qualified automotive technician.

This "physical" for your automobile should address the following systems:

- Cooling
- Braking
- Emission control
- Steering/suspension
- Fuel
- Electrical and ignition

In addition, the tech should evaluate engine performance, tires/wheels, A.C./heater/defroster,

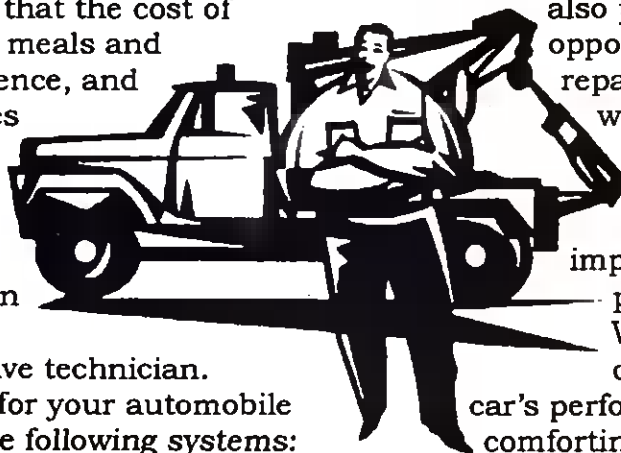
instruments/gauges, windshield wipers, horns/lights/mirrors, seat belts and the car's body, inside and out.

Not only can a pre-trip inspection help reduce chances of costly and possibly dangerous road trouble, it

also provides an opportunity to have repairs made at home, with one's own technician who knows the vehicle. Especially important, it provides peace of mind.

While no inspection can guarantee a car's performance, it's comforting to know proper precautions were taken.

The Car Care Council is the source of information for the "Be Car Care Aware" campaign, educating consumers about the benefits of regular vehicle maintenance and repair. For more information, visit: [www.carcare.org](http://www.carcare.org)





# ATTAWANDERONK MOOT

SAY'S IT'S FINAL

## GOODBYE



(Some of 1<sup>st</sup> Elmira Rovers & Rangers)

## JUNE 13<sup>TH</sup>, 14<sup>TH</sup> & 15<sup>TH</sup>

We hope you'll help us go out with a bang!

# **ATTAWANDERONK MOOT**

**PRE-REGISTRATION PREFERRED  
MAIL TO: ATTAWANDERONK MOOT**

**BOX 41  
ELMIRA, ONTARIO  
N3B 2Z5**

- ⊗ **PRE-REGISTRATION: \$15.00**
  - ⊗ **Gate Registration: \$18.00**
  - ⊗ **Only Dance Registration: \$5.00**
  - ⊗ **If you wish to use an Adirondack then you must reserve it by contacting headquarters:  
(519) 742-8325**
  - ⊗ **Make Cheques Payable To: ATTAWANDERONK MOOT**
  - ⊗ **Pre-Registration must be in before May 31<sup>st</sup>, 2003**
- For any further information, please contact:  
Rae Genereux @ (519) 669-2753 or [elmiragirl69@yahoo.com](mailto:elmiragirl69@yahoo.com)**

## **PRE-REGISTRATION FORM**

**CREW NAME:** \_\_\_\_\_

**MAILING ADDRESS:** \_\_\_\_\_

**CONTACT PERSON:** \_\_\_\_\_

**PHONE#:** (    ) \_\_\_\_\_

### **NAMES OF CREW MEMBERS**


**NO. OF PEOPLE \_\_\_\_\_ X \$15.00 =**

# WELCOME TO

## ATTAWANDERONK MOOT'S

## FINAL FAREWELL



### ATTRACTIONS

- \* MUSIC BROUGHT TO YOU BY DJ CAT IN THE HAT
- \* CAMP WATER FIGHTS

### RULES & REGULATIONS

1. Rules of the event are that of the scouting and guiding organizations.
2. All Participants must be members in good standing with their unit.
3. All actions of your group reflect back on scouting and guiding!
4. No alcohol, drugs, firearms, firecrackers, or fire works are allowed or tolerated. Violation of this will result in the dismissal of your group.
5. \*NO PETS PERMITTED IN CAMP! \*
6. Curfew will be enforced!

**IF ANY OF THE ABOVE RULES & REGULATIONS ARE BROKEN DISCIPLINARY ACTION WILL BE TAKEN AND MAY RESULT IN EXPULSION FROM THE EVENT!**

Hello!

This year will mark the ending to Attawanderonk Moot. We have had an awesome time, meeting new people and catching up with old friends. We are ending on our 20<sup>th</sup> Anniversary, and we couldn't think of a better way to go out then doing it with the best of the last 20 years.

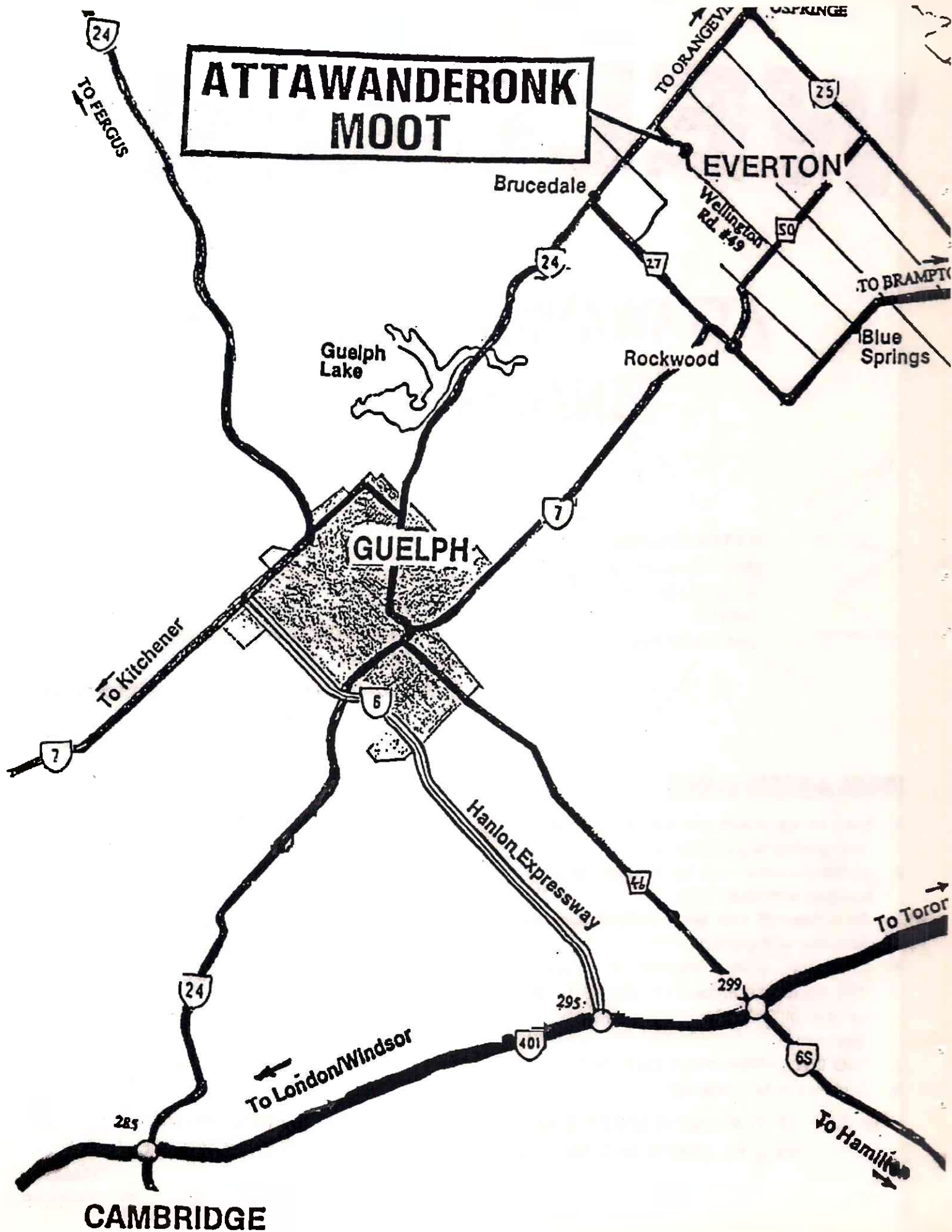
Our events this year are going to be the best of the last 20 years...and I know you can remember some of the good one's. Tricycle races down the big hill, the water snowmobile, and couch baseball, just might be waiting for you, and of course it wouldn't be Atta without a gigantic water fight! So bring your water guns, lots of changes of clothes, and plan on having an EXCELLENT TIME!

Thanks for all of the great years of camping, and we hope you will come help us end these past 20 years the only way we know how... with good friends and great fun!

Yours in Scouting and Guiding,  
The Attawanderonk Moot Staff

THANKS,  
ELMIRA ROVERS AND RANGERS





## "I Promise on my Honour . . ."

The promise I have made,  
I hold it close in my heart.  
In this I stand a tribute  
To who I am and wish to be.

The promise I have made  
Guides the way I live.  
It is the fabric of my existence  
That shows me the way.

The promise I have made  
Is a part of a path I follow,  
Of those that came before me  
And those I teach to walk it.

This is the promise I have made.  
This is the promise I live each day.  
This is the promise I strive to keep.  
This is the promise I have made.



*Carrie Clifton*



Personal fitness does not mean having a sculpted body and posing for weight lifting magazines. It does mean getting your body into a healthy state with a reasonable weight for your height and body structure, a firm muscle tone and being able to do some physical activity without wheezing. This column is **NOT** intended to replace your doctor, nutritionist or a certified trainer. It **IS** intended to give some common sense suggestions concerning exercise, nutrition and keeping fit.

## MASTER CLASS BALLates

By Elisabeth Crawford - American Fitness magazine - May/June 2002

**F**or years, Pilates trainers have known the stability ball is an effective complement to their method of body training. *Balance on the Ball: Exercises*

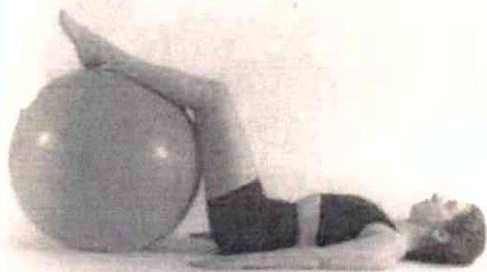
*Inspired by the Teachings of Joseph Pilates*, by Elisabeth Crawford, combines the principles of Pilates with core training on the stability ball. Many of the exercises are based on Pilates Mat or Reformer movements, while others are standard stability ball exercises. They are all similar in their emphasis on the six Pilates principles: breathing, concentration, centering, precision, control and movement flow/rhythm. There is a strong focus on the quality of each movement, rather than the number of repetitions or speed with which they are performed. The body moves as one integrated unit, instead of isolating separate parts. Maintaining proper alignment and form are crucial during exercise for achieving maximum benefits as well as preventing injury.

Furthermore, training on a stability ball provides numerous benefits similar to those of Pilates, such as increased muscle tone and flexibility, improved posture, coordination and a greater sense of body awareness. The most significant difference is how the ball addresses core stabilization. Exercising on an unstable surface forces automatic recruitment of the body's core muscles to hold a position of balance. Since stabilization is a reflex action rather than a conscious effort, training on the ball is often more effective than performing similar movements on the floor. For example, merely sitting on the ball activates core abdominal muscles, particularly the transversus abdominis and the internal and external obliques. If there is an imbalance, such as leaning to one side, the body will correct the imbalance by making subtle adjustments in the opposite direction. On a neuromuscular level, the brain is focused less on which specific muscles are contracting and primarily on performing the activity without falling off the ball.

The six exercises shown here provide an introduction to stability ball training. For additional instruction, *Balance on the Ball* demonstrates over 100 additional movements.

***Balance on the Ball:  
Exercises Inspired  
by the Teachings of  
Joseph Pilates***  
combines Pilates and  
stability ball  
exercises to create  
an innovative  
workout.





## Shoulder Bridge

Lie on your back, bend Your knees and rest Your legs on top of the ball. Tuck your Pelvis under and raise Your hips toward the ceiling, rolling one vertebra at a time. Then, roll Your hips back down to the floor while trying to keep the ball steady.

Suggested repetitions: Eight

### Tips

- ⊙ When rolling through your back, articulate each vertebra in the spinal Column.
- ⊙ Keep your buttocks and

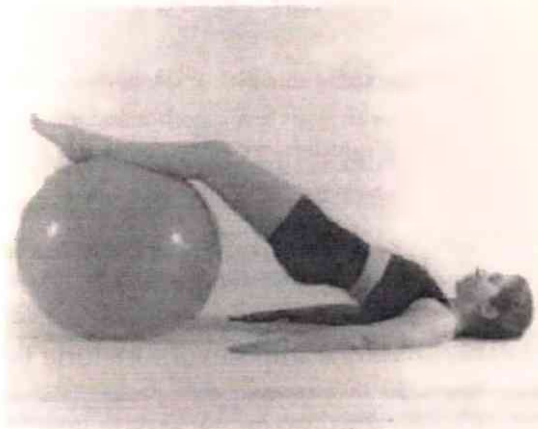
abdominals tight.

### Variations

- ⊙ To make it more difficult to balance, raise one or both Of Your arms toward the ceiling.
- ⊙ Perform the movement with your legs straight and rest Your feet oil top of the ball.
- ⊙ From the shoulder bridge position, lift one leg off the ball and try to hold your balance.

### Major Muscle Groups

This exercise strengthens the hamstrings, gluteals, back,



## Quadruped

Lie with your stomach on the ball and both hands and feet on the floor. Lift your left arm and right leg off the floor and extend them in a horizontal plane. Try to hold your balance for at least five seconds. Repeat on the other side.

Suggested repetitions: Four sets

### Tips

- ⊙ Keep your abdominals engaged and your buttocks tight.
- ⊙ Do not lock your elbows.
- ⊙ Do not lift your arm and leg so high your shoulders or pelvis lose their alignment. Instead, reach out as far as possible in opposite directions, creating a sense of length throughout your body.

### Major Muscle Groups

This exercise strengthens the back extensors, hamstrings, gluteals, scapular stabilizers<sup>1</sup> and core abdominal muscles.

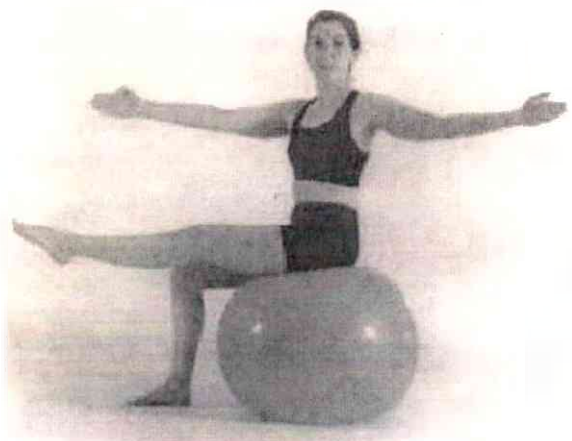
<sup>1</sup>Scapillar stabilizers include the latissimus dorsi, trapezius and rhomboids, as well as certain smaller muscles that assist in stabilizing the shoulder blades.



## Leg Lift/Twist

Sit on the ball with your feet together and your arms out to the sides. Then, lift your left leg straight forward, turn your torso to your left, return to the center and lower your leg. Repeat on the other side.

Suggested repetitions: Four sets



### Tips

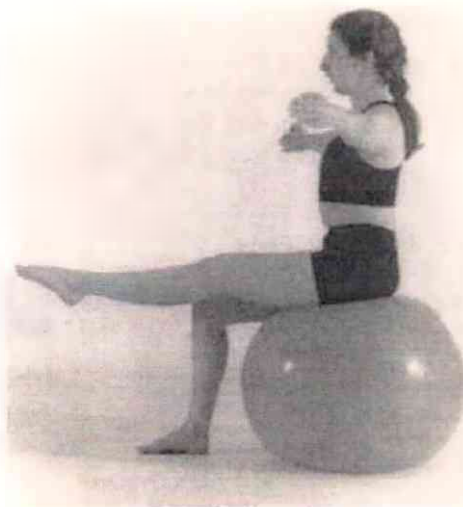
⊙ Do not sink into your hips or let your pelvis tuck under. Instead, sit up as tall as possible and keep your spine in a neutral position.

⊙ To make it more challenging, place your feet hip-width apart.

### Major Muscle Groups

This exercise strengthens the hip flexors<sup>2</sup>, back extensors, obliques and core abdominal muscles.

<sup>2</sup>In this instance, hip flexors include both the iliopsoas and the quadriceps.



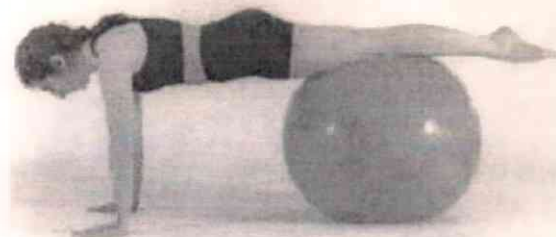
## Knee Stretch

Lie face down with your pelvis on the ball and both hands on the floor. Walk your hands forward until your mid-thighs or knees are resting on the ball. You should be in a long, straight line from head to toe. From there, bend your knees in towards your chest and then press back out to straight legs, rolling the ball forward and back. When your knees are bent, your shins should be resting on the ball.

Suggested repetitions: Eight

### Tips

- ⊙ Keep your abdominals and buttocks engaged. Do not sink into your lower back.
- ⊙ Keep your inner thighs squeezed together.
- ⊙ Do not lock your elbows.
- ⊙ Round your back as you bend your knees and keep your abs engaged.
- ⊙ Tuck your head in towards your chest as you bend your knees in.

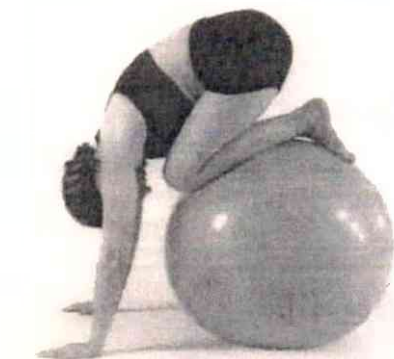


### Variations

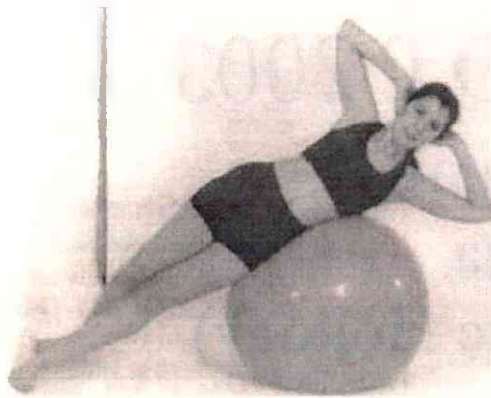
- ⊙ As you bend your knees, roll the ball forward on a diagonal, aiming towards one shoulder.
- ⊙ Begin with the ball farther away from the center of your body, so your ankles are resting (11 top of the ball instead of your knees).

### Major Muscle Groups

This exercise strengthens the back extensors, gluteals, adductors, scapular stabilizers, hip flexors and core abdominal muscles. It is also a stretch for the back extensors. (Note: The knee stretch is named after a similar movement performed on the Pilates Reformer; however, it is somewhat of a misnomer. The patellar tendon that crosses the knee joint is slightly stretched during both



exercises, but this is not the primary focus of either exercise).



## Side Sit Up

Lie sideways on the ball with your feet supported against the base of a wall. Only your hip should be resting on the ball. Keep your bottom leg straight and slightly forward at an angle. Your top leg should be bent and behind your other leg. Keep your knees and thighs together. With your hands behind your head, lean down so you are in a diagonal position from head to feet. From there, raise your torso to a vertical position and lower yourself back to a diagonal position. Repeat on the other side.

Suggested repetitions: 10 on each side

### Tips

- ◎ Keep your shoulders and hips square to the front.

### Variation

- ◎ Extend both arms overhead throughout the exercise.

### Major Muscle Groups

This exercise strengthens the obliques, quadratus lumborum, back extensors, gluteals, adductors and core abdominal muscles. As the opposite side of the body lengthens, it also stretches the obliques.



## Flat Back

Sit on the ball with your feet flat on the floor, hip-width apart and your arms reaching forward. Walk your feet forward, while simultaneously raising your arms overhead, until only your shoulders and head are resting on the ball. Keep your hips raised toward the ceiling, so they are in line with your knees and shoulders. Then, walk your feet in, bringing your torso back to a vertical position, as you extend your arms forward.

Suggested repetitions: Five to eight

### Tips

- ◎ As you walk your feet forward, roll through your spine sequentially.
- ◎ To make it more challenging, hinge from the hip joint, keeping your spine in a neutral position.



### Variation

- ◎ Begin in the flat back position with your arms out to the side. Lift one leg off the floor and try to hold your balance.

### Major Muscle Groups

This exercise strengthens the back extensors, gluteals, quadriceps, hamstrings and core abdominal muscles. It also stretches the hip flexors.





# ANCIENT MOOT 2003

Carnival Extravaganza

Camp Impeesa

August 1-4 (Civic Holiday)



**Open to all Rovers, former Rovers and their families.**

**Potluck dinner on Saturday. Please bring enough to feed ten people. There is no set menu so bring what you want. Staff will provide hotdogs for the meal.**

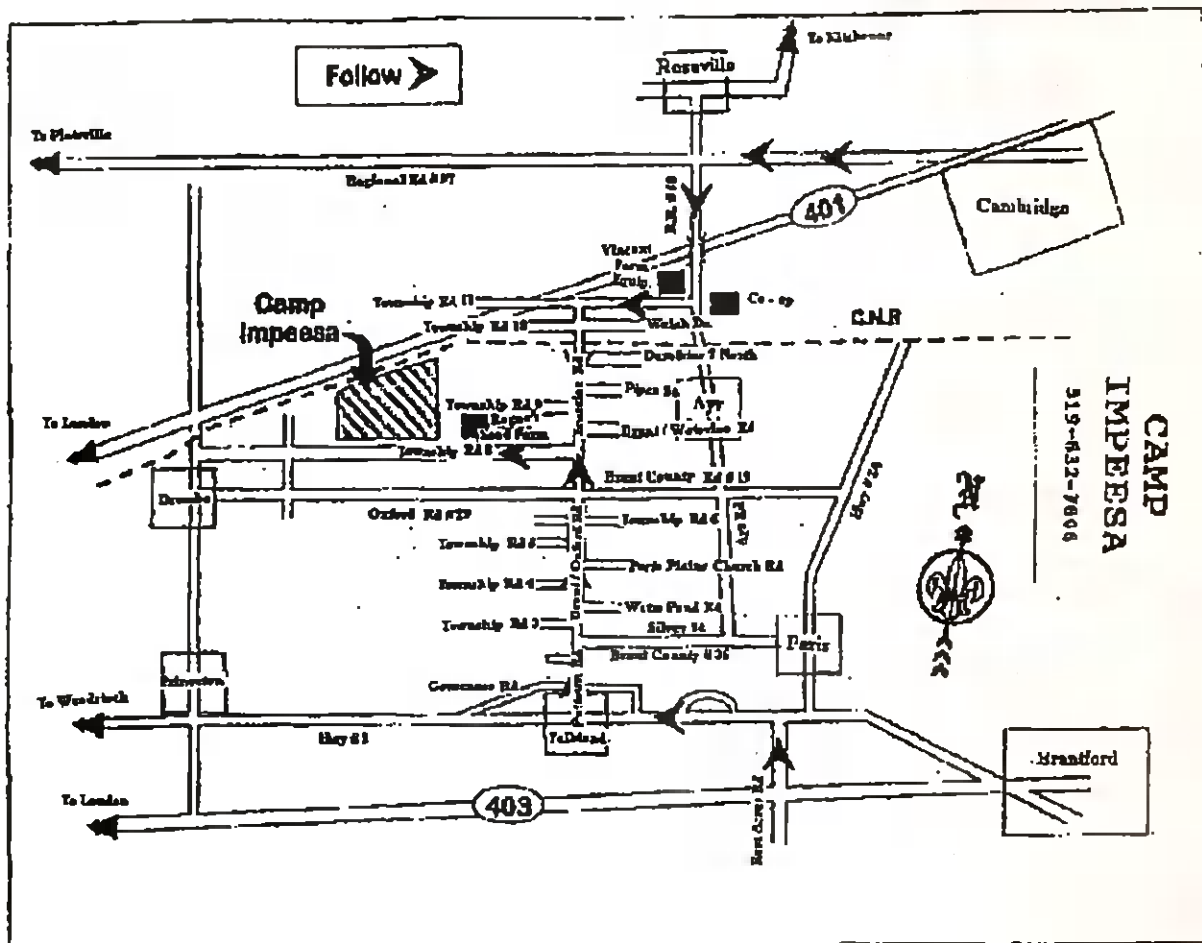
**Trailers are welcome but there will be no hook-ups.**

**Bring your old photos and let us all have a laugh.**

**Program will be set for Friday to Sunday,  
But everyone is welcome to stay until Monday.**

**Prices: Before July 15 - \$8.00 (per person)  
After July 15 - \$12.00 (per person)  
Families - \$20.00**

**More Info: [www.geocities.com/roverval/ancientmoot.html](http://www.geocities.com/roverval/ancientmoot.html)  
or phone (519) 245-4932**



To Register, please check out our website and fill out the form provided and then either e-mail it back to us or send it snail mail to:

1<sup>st</sup> Strathroy Rovers  
340 Burns St.  
Strathroy, ON.  
N7G 1G4

Please make cheques payable to: 1<sup>st</sup> Strathroy Rovers

Pass the word on to any former Rovers/Rangers that you may know.  
We want as many "Ancient" people as possible

Once a Rover, Always a Rover



# How I Spent My Summer Vacation or A Visit to the Wright-Patterson Air Force Base and Air Force Museum



Our Rover Crew, the 1st Poplar Hill, had a great trip last year, in concert with our Scout Group. If your Rover Crew or Venturer Company is located in Southern Ontario, a trip to this American Air Base and Museum is within easy reach and will be very rewarding.

Three Rovers and two Advisors from our Crew, together with ten Scouts and two leaders from the Troop took a four-day trip the last weekend in August, 2002. Planning and organization was done by Scouter Dale Hoose of our Crew. We left Poplar Hill at 9:00 a.m., reached the border at 9:45 a.m., and traveled south in a 3-vehicle convoy bound together by two-way radios. Everyone took a packed lunch. We had a lunch stop, a stop for souvenir-hunting at a BSA Scout Shop just east off I-75 at Findlay, Ohio, and a couple of rest stops on the way, arriving at the base, just outside of Dayton, Ohio, at 4:30 p.m.

Our authorization letter instructed us to report to Gate 12b, the main gate. (I'll tell you later about the paper work you'll need to take this trip.) All gates, including the main gate were surrounded by sandbags covered with camouflage. The Air Force guards wore camouflage and carried rifles. After clearance through the gate, you have to drive to the far end of the base, about twenty minutes driving time. This base is so large, it includes its own 18-hole golf course. On the way, you will parallel the runways where there are fighter and cargo planes parked. When we arrived, there was an AWACS and a couple of jet fighters practicing "touch and go" on the runway.

There is a Scout camping area at the end of the runway in a wooded area. The site has water service, and some "Jerries on the Job". Don't bother to bring cooking gear, or food. It is cheaper and you will have more activity time if you obtain authorization to use the base cafeteria, as long as you are prepared to eat during the specified limited times you can use it. On the weekend, that is 8 to 8:30 a.m. for breakfast, 10:30 a.m. to 1:00 p.m. for lunch, and 4:30 to 7:00 p.m. for dinner. On Monday, breakfast time changes to between 7 and 8 a.m. We found that it cost us about \$2.50 U.S. per person for lunch and dinner, and a little more than \$2 U.S. for breakfast. You have to exit the base, turn left, and drive for five minutes to enter Gate 9a on the other side of the highway which bisects the base, to get to the base cafeteria.

Interested in some inexpensive activities on Friday or Saturday night? The same gate where you enter to visit the cafeteria, provides access (left turn inside gate) to the base bowling alley, and the base theatre, which has first run movies on Friday and Saturday nights only.



Wright Brothers 1901  
wind tunnel on display  
at the USAF Museum

So what else is there to do? We recommend you travel down on a Friday. Weather permitting, on Saturday or Sunday, follow the 12-mile hiking trail around the outside perimeter of the fenced-in runways. About half of this is through wooded areas, the remainder through the base. A local Scout Group provides a badge for those who complete the hike. Next to the Officer's Club, there's an outdoor pool (open 10:00 a.m. to 6:00 p.m.) It's \$3 U.S. per person, and on a hot day, well worth it. They will let you return for a later swim. Our group did half the hike, paused for lunch, went for a swim to cool off, did the rest of the hike, and finished with another swim. One hint... change into your swimming wear at your camp site before you drive to the pool, there is limited change area at the pool.

Use the other day that you are there to visit the Air Force Museum. There is a link at the Wright-Patterson Internet site for the



museum. There are two museum locations, near each other, farther down the highway in the opposite direction from the cafeteria. On hot, humid days, visit the annex first in the morning – it's not air conditioned. It has two hangars which include all of the former Air Force 1's, plus a number of other planes used by the U. S. Air Force, their allies, and their enemies. These are real planes, not models or mock-ups. One constraint, you cannot touch the aircraft – the moisture and oil on your hands will create problems over the long run.

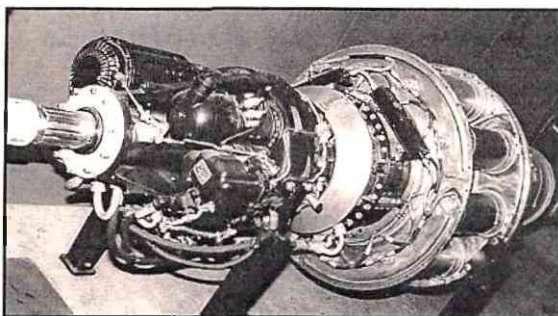
The planes are parked in the two hangars, with some others suspended from the ceiling. You walk around the planes, ducking under the wings, and around the tails. There are detailed information posters with each plane. The first Air Force 1, used by Roosevelt and Truman, and the one that Kennedy used are fitted out so that you could walk through them. We visited the annex in the morning, went for lunch, and then drove to the museum, which is air conditioned, and is four aircraft hangars in size. It includes an Imax theatre. Do a little negotiating at the theatre, based on your Scout membership, and you should be able to see a film for quite a bit less than the posted price. In the museum itself, besides a large gift shop, there are a number of displays from a re-creation of the original airplane created by the Wright Brothers to over 75 other planes, missiles, etc. You will walk around a Stealth Aircraft, or a Spitfire, or stand at the bottom of the ramp of a Cargo Master and see how trucks can drive right into it.

Some groups do both the museums and the hike on one day, to make it a 3-day weekend. It can be done, but you will be exhausted, and you may find you cannot devote as much time to the museum as you would like.

On your way home, stop at the Neil Armstrong Space Museum, just west off I-75 at exit 111 near Wapakoneta <http://www.ohiohistory.org/places/armstron/>

#### Now, what kind of paperwork do you need?

Each adult and youth must have their birth certificate or passport with them when they cross the border. You will need written authorization from your Group Committee, Area or District Commissioner, Regional Scouts Canada office, and Scouts Canada in Ottawa, to travel out of the country on an official basis. You should wear full uniform on the way down and back, and during your visit to the museums. You are required to wear your neckerchief when you are moving around the base.

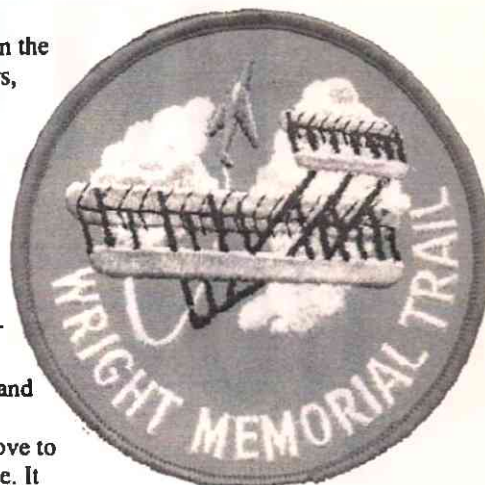


The web site for the base is <http://www.wpafb.af.mil/>. The e-mail address to obtain the necessary authorization forms for Scout camping is [campground@wpafb.af.mil](mailto:campground@wpafb.af.mil). The telephone number for Base Public Affairs is (937)255-3334. You must obtain authorization from the base commanding officer to (a) visit, (b) use the cafeteria, (c) use the pool, (d) have access to the Air Force Museum and its annex. Request the C.O. to provide authorization for you to use Gates 12a, 9a, and the hospital entrance gate. The latter because it can reduce the distance within the base that you must drive to get to your camp site. Your application must include the full names of every person who will be in your group. If someone isn't sure, put their name in. You cannot add persons to your authorization when you arrive at the gate. Get the telephone number for the person who handles your paperwork at the base. A couple of hours before arrive at the base, use a cell phone to telephone them and confirm that they have checked with the main gate and the main gate has received your paperwork. Snafus do happen from time to time, and you don't want to be held up at the main gate when you arrive.

You can obtain the form to apply for the hiking badges from the Wright Memorial Trail; P.O. Box 905; Fairborne, Ohio; 45324. They cost \$3.00 U.S. each.

One final word: there are a number of specific prohibitions on the base. Take them seriously. This base is in a high alert, and they do not have a sense of humour if someone in your group doesn't follow the rules.

*Bob LeClerc  
Assistant Advisor  
1st Poplar Hill Rover Crew*



# HILLBILLY HOE-DOWN



*Games, Dance, Car Tour, Beef Roast, Fun, Friends  
and Adventure!*

June 20<sup>th</sup>-22<sup>nd</sup>

Held at Otter Lake Scouting Camp: Sydenham, Ontario

All Rovers and Ventures welcome!

Ventures must be accompanied by a Rover Crew or Advisor  
The June VRRRT meeting will be held on Sunday before closing.

Cost \$15.00 pre-registration (by May 31<sup>st</sup>) or \$20.00 at the Gate

To register or for more information contact:

Crew Website: <http://kotlt.vrrrt.org>

or

Chris at (613) 542-1109 e-mail [chris@siliconweb.org](mailto:chris@siliconweb.org)



# First Aid Course, Of Course!



Hello everyone!

A few weeks ago I went to a First Aid Training course in Smiths Falls, ON, hosted by the Voyager Region Rover Round Table and organized by the 6th Rideau Lakes Rover Crew. We had a blast! I really never knew that first aid could be so much fun!

We arrived very early Saturday morning, some of us leaving our homes at 6 am in the morning! Ouch! Anyway we all met at Tim Horton's to have a morning coffee before starting. We must have our coffee! We got started right away and learned a lot! I now think that I could save (or at least try to save) someone in an emergency! Our delicious lunch was served by Colleen and Neil Looby, Mrs. Bradley and 'Juniper' Bill Bradley.



What a fabulous lunch! After lunch and a bit of a rest we got back to work. After learning CPR and what to do if someone was choking we had a wonderful dinner of ham and all the fixings! We really were spoiled! And some of us (Chris) just didn't stop eating!

After dinner came free time/swim time! Some of our advisors decided to play a bit of pool at a local pool hall, but the rest of us ran off to the swimming pool! It was a wonderful evening of lounging in the hot tub and sauna, doing a few laps and maybe a bit of splashing.....hehehe....



After the pool we of course needed to recuperate all the lost energy, so we took a trip to Dairy Queen. Mmmmm ice cream, a well deserved treat! After we were done we retreated back to the church where everyone slept soundly and woke up the next morning, bright eyed and bushy tailed! Ya right, we are Rovers!



A cup of coffee was defiantly needed in the morning to get us moving! We finished off the training in the recreation center across the street from where we were staying. It was quite neat, because it was a community hall, fire station and police station all in one! The buildings are all attached. Anyway we learned a lot about burns and bandaging that day including what it would feel like if you had lost your eye! Colleen and her mom Mrs. Bradley brought us a scrumptious basket lunch which we of course devoured! At around 4 pm we had finished our course and we were all packing up to head home.

It was a great weekend! We were able to get together, learn and have a lot of fun at the same time!

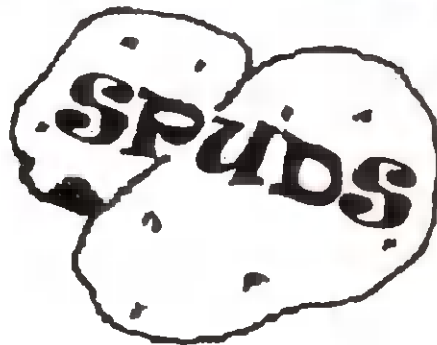
Thank you to the 6th Rideau Lakes Rover Crew for hosting it and feeding us so well! And a big thank you to Mr. Crozier for coming out and teaching us how to save each other when we go on all of our wild adventures!

Yours in Scouting,  
Sophia Doole





# **~Big Creek~ Invitational Camp**



***June 13th to 15th, 2003***

***Pt. Burwell Provincial Park***

***Camp Registration - \$15.00 per person  
Register BEFORE May 1, 2003***

***for the  
EARLY "SPUD" SPECIAL***

***of \$12.00 per person  
Day Campers - \$6.00***

***Registrar - Sue Sitts  
lsitts@sympatico.ca***

# TOOL TIME



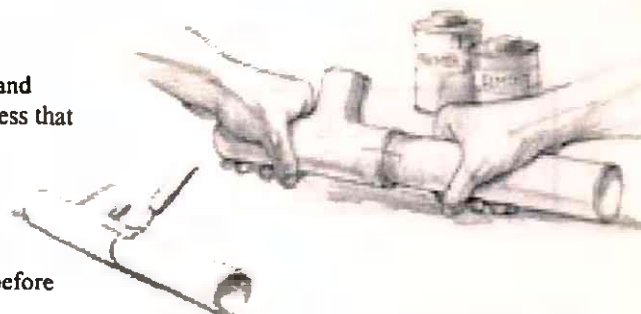
All Rovers, male and female, young or old, get called upon at one time or another to do fix-it jobs. Sometimes as a Crew project, sometimes as a home repair project, and sometimes to help a friend. In this column, we're going to try to bring you tips to make some of these jobs easier.

## PERFECT PIPE JOINTS

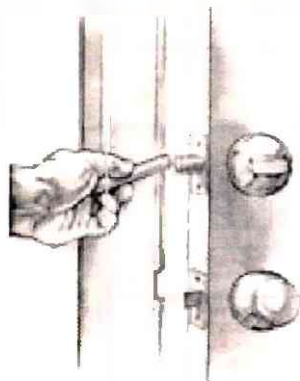
PVC pipe and fittings are lightweight, inexpensive and easy to cut and assemble. The parts are "welded" together with a simple two-step process that includes a primer and a solvent cement.

There are no special skills or tools required for working with PVC pipe, but alignment of the parts, as with any plumbing material, is critical. Solvent cement sets up almost instantly, and once it does, the joint is permanent. That's why it's important to dry-fit all connections before welding them together.

First, slide the fitting onto the pipe end, twist it to the correct position, then draw a line straight across the joint with a permanent marker (above left). Pull off the fitting and spread a coat of primer onto the pipe end and around the inside of the fitting. Follow up with a coat of solvent cement. Immediately push the fitting back onto the pipe and twist it a quarter turn until the two lines match up.



"simple solutions" *'Today's Homeowner' magazine - May 1999*



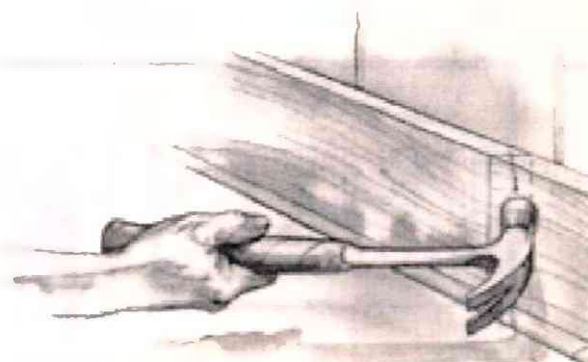
## NEW LIFE FOR A DEADBOLT

Wood-frame houses settle and shift over time, which can knock door frames out of square. As a result, it can require a lot of effort to lock dead bolts on these doors because they no longer line up with the strike plates. If you don't fix the problem, the misalignment will worsen.

First, make sure all the hinges are tight. A loose screw or two can cause a door to sag and the dead bolt to miss its mark. If that doesn't solve the problem, try this:

Open the door and turn the dead bolt latch. Wipe a little chalk onto the bolt end (above left). Turn the latch to draw in the bolt, close the door and turn the latch again so the bolt hits the strike plate. Open the door and look for a chalk mark on the strike plate.

Unscrew the strike plate from the doorjamb, clamp it in a vise and file it down to the chalk mark (above right). Reinstall the plate and test the dead bolt. If it's still not locking, file away a little more of the strike plate until the bolt locks properly.



## SPLICING MOLDING

When installing molding – particularly baseboard, shoe, crown and chair rail types – it's always better to use a single length to span the side of a room. Unfortunately, that's not always possible or practical.

When you do have to splice together molding pieces, use scarf joints, not butt joints. Scarf joints are much less conspicuous and, if the molding should shrink – and it almost always does – a gap won't appear, as it would with a butt joint.

To make a scarf joint, bevel-cut the molding ends to 45 degrees, smear them with a little carpenter's glue, then secure the joint with 1½-in. (4d) finishing nails.



"simple solutions" *'Today's Homeowner' magazine - December 98/January 99*

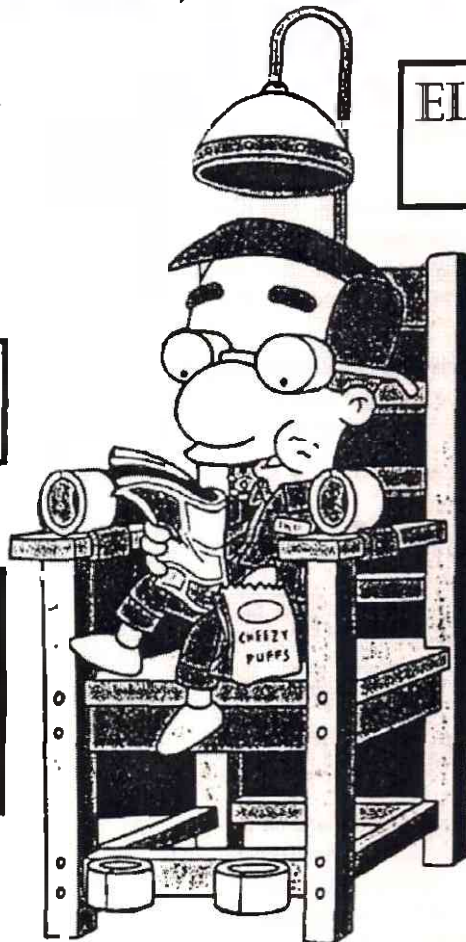


JAILBREAK MOOT 2003  
THE MOST ELECTRIFYING MOOT  
OF THE YEAR  
OCT. 24-26, 2003  
ARPAD PARK, NIAGARA FALLS

DANCE  
UNTIL 2 AM

WORLD CLASS  
CAR TOUR

EVEN MORE  
PRIZES  
THAN BEFORE



ELECTRIFYING  
CAMPFIRE

TUCK SHOP

AMAZING  
NEW EVENTS

CASINO WITH  
BLIND  
AUCTION

THE FAMOUS SATURDAY NIGHT SPECIAL  
CAMP COOK OFF

SUNDAY MORNING BREAKFAST

LEARN MORE AT  
[WWW.JAILBREAKMOOT.COM](http://WWW.JAILBREAKMOOT.COM)  
E-MAIL: [WARDEN@JAILBREAKMOOT.COM](mailto:WARDEN@JAILBREAKMOOT.COM)



## The questions of the century

Who was the first person to look at a cow and say, "I think I'll squeeze these dangly things here, and drink whatever comes out"?

If you had x-ray vision, but closed your eyes, could you still see?

How do you throw away a garbage can?

How come you can kill a deer and put it on your wall but its illegal to keep them as a pet?

Why do we say "bye bye" but not "hi hi"?

Why is it called a TV set when there's only one?

If Dracula has no reflection, how come he always had such a straight part in his hair?

If croutons are stale bread, why do they come in airtight packages?

What ever happened to an E grade? We have A,B,C,D,F but no E.

If Jimmy cracks corn and no one cares, why is there a song about him?

Since we see little birdies when we get knocked out, what do little birdies see when they get knocked out??

Why is an alarm clock going "off" when it actually turns on?

If an ambulance is on its way to save someone, and it runs someone over, does it stop to help them?

Why do drugstores make the sick walk all the way to the back of the store to get their prescriptions while healthy people can buy cigarettes at the front?

Why do toasters always have a setting that burns the toast to a horrible crisp which no decent human being would eat?

If Milli Vanilli fell in the woods, would someone else make a sound?

Can you sentence a homeless man to house arrest?

Why is it that lemon dish soap is made with real lemons, but lemon juice is artificial flavoring?

Do vampires get AIDS?

What do people in China call their good plates?

If you stole a pen from a bank, would it still be considered a bank robbery?

If the professor on Gilligan's Island can make a radio out of coconut, why can't he fix a hole in a boat?



The  
Funny  
Bone

# The Funny Bone

*These could lighten up your day!*  
*Answers to questions you probably never asked...*

HOW DO YOU GET HOLY WATER?

You boil the hell out of it.

WHAT DO FISH SAY WHEN THEY HIT A CONCRETE WALL?

Dam.

WHAT DO ESKIMOS GET FROM SITTING ON THE ICE?

Polaroids

WHAT DO YOU CALL CHEESE THAT ISN'T YOURS?

Nacho cheese



WHAT DO YOU CALL SANTA'S HELPERS?

Subordinate Clauses.

WHAT DO YOU CALL 4 BULLFIGHTERS IN QUICKSAND?

Quatro sinko.

WHAT DO YOU GET FROM A PAMPERED COW?

Spoiled milk

WHAT DO YOU GET WHEN YOU CROSS A SNOWMAN  
WITH A VAMPIRE?

Frostbite.

WHAT KIND OF COFFEE WAS SERVED ON THE TITANIC?

Sanka.

WHY DO PILGRIMS' PANTS ALWAYS FALL DOWN?

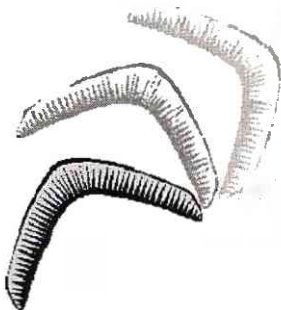
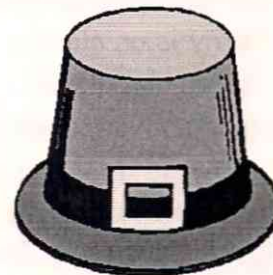
Because they wear their belt buckles on their hat.

HOW DO YOU CATCH A UNIQUE RABBIT?

Unique up on it.

HOW DO YOU CATCH A TAME RABBIT

Tame way, unique up on it.



WHAT'S THE DIFFERENCE BETWEEN ROAST BEEF AND  
PEA SOUP?

Anyone can roast beef.

WHERE DO YOU FIND A DOG WITH NO LEGS?

Right where you left him.

WHAT DO YOU CALL A BOOMERANG THAT DOESN'T  
WORK?

A stick

WHAT'S THE DIFFERENCE BETWEEN A BAD GOLFER AND A BAD SKYDIVER?

A bad golfer goes whack, damn. A bad sky diver goes damn, whack.

WHAT GOES CLOP, CLOP CLOP, BANG, BANG, CLOP, CLOP, CLOP?

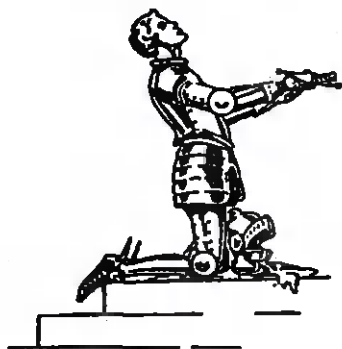
An Amish drive-by-shooting.

WHAT LIES AT THE BOTTOM OF THE OCEAN AND TWITCHES?

A nervous wreck

# 2002 AWARD WINNERS

## R.S.Dell Award



The winner of the award for 2002 is

**Stan Kowalski Jr.**

Queen City Rover Crew

3<sup>rd</sup> Newtonbrook Rover Crew

the Canadian Rover, EH! magazine

### Previous R.S.Dell Award Winners

1982	37 <sup>th</sup> Hamilton Rover Crew	1988	Donald Sittler 9 <sup>th</sup> Kitchener Rover Crew	1993	Heather Archer 1 <sup>st</sup> Wilmot Rover Crew
1983	Ben Warren 1 <sup>st</sup> Niagara Rover Crew	1989	John "Skip" Reynolds Kincardine	1994	1 <sup>st</sup> Burford Rover Crew
1984	Susan Emond 1 <sup>st</sup> Dixie Rover Crew	1990	Bob & Jane Graham 75 <sup>th</sup> Windsor Rover Crew	1995	Alan Major
1985	Tim Halford 75 <sup>th</sup> Windsor Rover Crew	1991	Verna Dell 37 <sup>th</sup> Hamilton Rover Crew	1996	9 <sup>th</sup> Kitchener Rover Crew
1986	Jim Simmons B-P Rover Crew	1992	Stuart Murchie 1 <sup>st</sup> Burford Rover Crew	1997	Russ Kelk
1987	Bohdan Mylodyn Hamilton			1998	Ian Reilly
				1999	81 <sup>st</sup> Hamilton "Thunderbird" Rover Crew
				2000	John Parks
				2001	Albert Fuchgami

## Roger Awards 2002

### Dedication to Rovers:

Douglas Weaver

22<sup>nd</sup> Niagara Rovers

### Dedication to Venturers:

Tim Hilborn

22<sup>nd</sup> Niagara Venturers

### Dedication to Rangers:

Lynda Settle

1<sup>st</sup> LaSalle Rangers

Brenda Wilson

50<sup>th</sup> Hamilton Rangers

### Best Moot:

Snow Moot

### Best Continuing Article:

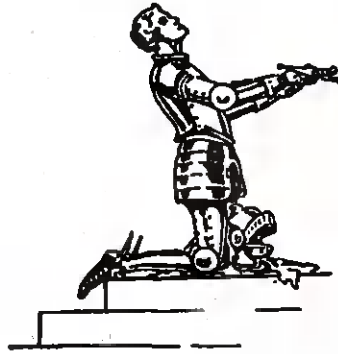
Katherine Nielsen — Rover Reflections

### Best Feature Articles:

Terry Konyi — Jailbreak Moot Report







# R.S.Dell Award

## A Brief History

Roland S. "Roly" Dell was a long-time Scouter with the 1<sup>st</sup> Niagara Scout Group, usually remembered as the Advisor or "Skipper" of their Rover Crew. He was also the man others turned to for advice, for his was a voice of reason.

Back in 1977, Ed Boulay, a Rover Advisor from St. Catharines, and Dave Lee, an area Rover, proposed running a World Rover Moot at one of the local camps. Roly's first response was, "you're crazy". Fortunately, he was a man who looked for solutions, and he let himself be persuaded that it could be done.

Once he got behind the project, the trio promoted the idea and got support all the way up to the National level. Unfortunately, the World Scout Association disagreed and wouldn't give their sanction (at this point there hadn't been a World Moot in 20 years).

Alternate Plan "B" turned into the 9<sup>th</sup> Canadian National/World Invitational Rover Moot at Camp Wetaskiwin, St. Catharines, Ontario, in 1982. The Moot was a huge success, but Roly never saw this dream become a reality. He passed away suddenly in the fall of 1981.

The Dell family wanted to preserve his memory by honoring Rovers, and presented an idea to the committee of this National Moot to create an award in his name, going to a Rover or Rover Crew displaying the characteristics that Roly used to guide his life – devotion to duty, family, community, Scouting, and Rovering.

The idea was accepted, and the award, presented after the Moot, went to the 37<sup>th</sup> Hamilton Sea Rovers, for their long history of active involvement – topped off by their outstanding work with the Moot itself, in planning and carrying out most of the camp-wide activities.

Although this award was originally planned as a one time event, Roly's family consented to allow the Rovering community to continue the award indefinitely. Since then, the award has been presented annually to individuals and groups who have striven to provide such a level of service that, even within a community of service-committed people, their peers cannot help but be inspired. The fact that the award has continued is surely a tribute to Roly and a celebration of the continuation of his legacy.

"Roly Dell, of 1st Niagara, devoted himself to Scouting, Rovering, and his community for over thirty years. Roly's sense of commitment, honor, dignity and service has been regarded as a model for innumerable men and women".

For the past few years, the award's three most recent recipients have comprised the selection committee, but beginning with last year, it was decided that the spirit of the award might better be served if every recipient were allowed to contribute a vote every year.

## **The following is the nomination for this year's winner**

### **– Stan Kowalski Jr. –**

I first met Stan over 20 years ago at my crew's annual moot, Olympics, held in the Greenwood conservation area. I've been involved in Rovering for over 25 years and Stan has always been both in the background and foreground challenging individuals and groups to get the most out of the organization as each individual could during that time.

#### **Scouting Achievements:**

- Stan is currently the editor of Canada's Rovering magazine, the Canadian Rover Eh! He has been instrumental in keeping the magazine alive and growing over the past five years.
- As a member of the staff of the Canadian Rover Eh!, Stan was awarded two Roger Awards for his writing by the magazine's readership.
- Stan received the William H. Spurgeon III Award for Outstanding Service to Explorer Scouts in the United States in 1977.
- Stan received his 50-year service award from Boy Scouts of America in April of 2000, and remains affiliated with Crew (Explorer Post) 95 in Buffalo, New York where he began his connection with Scouting as a Scout. Along the way he has held every leadership position in the Troop including as an Assistant Scoutmaster and Scoutmaster.
- After starting the Explorer Post (which became the Queen City Rover Crew), he was an Assistant Explorer Advisor and Committee Member. He then branched out to having a role with his local district as District Training Staff member, member of the Council Explorer Committee as the Program Chairman, and later as the Council Explorer Program Committee Chairman.
- Institutional Representative for Cub Pack, Troop and Explorer Post 95
- During his tenure as a leader he has been awarded the Scouter's Award, the Scoutmaster's Key and the District Award of Merit.
- 10 year Service Pin (Scouts Canada) for his role as Assistant Rover Advisor for 3<sup>rd</sup> Newtonbrook Rovers.
- Completed his Rover Gilwell in 1979 with Greater Toronto Region (presently active with the East Willowdale Gilwell group)
- He and his crew successfully hosted several weekends. A warm weather event, The Frontier Days Moot was in Akron, New York. The winter event, Mini Moot, ran for five years in Camp Scouthaven near Freedom, New York.
- The Crew's bi-annual trips to the Wee Moot in Kentucky were organized by Stan.
- Stan was a member of the 9<sup>th</sup> Canadian World Invitation Moot staff in St. Catharines, Ontario in 1982.
- Stan was also on the newspaper staff of the 10<sup>th</sup> Canadian Moot at MacClean Park in Langley, British Columbia in 1986
- He has also been a regular staff member of the Attawanderonk Moot held by the Elmira Rovers

#### **Community Achievements:**

##### **Church**

- Received Eagle of the Cross Award while active with the Catholic Youth Council
- Was chairman or co-chairman of many events as a member of the Holy Name Society
- Received the St. George's Award from the Catholic Scout Committee
- Has held the position of Eucharistic Minister for the past 26 years and is still active

##### **Neighborhood**

- Founding member of the Broadway-Filmore Action Committee – a neighborhood activist organization
- Member of Block Parent Organization
- Volunteer for Meals on Wheels program as a driver

#### **Personal Achievements:**

- Retired in the spring of 2002 from General Motors after 40+ years of service
- In November 2002, celebrated his 40<sup>th</sup> Wedding Anniversary with his wife Pat and their sons Michael (Sue) and David (Janet)
- Proud grandfather of Tyler, Kristen, Mitchell, Adam, Matthew and great-grandfather of Jessica (daughter of step-granddaughter Jennifer)

J. Kirby McCuaig, BA, BAS, PS, CMA  
Rover Advisor  
3<sup>rd</sup> Newtonbrook Rovers  
Treasurer and Promotions Manager



# The ORC Last Annual General Meeting May 2003

Well I've returned from another fun filled, jam packed ORC event! Although it was the last official meeting for the ORC, and we were sad to see it go, we didn't let that knowledge stop us from having a great time! Crews arrived periodically throughout the night, and all assembled at a local establishment to get re-acquainted. After a bit of Karaoke and laughter on Friday night, we returned to the church. At least some of us started to, but got a little side tracked when we went for a stroll looking for a Subway station that was only supposed to be a few blocks away. Eighteen blocks later we found other transportation! When we returned to the church some time later, for some reason everyone was standing out front. Oops, we had the keys! Sorry everyone!

Saturday morning we woke bright and early thanks to the cheerfulness of a few Rovers, some felt that sleeping in would have been a bit more appropriate, but I say that I gave them until 8:15 am. Quite frankly they were lucky! After breakfast the adventures began, some went off to explore Toronto, others were on a mission to find MEC. This mission was very complicated as MEC was attempting to allude us. However with the crafty spy skills of Neil and the wondrous help of Mister Huggs (our resident mascot) we found our goal. After a morning spent exploring the wonderful camping stores in downtown Toronto, we were off again to none other the Dairy Queen! You can't have a weekend without ice cream!

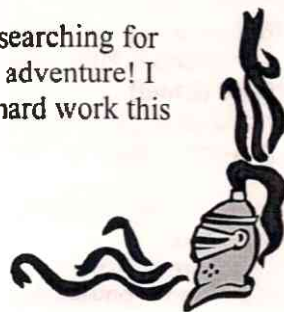
After our adventures we returned to the hall where we conducted our meeting. Although it was our last official meeting, we know that the spirit of the ORC and its dedication will not fade away. It exists in every Rover in Ontario, past, present and future.

In the evening we were treated to a fantastic meal and dance with music provided to us by Kevin Dunn! Thank you so much you did a great job! Immediately after the dinner we had the Awards ceremony where people who had contributed to the ORC were acknowledge and thanked for their efforts over the past year. Stan presented the Roger Awards from the magazine — congratulation to all of the winners! And last, but certainly not least, Mr. Stanley Kowalski Jr. was presented with a great honour He is the recipient of the 2002 RS Dell Award. Great job Stan! You are a continuing inspiration to us all with your enthusiasm and dedication!

Later in the evening people even brought out the cards, I learnt how to play euchre for the first time and might I say mopped the floor with what the others stated was just beginning luck! (perhaps they were just going easy on me!)

Anyway we woke up at a decent hour on Sunday morning a little groggy and searching for coffee, but happy in the knowledge that Rovering as a whole was entering a new adventure! I think the weekend was a smashing success. Thank you to everyone for all your hard work this year! See you in July at the Dude Ranch Holiday!

Yours in Scouting,  
*Sophia Doole*  
*1<sup>st</sup> Bayridge Avalonians*





# The ORC

## May 2003 Picture Album —Final— Annual General Meeting & Banquet

*photos by Neil Looby, Ryan "Jynx" Jenkins,  
Pat Cheatley and Ye Olde Editor*



**The pre-meeting meeting**



**The Executive presiding at the final  
ORC Annual General Meeting**



**Nicky ALWAYS makes herself at home**



**The meeting After the meeting....discussing the upcoming  
Central Division Rover Round Table**



**Ready or not, here comes the food**



**Going through the food line**



**Anticipating the Awards presentations**



**Jeremy Shoup, ORC Chair,  
presenting the 2002 R.S.Dell Award  
to Stan Kowalski Jr.**



**Award Winners and other guests at the  
ORC's 2003 and final banquet**



**No, it's not Superman  
.....It's SUPER NEIL LOOBY**



**Kevin Dunn explaining the dance  
steps he just invented**



# The End of an Era – Comments from the ORC Advisor and Chair

## Excerpts from the Advisor's Final Report:

It has been a very trying year for the executive, trying to lead toward a new future, a challenging concept and – to face the demise of the ORC as we have known it. However, after much discussion and many e-mails, we all agreed that the future was to look at a new direction for Rovering

It is now up to the Rovers of the new Division to come forward and grasp the reigns and help get the Central Division Rover Round Table up and running. It is my hope that all Rovers will accept this quest and help to make Rovers a recognizable group within the Division. We can be heard and will have a voice.

If we step forward and work as a united group within the Division Youth Forum, I feel that we can make Rovers heard all over this part of Canada. You can make it happen.

Goodbye ORC. You'll not be forgotten.

Hello C.D.R.R. May you flourish and grow beyond our expectations.

YIR  
Carl

## A Fond Farewell from the ORC Chair:

Rovers and Friends,

To say that the past year has been interesting is an understatement. Two years ago when I accepted this position I never would have guessed that I would be the last Chair of the ORC. Although I am saddened by the ending of the Ontario Rover Community, it is a great day for Rovers. For those who are not aware, Scouts Canada is merging Ontario and Quebec into the new Central Division. As a part of this merging, Rovers are being given a special place within the Scouting hierarchy. In addition to the Youth Forum that serves all of the youth sections, a Central Division Rover Round Table (CDRRT) is being formed to provide Rovers with their own forum.

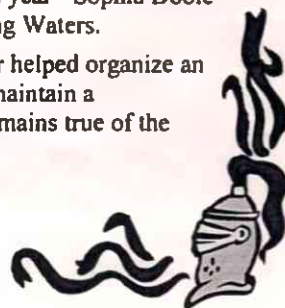
It is our intent that the new Round Table will carry on the awards and some of the other things that Rovers in Ontario have started over the years and are being handled by the ORC. All Rovers are encouraged to take active roles in the new Central Division Rover Round Table. I know that the Scouters at Central Division have big plans for the Rovers in the Division, including key roles in several large-scale events. They realize the potential of Rovers, the energy and enthusiasm of young adults. I urge you not to let them down, as you may also disappoint yourselves.

As I have done in the past, I would like to take a moment to thank all of those people who have helped make this year a success. Starting with my executive - Mike Dodge, Neil Looby, Derek Bradley, and our Advisor Carl Pitman. You guys have done a great job this year. I would also like to thank Ryan Jenkins who has not fully left the position of Vice-Chair Program vacant and Mike Pembleton who has been an incredible resource for myself and the rest of the executive. There were many people that helped out at events this year. With the Moot - Jeff Currey, Kevin Dunn, and Shawn Penson. The Conference organizers - Nicky Patterson and Jen Cowey. Thanks to Moot Moot for allowing us to hold a forum at their event. The Voyageur Regional Rover Round Table did an excellent job in January, as did Erin Slingerland running the March weekend. For the Annual Meeting weekend hats off to Kevin Dunn for putting everything together. I also want to thank those Rovers who have represented their Regions this year - Sophia Doole from Voyageur, Curtis Hayes and Sue Walton from White Pine and Carrie Clifton from Shining Waters.

Finally I would like to thank every single Rover who has attended, participated at, promoted or helped organize an event for the ORC. Ontario is one of the few, if not the only, province in Canada to have and maintain a community of Rovers - organized by Rovers for Rovers. I sincerely hope that this statement remains true of the Central Division Rover Round Table. Life is what you make of it... so is Rovering!

Yours in Rovering,

Jeremy Shoup  
Chair - Ontario Rover Community





# **WE WANT YOU!**



**Are you a Rover or Rover Enthusiast?**

**Are you passionate about keeping a  
Rover Network running?**

**HAVE WE GOT A JOB FOR YOU!**

**Central Division is forming a Division-Wide  
Rover Network.**

**The Central Division Rover Round Table.**

**For more information, check out  
[www.rovering.org](http://www.rovering.org)**



**You are invited to  
the first CDRRT Event  
in Kingston, Ontario  
September 19th-21st, 2003**



**Come out and have a blast!  
There will be a Mystery  
Scavenger hunt around the city.  
Games, dinner, a dance and much  
more!**

**15\$ pre-reg by August 31st or 20\$ at the door**

**For information contact  
Sophia Doole: [phia@sympatico.ca](mailto:phia@sympatico.ca)**

# Conference/Training Dates

## ONTARIO

**September 5-7**  
Gilwell Reunion  
Blue Springs Scout Reserve  
Acton, ON

**September 19-21**  
Eastern Ontario Gilwell Reunion  
Camp Opemikon  
Perth, ON  
[melanie.lambert@nrc-cnrc.ca](mailto:melanie.lambert@nrc-cnrc.ca)

**December 6**  
Leader's Social Pot Luck Dinner  
Vickers Heights Community Centre  
Thunder Bay, ON  
[scnow@tbaytel.net](mailto:scnow@tbaytel.net)

### WHITE PINES COUNCIL

PPPPP  
Woodbadge-Advanced Module 1  
Coaching Adult Members  
Camp Samac  
Oshawa, ON  
1-888-815-4772

### VOYAGEUR COUNCIL

**August 23, 2003**  
Boat Rescue Award  
Whispering Pines Camp  
Voyageur Council, Ontario  
[stewross@magma.ca](mailto:stewross@magma.ca)

### GREATER TORONTO REGION

**November 22-23**  
Crew Woodbadge Part I  
Scout House  
Greater Toronto Region  
Contact: GTR Training Department  
(416)490-6364 ext 237

**November 1, 2003**  
14<sup>th</sup> Annual  
Scouts Canada Food Drive  
Ottawa, Ontario



## NEWFOUNDLAND and LABRADOR

**August 15-17, 2003**  
Outdoor Camping Skills Weekend  
Camp Nor'Wes  
Port Blandford, NL  
[lawsond@nf.sympatico.ca](mailto:lawsond@nf.sympatico.ca)

**August 22-24, 2003**  
Gilwell Reunion  
Camp Nor'Wes  
Port Blandford, NL  
[kpaddock@avint.net](mailto:kpaddock@avint.net)



## SASKATCHEWAN

**August 3-10**  
Leadership Skills Camp  
Semi-Wilderness Camp  
Anglin Lake, SK  
[www.servicecorps.cjb.net](http://www.servicecorps.cjb.net)  
Lew Harrison: (306)922-0091

## NOVA SCOTIA

**August 10-15**  
National Training Event  
St. Mary's University  
Halifax, NS  
[james.robertson@ns.sympatico.ca](mailto:james.robertson@ns.sympatico.ca)

## BRITISH COLUMBIA

PPPP  
Focus Training (Youth)  
Camp Byng  
Sunshine Coast, BC  
Jill or Jocelyn at: (604)879-5721

## QUEBEC

**October 3-5**  
Gilwell Reunion  
Camp Tamaracouta  
Mille Isles, QC

## ALBERTA

**June 23, 2003**  
Ernest E. Pool Leadership Breakfast  
Westin Edmonton Hotel  
Edmonton, Alberta  
[info@scoutingnlr.org](mailto:info@scoutingnlr.org)

# International Events

### JULY/AUGUST

26 thru August 2, 2003 Norjam 2003  
Royal Norfolk Showground  
Norwich, Norfolk, UK  
[admin@norjam2003.org.uk](mailto:admin@norjam2003.org.uk)

July 31 thru August 11 Roverway 2003  
Portugal  
[contact@roverway2003.org](mailto:contact@roverway2003.org)  
Explorer Belt - Uganda  
UK contingent contact:  
[nick@ugandanetwork.org.uk](mailto:nick@ugandanetwork.org.uk)

### AUGUST

1-7 2nd Mongolian Rover Moot  
Theme: Rovers Towards  
Global Development  
[scout@mongol.net](mailto:scout@mongol.net)  
2-9 Wings 2003  
(Windsor International Guide  
& Scout Camp)  
Windsor, Berkshire, UK

[info@wings2003.org.uk](mailto:info@wings2003.org.uk)

### SEPTEMBER

12-14 Bush Rally 2003  
Benalla, Victoria, Australia  
[www.manibobar.com](http://www.manibobar.com)

### OCTOBER

25-29 4th General Assembly of  
World Scout Parliamentary  
Union  
Cairo, Egypt

### AUGUST '04

1-11 12<sup>th</sup> World Moot  
Hualien, Taiwan  
[www.scout.org.tw/wm2004](http://www.scout.org.tw/wm2004)

### DECEMBER '04

29 thru January 10, '05  
16th Australian Rover Moot  
Tasmania, Australia  
[www.tassiemoot.com](http://www.tassiemoot.com)



# UPCOMING EVENTS

# UPCOMING EVENTS

## SUMMER of 2003

Impeesa Extreme - Hiking, Caving,  
Rock Climbing, Etc.  
Camp Impeesa  
Leithbridge, AB  
Venturers/Rovers  
[scoutsar@telusplanet.net](mailto:scoutsar@telusplanet.net)



## JUNE

- 6-8 22th Annual "Huck Finn Raft Race"  
Scout/Venturer  
Bobraygeon, ON  
[helenhawk@cocego.ca](mailto:helenhawk@cocego.ca)
- 6-8 5th Coldstream  
(Hawaiian) Venturee  
Venturers, Rovers, 3rd year Scouts  
Pahfinders  
Coldstream Conservation Area  
NW of London, ON  
[lindahoose@attcanada.net](mailto:lindahoose@attcanada.net)
- 13-15 Big Creek Invitational Camp  
Port Burwell Provincial Park  
Port Burwell, ON?  
[lsitts@sympatico.ca](mailto:lsitts@sympatico.ca)
- 13-15 Attawanderonk Moot  
Everton Scout Camp  
Acton, ON  
[elmiragirl69@yahoo.com](mailto:elmiragirl69@yahoo.com)
- 20-22 Hillbilly Hoedown  
Kingston, ON  
**Chris Lloyd: (613)542-1109**  
[cutesytootsiagirl@yahoo.com](mailto:cutesytootsiagirl@yahoo.com)



## JULY

- 5-10 9th Newfoundland and Labrador  
Scout/Venturer Jamboree  
Camp Nor'Wes  
St. John's Newfoundland  
[scoutscanada@nf.sympatico.ca](mailto:scoutscanada@nf.sympatico.ca)
- 11-13 Durdle Ranch Holiday Weekend  
ORC Rovers Only Moot  
Langley Scout Park  
Peterborough, ON  
**Shaun: (613)533-7217**  
[8sap2@qlink.queensu.ca](mailto:8sap2@qlink.queensu.ca)



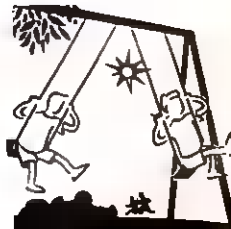
## AUGUST

- 1-4 Ancient Moot  
Camp Impeesa  
Drumbo, ON  
**Valerie: (519)245-4932**  
[powwil@execulink.com](mailto:powwil@execulink.com)  
[tvryder@sympayico.ca](mailto:tvryder@sympayico.ca)
- 16-23 SI S Area Algonquin Canoe Camp  
Scouts and Venturers  
[alan@aslett.ca](mailto:alan@aslett.ca)  
(905)853-5041



## SEPTEMBER

- 5-8 Joint BC/Alberta Moot  
Salmon Arm, BC
- 26-28 MOOT MOOT 2003  
Snake Island  
Toronto, ON  
[www.mootmoot.ca](http://www.mootmoot.ca)



## OCTOBER

- 10-13 Scared More Stupider  
Granny Grunt Rover Crew  
Camp Tamaracouta  
Mille Isles, QC  
[gruntmoot@tcamp.net](mailto:gruntmoot@tcamp.net)
- 17-19 RAVE 2003  
Location TBA  
Halifax, NS  
[kevin.croft@ns.sympatico.ca](mailto:kevin.croft@ns.sympatico.ca)
- 24-26 Jailbreak Moot 2003  
Arpad Park  
Niagara Falls, N.Y.  
[www.jailbreakmoot.com](http://www.jailbreakmoot.com)  
[warden@jailbreakmoot.com](mailto:warden@jailbreakmoot.com)



## NOVEMBER

- 1 Halloween Dance  
Newmarket Scout Hall  
Newmarket, ON  
[crayolacknyworld@hotmail.com](mailto:crayolacknyworld@hotmail.com)
- 7-9 E-Vent 2003  
Camp Kasota AB  
Sylvan Lake, AB

## AUGUST 2004

- 14-21 Saskatchewan Jamboree  
Scout/Venturer  
Echo Valley Provincial Park, SK  
[jmeed@sasktel.net](mailto:jmeed@sasktel.net)

ORC Events		Alberta RRT Events	
July 11-13	Dude Ranch Holiday Rovers Only Moot	Nov 7-9	E-Vent 2003 & Meeting
for details on any of these:		Camp Kasota	
<a href="mailto:orcweb@bigfoot.com">orcweb@bigfoot.com</a>		Sylvan Lake, AB	
web site:		for details on any of these:	
<a href="http://www.orcweb.org">www.orcweb.org</a>		<a href="mailto:tigress@shaw.ca">tigress@shaw.ca</a>	
		web site:	

## MORE INSIDE !!!!!

If you have an event that you would like to see announced on these pages, or know of any events that should be, please email us the details and it will appear in the next issue

.....IT'S FREE